

Strength-Based Practices

Cross-Ministry Services Branch

FASD 10-year Strategy
Student Health Partnerships
Children & Youth with Complex Needs
Mental Health Capacity Building Project

**Health related
supports & services**

Bullying Prevention Strategy
Prevention of Family Violence
SafeCommunities

**Safe and caring
learning environments**

Child and Youth Data Lab
Alberta Mentoring Partnership
**Success in School for Children
& Youth in Care**
Alberta's Wraparound Approach

Emerging initiatives

Agenda

- ▶ What is strength-based?
- ▶ Who are our vulnerable populations?
- ▶ Planning for strength based success
 - ▶ Show and Share

What does Strength-Based mean to you?



What is it?

What's our/your role?

Why does it matter?

Strength-based practices build on capabilities, knowledge, skills and assets to help develop the resiliency needed to overcome challenges

Alberta's Approach to Collaborative Practices, 2011

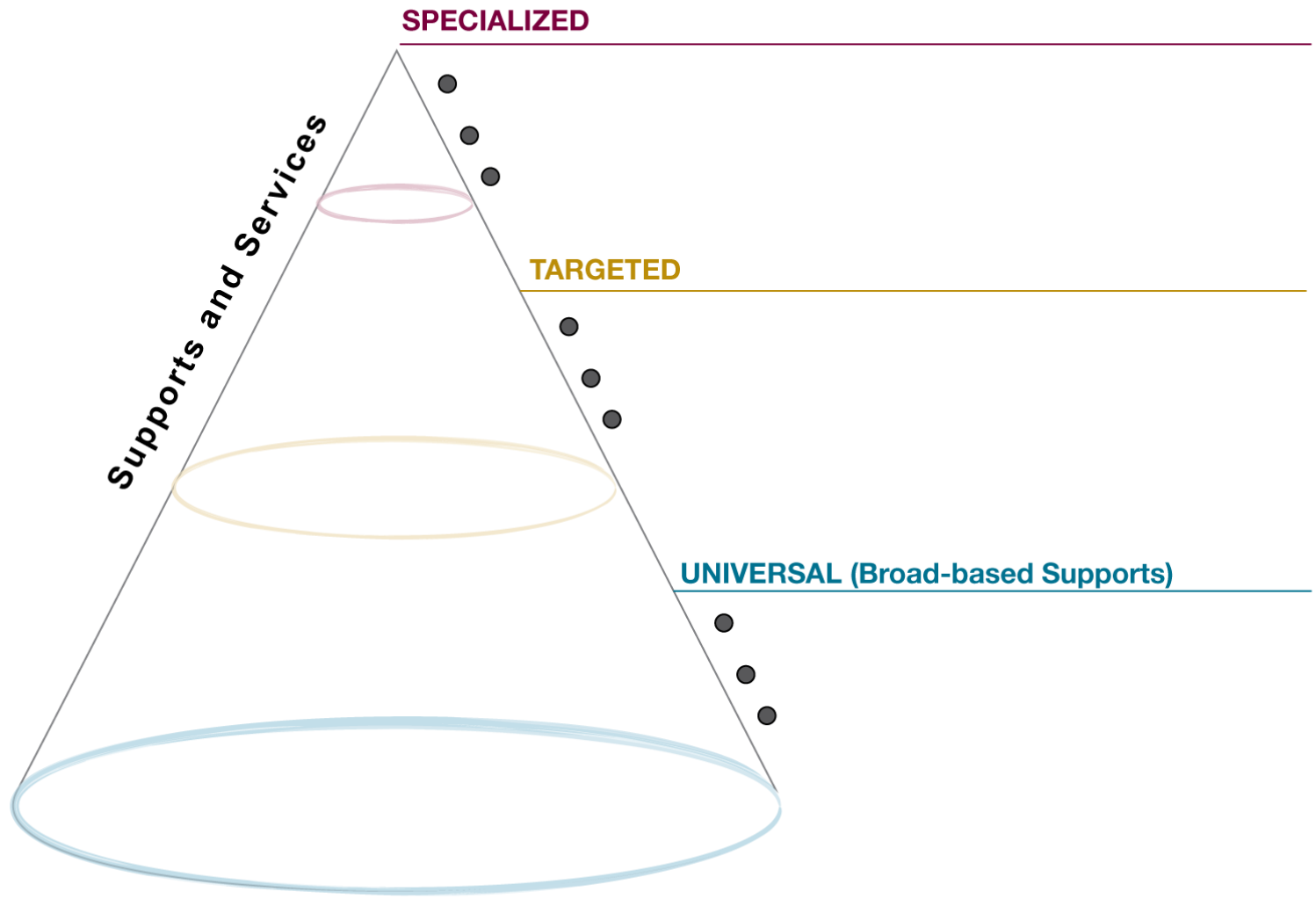
Alberta's Approach to **Collaborative Practices** *...based on wraparound principles*

ORID format of guided conversation (sample questions)

- ▶ How did you feel about the situation portrayed in this video?
- ▶ What did you observe that reflects your school or district practices?
- ▶ How did this video demonstrate a strength-based approach?
- ▶ (see handout for complete process of questioning)

Who are our vulnerable populations?

At any given time every child, youth or family may be vulnerable. No one person is “ invulnerable”
Vulnerability is not an absolute.



Supports and Services

SPECIALIZED

TARGETED

UNIVERSAL (Broad-based Supports)

Grasslands Public Schools Supporting a Strength-Based approach



Three Characteristics of Strength-Based Cultures

Identify Assets

Build on Capacity

Enhance Strengths

- ▶ *Alberta's Approach to Collaborative Practices, 2011*

Planning for Strength-Based Success

A strength-based culture has at its core the absolute belief that every student and their family has potential, unique strengths and capabilities.

Developing and sustaining a Strength-based district and school culture requires commitment and leadership that reflects and models its principles

Alberta Mentoring Partnership 2011

Template

	Yes/Somewhat/Not Yet	Indicators of Success	Planning for strength based success
We provide universal, strength based supports for all students			
Our policies and planning include strategies to celebrate strengths of students, parents, staff and community partners			
We encourage many community partnerships to work with us in a strength based manner with our students and families			

“What we focus on becomes our reality”

Values in a Strengths-Based Society



venessa miemis
emergentbydesign.com

Show and Share

Alberta Education Cross-Ministry Services Branch

<http://education.alberta.ca/admin/crossministry.aspx>

Alberta's Approach to Collaborative Practices... based on wraparound principles

Alberta Mentoring Partnership

Bullying Prevention Strategy

Mental Health Capacity Building

Success in School for Children and Youth in Care – Provincial Protocol Framework

“Once you choose hope, anything is possible.”

Christopher Reeve

“These are creative times.”

Susan Chomistek

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