

## Program Sponsors



As program sponsors the National Football League and National Guard will be providing programmatic support to the 2011 Salve Regina NFL HSPD Camp.

Program sponsors provide resources for coaches and planners for campers. The National Guard will be providing character development and motivational speakers.

## Salve Regina Campus

Founded by the Sisters of Mercy, Salve Regina University, a private, non-profit institution, opened in 1947. Its 76-acre campus borders the famed Cliff Walk in one of Newport, Rhode Island's historic districts.

Salve Regina University seeks to provide a healthy environment, which cultivates the holistic development of each individual.

The Department of Athletics is committed to providing a broad based, challenging and quality Division III intercollegiate athletics program. We strive for our teams to be competitive in our conference, regionally and nationally. Through this venue we foster the development of life enriching qualities such as a strong work ethic, self-discipline, self-motivation, responsibility, respect, leadership and teamwork.



Salve Regina University  
100 Ochre Point Avenue  
Newport, Rhode Island 02840-4192



## Seahawk NFL HSPD Football Camp



sponsored by  
**NFL HSPD  
& National Guard**



**FREE  
TWO-DAY CAMP FOR  
9TH – 12TH GRADERS**

**July 16 & 17, 2011**

## Camp Goals

The NFL's **High School Player Development** program addresses challenges facing high school football programs across the country, primarily in underserved communities. Salve Regina Football, the National Football League and the National Guard will provide this free resource for both high school players and coaches. The program will emphasize football fundamentals, in addition to character and life skill development.

## Salve Regina Football

**Coach Chesney** is the Head Football Coach and Defensive Coordinator at Salve Regina University. Bob has coached defense and summer camps for the past ten years. In his first season as Head Coach of Salve Regina, he led the Seahawks to their best season in 10 years and an end of the season top 10 New England Ranking. In 2010, Coach Chesney led a defense that ranked first in the NEFC and 4<sup>th</sup> nationally. Prior to his arrival at Salve Regina, Coach Chesney was the Associate Head Coach and Defensive Coordinator at Johns Hopkins University. In 2009 Coach Chesney led a defense that ranked first in the Centennial Conference in most categories and ranked nationally in numerous others. Prior to Johns Hopkins University Coach Chesney coached at Kings College (Wilkes-Barre, Penn.), Delaware Valley College (Doylestown, Penn.) and Norwich University (Northfield, Vt.)



## Camp Staff

The Salve Regina University NFL HSPD camp will be staffed by experienced and prominent coaches from colleges and universities across the northeast.

## Day 1 Itinerary

Registration begins on **Saturday, July 16th at 8:30 a.m.** at Salve Regina University (O'Hare Academic Center.)

- 8:30 a.m. Registration
- 9:00 a.m. Welcome and Camp Overview
- 9:15 a.m. Coach and National Guard Speakers
- 12:00 p.m. Lunch
- 12:30 p.m. Campus Tour
- 1:00 p.m. Travel to Gaudet Field (not provided) (269 Turner Road)
- 1:45 p.m. Form Run and Flexibility
- 2:00 p.m. Offensive and Defensive Drills and Instruction
- 3:00 p.m. Offense and Defense "On Air"
- 3:30 p.m. Offensive and Defensive Drills and Instruction
- 4:30 p.m. Offense and Defense "On Air"
- 5:00 p.m. 7 on 7
- 6:00 p.m. Camp Breaks

## Day 2 Itinerary

- 10:00 a.m. Form Run and Flexibility
- 10:15 a.m. Offensive and Defensive Drills and Instruction
- 11:15 a.m. Offense and Defense "On Air"
- 11:45 a.m. 1 on 1's
- 12:15 p.m. Speaker, Snack
- 1:00 p.m. Offensive and Defensive Drills and Instruction
- 2:00 p.m. Offense and Defense "On Air"
- 2:30 p.m. 1 on 1's
- 3:00 p.m. 7 on 7
- 4:00 p.m. Camp Closing (pick-up at Gaudet)

## Equipment to Bring

Helmet, shoulder pads, football (QB's), cleats and water bottle.

## Registration

The camp is free, reserve your spot today. Register by:

- 1) submitting your contact information for the Salve Regina site at <http://yfbca.org/nflhspdne>.
- 2) complete and submit a HSPD Medical Waiver,
- 3) HSPD Medical Form (Including information about required physical).

## Contact

### Head Coach: Bob Chesney

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