



Dear Regional Tae Kwon Do Students, Black Belts, and Parents:

Please join me for our **Regional Tae Kwon Do Invitational**. The Tournament will be held at the **ROCORI High School Gym in Cold Spring, MN on May 19th, 2012.**

Competition will include sparring, forms, weapons, and breaking. Trophies will be awarded for **1st through 4th places** and everyone who tries breaking will receive a Dog Tag Medal. The entry fee is \$45 for one or ALL events and checks should be payable to Regional Tae Kwon Do. Pre-registration forms, posters, and maps are available from your instructor. Pre-registration forms can also be printed from my website,

www.RegionalTaeKwonDo.com

There will be a 4-5 year old Lil' Kickers forms division and also a breaking division for Lil' Kickers White Belt (with or without stripes). The cost for these Lil' Kickers will be \$25. **Please use the special green registration form.** All other Lil' Kickers that are Orange Belt or Orange Belt with stripes will compete as regular competitors and can compete in forms, breaking, and sparring. The cost will be \$45.

All competitors are strongly encouraged to pre-register for the tournament. By doing so, you will be entered into a prize drawing. You may also register the day of the tournament. If you pre-register you will not need to be at the High School until about 10:00am. If you want to register the day of the event, I would recommend that you be there between 8:30 and 9:00am. Pick up your tournament registration form from your instructor and fill it out. They will get your pre-registration form stamped and handed back to you prior to the tournament.

Pre-Registrations should be in to your instructor before Friday, May 10th.

Opening ceremonies will start at 11:00a.m. (including the give-away of the Sponsor Prizes and Pre-Registration prizes), and Colored Belt competition will start shortly after.

Once again this year, there will be a very special Demo Team performance in the morning.

I hope that everyone will try and attend this event. I have worked very hard to make it a fun, safe, learning, confidence building day.

If you have any questions, please call.

Best Regards,

Master Jen Doll

P.S. Mandatory equipment for each sparring competitor is: elbow pads, hand pads, shin/instep pads, mouth guard, and a groin cup for males. There will be head and chest gear available for you to use. There will also be equipment available for purchase. Thank You.

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