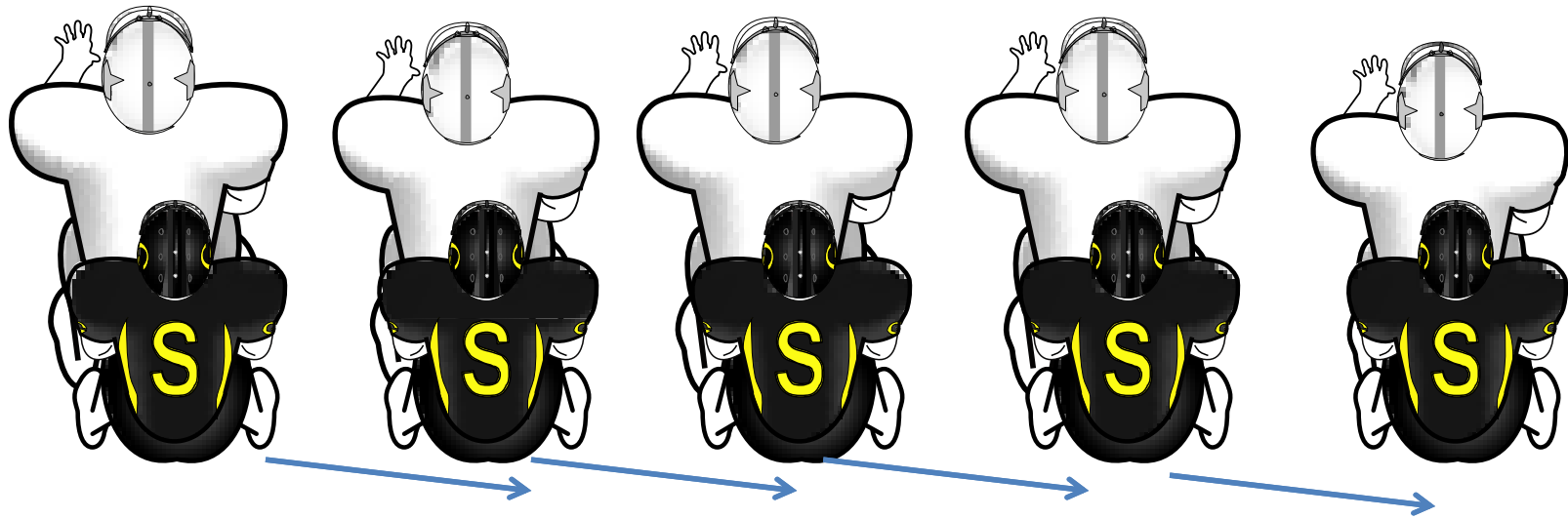


# QB Center Exchange Drill



At end of line, rotates to beginning of group

QB starts and takes 3 snaps per lineman

QB works down the line then QB#2 works down line

QB # 3 jumps in and works down line

Each player is snapping and getting accustomed to different sizes and styles



Youth Football Coaches Association

[www.YFBCA.org](http://www.YFBCA.org)