

IOWA CENTRAL BASEBALL CAMP

TRITON PITCHING CAMP

This winter the Iowa Central Baseball coaches and players will open their indoor facility to any baseball player in grades 1-12 that are wanting to improve their skills to get ready for next spring. Campers will be instructed by an Iowa Central coach and players with focus on proper fundamentals.

Pitching Camp - December 4th

- Grades 1-6 1:00-4:00 PM \$40
- Grades 7-12 4:30-7:30 PM \$40

Sign up immediately. Due to the popularity of these camps, late registration may not be accepted. An Iowa Central coach will contact all registrations that are received once the camps have reached the maximum capacity.

If an Iowa Central coach does NOT contact you, assume your registration has been accepted.

In the case of bad weather, please call 515-574-1361. The make-up day for a weather cancellation will be January 14th.

Camps are held in the Career Education Building on our campus (next to the Iowa Central Fitness Center).

Online registration available at
www.IowaCentralBaseballCamps.com

Please check the session you will attend - After paying for the first sibling, any other brothers are half price.

Pitching Camp - \$40

- Grades 1-6 Grades 7-12

Name _____

Address _____ City _____ Zip _____

Phone _____

Grade _____

Release Form

We, intending to be legally bound, hereby for myself, my heirs and administrators waive and release all rights of claims for damages we may have against Iowa Central Community College, its connection with my association with entry in this camp, and which may arise out of my traveling to, participating in, or returning from this camp.

Parent/Guardian Signature _____

Please mail application with proper amount to:

Rick Pederson, Iowa Central Community College, One Triton Circle, Fort Dodge, IA 50501

**"PROUD TO BE
A TRITON"**

Fall 2011

IOWA CENTRAL BASEBALL CAMP

TRITON INFIELD AND CATCHING CAMP

This off-season the Iowa Central Baseball Staff and Players will be hosting a Defensive Baseball Camp. The focus of the instruction will be for proper fundamentals regarding infield play and catching. The camp is open to any individual that is looking to improve their skills and get ready for next season.

Defensive Camp - December 11

Grades 1-12 1:00-4:00 PM \$40

Please be sure to mark if you are an infielder or a catcher on the application form.

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Defensive Camp - \$40

Position played

Grades 1-12

Catcher

Infield

Name _____

Address _____ City _____ Zip _____

Phone _____

Grade _____

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IOWA CENTRAL BASEBALL CAMP

TRITON INSTRUCTIONAL HITTING CAMP

The purpose of this camp is to teach the proper fundamentals of the swing. Campers will be put through instruction and drills by Head Coach Rick Pederson, his staff, and current players. Campers need to wear appropriate workout clothing, bring their own bat, and are encouraged to have batting gloves to avoid blisters.

Instructional Hitting Camp - December 18

- Grades 1-6 1:00-4:00 PM \$40
- Grades 7-12 4:30-7:30 PM \$40

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Please check the session you will attend - After paying for the first sibling, any other brothers are half price.

Instructional Hitting Camp - \$40

- Grades 1-6 Grades 7-12

Name _____

Address _____ City _____ Zip _____

Phone _____

Grade _____

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