

# Finish Drill

## Purpose of Drill:

To teach an awareness of where to take a defender in accordance with a quarterback's drop point.

## Drill:

- Pair up offensive linemen. Align a standup dummy offset from the linemen, 5 yards in the backfield, representing the quarterback's drop.
- The defensive man lines up on the outside shoulder of the offensive man.
- On the coach's command, the blocker sets up, punches, and maintains proper body control against the defender's rush.
- The blocker must be aware of where the dummy (passing point) is in order to finish the block.

## Key Points:

- Make sure the offensive lineman executes proper pass protection techniques.
- The blocker must keep the defender from hitting the dummy until the coach's whistle blows.
- The blocker should slide his feet as quick as possible to maintain body control and position. The more the feet are in contact with the ground, the quicker the blocker can adjust to the defender.
- Play to the whistle.
- Rotate players after every rep.

## Coach

