

# Kenmore Soccer News

Volume 5, Number 4

Kenmore/Tonawanda, New York

March 2011

## *Power Shooting Clinic Provides Tips to Players*

Nick DeMarsh, the Kenmore Soccer Director of Coaching, conducted a clinic on Power Shooting for Under 15 and above players on Monday February 7th. The session began with a targeted warm-up that focused on proper leg movement.



Small-sided activities followed the warm-up, which in turn led to work on the fundamentals of increasing the power that a shooter can place on a shot. Critical issues involved the finishing position of the "plant" foot, and the proper surface for ball contact with the shooting foot.



Feedback from the clinic was excellent, and future clinics will be scheduled that will cover additional techniques to enhance the technical skills of our players.



## *Kenmore Soccer Hosts 4v4 Scrimmages for Alliance Members*

- On Monday February 21st, Kenmore Soccer hosted 4v4 scrimmages at the Epic Center for Under 9, Under 10, and Under 11 teams from members of the Alliance.
- A total of 22 teams from Amherst, Grand Island, Hamburg, Kenmore, and Lockport played during the 3 hour event.
- This session mirrored a similar event held in late November by the Hamburg Soccer Club, and will be repeated in April by the Lockport Soccer Club. We are excited to be part of the Alliance, a consortium of 7 area clubs that share common values regarding player development and responsible coaching.

## Listen to Your Own Voice

by Nick DeMarsh  
Director of Coaching  
Kenmore Soccer Club

"Pass! Turn!! Dribble!!! SHOOT!!!!!"

How many times have you listened to a coach on the sideline tell each player exactly what to do? Again and again. Hmm. I often wonder who is really playing the game. I have fallen victim to "over coaching" myself, particularly in a game setting. With so much experience playing, watching and coaching, often the average coach wants to give each player all the answers, but is that what is best for each player?

I would argue no. In fact, I think it is the role of each coach to develop problem solvers and thinkers. Every coach would agree that really good players know how to deal with game situations. They are rarely surprised by any scenario on the field, and they know how to react and even anticipate game actions. In most cases, these players were never given all the answers. They gained an understanding through playing the game. These players can truly express themselves on the field because the only voice they hear is their own.

Therein lies the challenge. How can I, as a coach, create an environment where my players can solve problems with limited instruction. Of course each coach must teach and share his or her knowledge, but what will each player do when the coach is not there? Will they relax and enjoy the game or will that player always look to the sidelines for help? For me, I hope that my players can play any style, in any system, for any coach. I hope that my players understand how to think about the game critically and analytically while simultaneously "feeling" the game using their intuition to overcome each challenge.

Here are some suggestions for creating tactical problem solvers:

1. During practice, try not to give absolutes. Avoid "never" and "always" as those situations are uncommon in soccer. (Ex. Telling defenders never to go past mid-field. That kind of absolute makes very little sense for developing a young player, or for soccer in general.)

2. When players ask you questions, perhaps you might ask them what they think and why. They probably have the answer already. If they don't, ask some leading questions. Allow them to feel empowered, as though they figured it out themselves.

3. Free play. At the end of every practice, be sure you allow the team to play with little or no instruction. Just play. Let the players choose teams and see what happens. Encourage independent thinking. At the very end of the session you can briefly sum things up.

.....continued on page 3

.....continued from page 2

4. Do NOT punish young players for experimenting or for making mistakes. Making mistakes is part of the learning process. If you scold a player for missing a shot, the next time that player has an opportunity to score, he or she will feel anxious and may elect to pass. Not good.

5. Put down the remote control! Soccer players are creative and should be given room to play. Other sports rely heavily on coaching. The coach makes all the decisions. "TIME OUT!" Not in soccer. Soccer is a player's game. Telling them how to think (particularly during a game) will only make them dependant on you for answers. It is also very distracting. If you need to coach that much during the game, you probably need to do a better job at practice.

In the end, a good coach can strike a balance between instruction and freedom. For me, I try to find moments to give the game back to the players. Allow them to be creative. Promote independent thinking. Help each player listen to his or her own voice rather than yours. Your players will thank you. Good luck!



### *Kenmore Soccer On-Line Store*

Remember that the on-line Kenmore Soccer store has numerous items that can be purchased to show your support for your son or daughter. Jackets, polo shirts, t-shirts, hats, fleeces, and logoed blankets are just some of the items available.

