

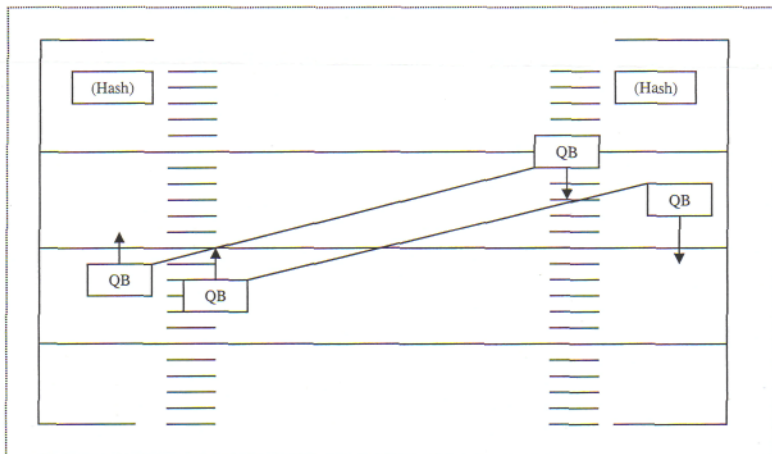
CONNECTICUT DRILL OF THE WEEK

TITLE: Hash Drill

PURPOSE:

- The hash drill is a carry-over from the drop drill. It enables the QB to work his drops we just worked in the Drop Drill, but now we add throwing the football.
- Emphasize perfect mechanics and ball placement.
- Enables QB's to get more throws in a short period of time.

DIAGRAM:



DESCRIPTION:

- Two groups of QB's on opposite hashes
- One group of QB's will have the ball, one QB has the snap count with both going at once
- Will work 3-step / Quick 5 / play action rhythm 5-step
- QB's will align at proper depth of route depending on what is called (Ex: 3-step: QB receiving will back up to 6 yards to simulate depth of 6 yard hitch route.)
- Will work drops from both right/left