COUGAR

SPECIAL TEAMS

Kickoff Return

Consistent & Physical
Personnel

Front Line
RT        Right Tackle
RG        Right Guard
C         Center
LG        Left Guard
LT        Left Tackle

Wedge
RE        Right End
LE        Left End
RFB       Right Fullback
LFB       Left Fullback

Returners
RHB       Right Halfback
LHB       Left Halfback
Huddle

5 0

Our Sideline

LT  LG  C  RG  RT
LE  LFB  RFB  RE
LHB  RHB

The Center calls the huddle.

The designated captain will count to assure all 11 players are present. He will then give the type of return.

Be alert to the game scenario. Pay attention to issues like weather, injuries, etc.
## Alignment - 2 deep

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### Legend:

- **RT**: Opponent’s 48 yard line, on top of numbers
- **RG**: Opponent’s 48 yard line, two yards outside the hash
- **C**: Opponent’s 48 yard line, offset from ball
- **LG**: Opponent’s 48 yard line, two yards outside the hash
- **LT**: Opponent’s 48 yard line, on top of numbers
- **RE**: 32 yard line, two yards inside the top of numbers
- **LE**: 32 yard line, two yards inside the top of numbers
- **RFB**: 27 yard line, two yards outside the hash
- **LFB**: 27 yard line, two yards outside the hash
- **RHB**: 7 yard line, two yards outside the hash
- **LHB**: 7 yard line, two yards outside the hash
## Alignment - 3 deep

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**RT**  
Opponent's 48 yard line, on top of numbers

**RG**  
Opponent's 48 yard line, two yards outside the hash

**C**  
Opponent's 48 yard line, offset from ball

**LG**  
Opponent's 48 yard line, two yards outside the hash

**LT**  
Opponent's 48 yard line, on top of numbers

**RE**  
32 yard line, two yards inside the top of numbers

**LE**  
32 yard line, two yards inside the top of numbers

**RFB**  
12 yard line, split difference between hash and numbers

**LFB**  
27 yard line, middle of field

**RHB**  
7 yard line, middle of field

**LHB**  
12 yard line, split difference between hash and numbers
Middle Return - 2 deep

RT: Converge to 30 yard line, middle of field, block #3 to the outside
RG: Converge to 30 yard line, middle of field, block #4 to the outside
C: Converge to 30 yard line, middle of field, block #5 easiest way
LG: Converge to 30 yard line, middle of field, block #5 to the outside
LT: Converge to 30 yard line, middle of field, block #4 to the outside
RE: Converge to wedge call, block first threat to the outside
LE: Converge to wedge call, block first threat to the outside
RFB: Converge to wedge call, block first threat in front of you
LFB: Call the wedge, converge 10 yards in front of receiving carrier, yell “Go” when returner catches the ball, find the hole, block first threat in front of you
RHB: Catch the ball moving forward, find the hole and run. If ball goes away, go to left side and block first threat
LHB: Catch the ball moving forward, find the hole and run. If ball goes away, go to left side and block first threat
Middle Return - 3 deep

RT  Converge to 30 yard line, middle of field, block #3 to the outside
RG  Converge to 30 yard line, middle of field, block #4 to the outside
C   Converge to 30 yard line, middle of field, block #5 easiest way
LG  Converge to 30 yard line, middle of field, block #5 to the outside
LT  Converge to 30 yard line, middle of field, block #4 to the outside
RE  Converge to wedge call, block first threat to the outside
LE  Converge to wedge call, block first threat to the outside
RFB Catch the ball moving forward, find the hole and run. If ball goes away, go to right side and block first threat
LFB Call the wedge, converge 10 yards in front of receiving carrier, yell “Go” when returner catches the ball, find the hole, block first threat in front of you
RHB Catch the ball moving forward, find the hole and run. If ball goes away, go to left side and block first threat
LHB Catch the ball moving forward, find the hole and run. If ball goes away, go to left side and block first threat
Right Return - 2 deep

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RT
Converge to 30 yard line, two yards inside the #’s, block #3 to the inside

RG
Converge to 30 yard line, two yards outside the hash, block #4 to the inside

C
Converge to 30 yard line, two yards inside the hash, block #5 to the inside

LG
Converge to 30 yard line, middle of field, block #5 to the outside

LT
Converge to 30 yard line, two yards inside the hash, block #4 to the outside

RE
Converge to wedge call, block first threat to the outside

LE
Converge to wedge call, block first threat to the inside

RFB
Converge to wedge call, block first threat in front of you

LFB
Call the wedge, converge 10 yards in front of receiving carrier, yell “Go” when returner catches the ball, find the hole, block first threat in front of you

RHB
Catch the ball moving forward, find the hole and run. If ball goes away, go to left side and block first threat

LHB
Catch the ball moving forward, find the hole and run. If ball goes away, go to left side and block first threat
**Left Return - 2 deep**

**Diagram Description:**
- RT: Converge to 30 yard line, two yards outside the hash, block #4 to the outside.
- RG: Converge to 30 yard line, middle of field, block #5 to the outside.
- C: Converge to 30 yard line, two yards inside the hash, block #5 to the inside.
- LG: Converge to 30 yard line, two yards outside the hash, block #4 to the inside.
- LT: Converge to 30 yard line, two yards inside the hash, block #3 to the inside.
- RE: Converge to wedge call, block first threat to the inside.
- LE: Converge to wedge call, block first threat to the outside.
- RFB: Converge to wedge call, block first threat in front of you.
- LFB: Call the wedge, converge 10 yards in front of receiving carrier, yell “Go” when returner catches the ball, find the hole, block first threat in front of you.
- RHB: Catch the ball moving forward, find the hole and run. If ball goes away, go to left side and block first threat.
- LHB: Catch the ball moving forward, find the hole and run. If ball goes away, go to left side and block first threat.
## Hands Team - Alignment

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**RT**  
Opponent's 47 yard line, on top of numbers

**RG**  
Opponent's 47 yard line, two yards outside the hash

**C**  
Opponent's 47 yard line, offset from ball

**LG**  
Opponent's 47 yard line, two yards outside the hash

**LT**  
Opponent's 47 yard line, on top of numbers

**RE**  
47 yard line, split gap between RT & RG

**LE**  
47 yard line, split gap between LT & LG

**RFB**  
47 yard line, split gap between RG & C

**LFB**  
47 yard line, split gap between C & LG

**RHB**  
20 yard line, middle of field

**LHB**  
37 yard line, middle of field
## Hands Team - Assignment

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### Assignment:
- If the ball comes directly toward you, recover it.
- If the ball is kicked deep, block the man in your lane.
- If the ball does not come to you, block someone immediately.
- Do NOT try to run with the ball. Fall down and protect the football.

### Notes and Reminders:
- The ball must travel 10 yards for the kicking team to be able to recover it.
- If you touch the ball, anyone can recover the ball, regardless of where it is at.
- You can fair catch a high kick, so long as it has not touched the ground.
- All kicks which go past 10 yards must be fielded.