You can charge your purchase, and it will be shipped to the address of your choice via UPS. The link to the on-line store is on the landing page of the Club web site, or can be directly accessed at [Kenmore Soccer Store](#).

### Trivia Question

(answer on page 10)

Who was named as "Coach of the Year"  
for the 2010 season of the English Premier League?

# Upcoming Events

## Summer Camp



Summer Camp sessions will be held on the weeks of June 27th and July 11th, with the camps to be based at Franklin Middle School. Registration is available on-line through the Club web site.

Camp is open to any interested player, ages 8 through 13, whether or not affiliated with Kenmore Soccer.

Our Summer Camp will be led by Nick DeMarsh, the Kenmore Soccer Club Director of Coaching, and the Head Women's Soccer Coach at Buffalo State College.

As always, our summer camps are held in conjunction with the Kenmore-Tonawanda Schools Office of Community Education.

## Under 10 Girls to Scrimmage at Amherst



The Under 10 Girls will scrimmage against an Amherst team on Friday March 18th at 5:30pm at the North Amherst Recreation Center.

## Small-Sided Clinic on 3/7 at Epic Center



Nick DeMarsh, the Director of Coaching for the Kenmore Soccer Club, will conduct a clinic for U-9 through U-12 coaches on "Getting the Numbers Right—Small-Sided Games". The clinic will be at the Epic Center from 6:30-7:30pm on Monday March 7th.

**Order Kenmore Soccer Nike Apparel—see instructions on page 6**



**Kenmore Soccer Club**



**\$30**

**Nike Core Hoody (Grey)**

Youth      
           S    M    L    XL

Adult       
           S    M    L    XL    2X



**\$20**

**Nike S/S Drifit (Grey)**

Youth      
           S    M    L    XL

Adult       
           S    M    L    XL    2X



**\$25**

**Nike L/S Drifit (Royal)**

Youth      
           S    M    L    XL

Adult       
           S    M    L    XL    2X



**\$50**

**Nike Championship II Jacket (Royal)**

Adult       
           S    M    L    XL    2X



**\$12**

**Nike Drawstring Gymsack (Royal)**

Check to Order



Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

Email: \_\_\_\_\_ Address: \_\_\_\_\_

Total Payment: \_\_\_\_\_ Check Payment Method:  Cash  Check # \_\_\_\_\_

*\*Please make checks payable to: Kenmore Soccer Club.\* No refunds or exchanges. All Sales are Final.*

**716.854.5116 | www.adprosports.com**



# Kenmore Soccer Club



## The Ordering Process

1. Please fully complete the order form on the reverse side (sizes, contact information and total payment)
2. Payment can be made by either cash or check. If paying by check please make payable too:

**Kenmore Soccer**  
**57 Greenleaf Avenue**  
**Tonawanda, NY 14150**

3. Please staple full payment in an envelope to this form when handing in your order
4. Order forms and payment should be dropped off to Ken Voght



5. Deadline for receiving completed orders is:  
**Saturday, March 6**
6. Approximate shipment time is **3-4 weeks** after the finalized order and payment is submitted
7. Ken Voght will notify players when their orders are completed and ready for pickup
8. No Returns or Exchanges will be accepted

**Thank You**

## Kenmore-Tonawanda-KidsPlay Spring and Summer 2011 Youth Soccer

Since 1991, KidsPlay has partnered with schools and townships to deliver high quality sports instruction to over 80,000 young athletes ages 3 to 12. The longevity and success of KidsPlay can be traced to a few important principles:

- 1) While most youth sports clubs steer their strongest coaches and abundant resources toward "travel" level teams, KidsPlay steers 100% of its resources to providing fun, professional, and challenging instruction to young athletes during their formative years
  - 2) While many coaches seem fixated on short term results on a scoreboard, the KidsPlay philosophy focuses on the whole child over the long term.
  - 3) Our professional staff provides a positive environment for players of all abilities to reach their full potential—there is no inappropriate sideline behavior or negative pressure placed on players in any KidsPlay program.
- For more info on any KidsPlay programs, contact Tim Hirschbeck @873.2353, 480.2374 or kidsplay@mac.com.

### *KIDSPLAY PC SOCCER (AGES 3 and 4) and SOCCER LEVEL I (AGES 4, 5 and 6)*

Soccer is an ideal sport for young players. The game is easy to learn, contains constant activity, and provides plenty of opportunity for players to run and learn skills. KidsPlay hosts small-sided games and scrimmages allowing for plenty of touches on the ball. Even at introductory levels, our coaches are adamant about teaching basic support and teamwork. No Blob Soccer is allowed! The philosophy of PC Soccer and Level 1 Soccer stresses skill development and learning in a fun and friendly atmosphere. Half of each class is devoted to fun instructional training/ games with the remaining half devoted to scrimmage. Two KidsPlay coaches teach a maximum of 22 children in each class. A KidsPlay T-Shirt is included in the program fee.

*Please note that PC Soccer (Ages 3-4) is a parent-child activity. An active parent or guardian 18 years or older must accompany a child in each session.*

### *Soccer Level I (Ages 4-6) is structured for "players only".*

Spring 2011 Indoor PC Soccer Schedule (Ages 3 and 4 + Parent)

Tuesday 6:00 to 6:45 PM (Course #11SKF93A) OR Saturday 1:00 to 1:45 PM (Course #11SKF93B)

Resident Fee: \$50.00 Nonresident: \$55.00 \*8 week session starts 4/12 (Tues) or 4/16 (Sat)

Location : Tuesday- Hamilton Elementary Gym--- 44 Westfall Drive -- Saturday- Franklin Elementary Gym --- 500 Parkhurst Blvd

### Spring 2011 Indoor Soccer Level I Schedule (Ages 4, 5 and 6)

Tuesday, 6:45 to 7:45 PM (Course #11SKF15A) OR Saturday 12:00 to 1:00 PM (Course #11SKF15B)

Resident Fee: \$65.00 Nonresident Fee: \$70.00 \*8 week session starts 4/12 (Tues) or 4/16 (Sat)

Location : Tuesday- Hamilton Elementary Gym--- 44 Westfall Drive -- Saturday- Franklin Elementary Gym --- 500 Parkhurst Blvd.

### Summer 2011 Outdoor PC Soccer Schedule (Ages 3 and 4 + Parent)

Tuesday 5:15 to 6:00 PM (Course #11SRKF86A) OR Saturday 9:45 to 10:30 AM (Course #11SRKF86B)

Resident Fee: \$50.00 Nonresident Fee: \$55.00 \*7 week session starts 6/21 (Tues) or 6/25 (Sat)

Location : Hamilton Elementary Field --- 44 Westfall Drive, Tonawanda, NY 14150 (right behind St. Amelia's School and Church)

### Summer 2011 Outdoor Soccer Level I Schedule (Ages 4, 5, and 6)

Tuesday 6:00 to 7:00 pm (Course #11SRKF29A) OR Tuesday 7:00 to 8:00 pm (Course #11SRKF29B) OR Thursday 6:00 to 7:00 pm (Course #11SRKF29C) OR Thursday 7:00 - 8:00 pm (Course #11SRKF29D) OR Saturday 10:30 to 11:30 AM (Course #11SRKF29E)

Resident Fee: \$61.00 Nonresident Fee: \$66.00 \*7 week session starts 6/21(Tues) or 6/23 (Thurs) or 6/25 (Sat)

Location : Hamilton Elementary Field --- 44 Westfall Drive, Tonawanda, NY 14150 (right behind St. Amelia's School and Church)

*KIDSPLAY INSTRUCTIONAL SOCCER LEAGUES  
(BLUE DIVISION AGES 6, 7 and 8 & RED DIVISION AGES 9,10, 11 and 12 )*

KidsPlay Instructional Soccer Leagues are designed to help veteran and inexperienced players develop skills in a positive and supportive environment. Special emphasis is placed on the development of dribbling, receiving and passing/support skills. League games are played 5v 5 allowing for maximum touches on the ball and plenty of playing time for all players. After a basic evaluation session conducted during Week #1, an even amount of experienced and inexperienced players are distributed onto all teams. KidsPlay does not rely on volunteer coaches. All game and practice sessions are coordinated by 2-3 KidsPlay coaches. Players meet once each week for a 30-45 minute training session followed immediately by a game that lasts 35-45 minutes. A league schedule is distributed at the first session; parents are notified of their child's team assignment 1-2 days after the first session. A KidsPlay team shirt is included in the program fee.

Spring 2011 Indoor Blue Division League (Ages 6, 7 and 8):  
 Players meet on a rotating schedule on Wednesdays @ 6:00 and 7:15PM (Course #11SKF14A)  
 Resident Fee: \$71.00 Nonresident Fee: \$76.00 \*8 week session starts 4/13  
 Location : Lindbergh Elementary Gym -- 184 Irving Terrace, Buffalo NY 14223

Spring 2011 Indoor Red Division League (Ages 9,10, 11 and 12):  
 Players meet on a rotating schedule on Fridays @ 5:30 and 6:45PM (Course #11SKF14B)  
 Resident Fee: \$71.00 Nonresident Fee: \$76.00 \*8 week session starts 4/15  
 Location : Lindbergh Elementary Gym -- 184 Irving Terrace, Buffalo NY 14223

Summer 2011 Outdoor Blue Division League (Ages 6, 7 and 8):  
 Players meet on a rotating schedule on Wednesdays @ 5:30 and 7:00PM (Course #11SRKF26A)  
 Resident Fee: \$75.00 Nonresident Fee: \$80.00 \*8 week session starts 6/29  
 Location : Hamilton Elementary Field --- 44 Westfall Drive, Tonawanda, NY 14150 (right behind St. Amelia's School and Church)

Summer 2011 Outdoor Red Division League (Ages 9,10, 11 and 12) :  
 Players meet on a rotating schedule on Fridays @ 5:30 and 7:00PM (Course #11SRKF26B)  
 Resident Fee \$75.00 Nonresident Fee: \$80.00 \*8 week session starts 6/24  
 Location : Hamilton Elementary Field --- 44 Westfall Drive, Tonawanda, NY 14150 (right behind St. Amelia's School and Church)

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*\*KENMORE-TONAWANDA SCHOOL DISTRICT- COMMUNITY EDUCATION \*  
 REGISTRATION GUIDELINES :  
 MAIL COMPLETED REGISTRATION FORM & CHECK MADE PAYABLE TO  
 "KEN-TON COMMUNITY EDUCATION:  
 KEN-TON COMMUNITY EDUCATION -- 3200 ELMWOOD AVEENUE, KENMORE, NY 14217.  
 -----KIDSPLAY-KENMORE-TONAWANDA REGISTRATION FORM-----*

*CHILD'S NAME: \_\_\_\_\_  
 BIRTHDATE: \_\_\_\_\_ SHIRT SIZE: \_\_\_\_\_  
 STREET ADDRESS: \_\_\_\_\_  
 TOWN: \_\_\_\_\_ ZIP: \_\_\_\_\_ HOME PHONE: \_\_\_\_\_ CELL PHONE: \_\_\_\_\_*

*EMAIL: \_\_\_\_\_  
 1) PROGRAM NAME : \_\_\_\_\_ START DATE :*

*DAY/TIME: \_\_\_\_\_ FEE: \_\_\_\_\_  
 2) PROGRAM NAME : \_\_\_\_\_ START DATE :*

*DAY/TIME: \_\_\_\_\_ FEE: \_\_\_\_\_  
 3) PROGRAM NAME : \_\_\_\_\_ START DATE :*

*DAY/TIME: \_\_\_\_\_ FEE: \_\_\_\_\_  
 TOTAL FEE: \_\_\_\_\_*

## Do It With Class

**Class** is respect for others. It is a deep and genuine respect to every human being, regardless of his status in life.

**Class** is having manners. It is always saying "thank you" and "please". It is complimenting people for any and every task well done.

**Class** is treating every other person as you would want them to treat you in a similar situation.

**Class** never makes excuses for one's own shortcomings, but it always helps others bounce back from their mistakes.

**Class** never brags or boasts about one's own accomplishments, and it never tears down or diminishes the achievements of another person.

**Class** does not depend on money, status, success, or ancestry. The wealthy aristocrat may not even know the meaning of the word, yet the poorest man in town may radiate class in everything he does.

If you have **class**, everyone will know it, and you will have self-respect. If you are without **class** - good luck, because no matter what you accomplish, it will never have meaning.

## Joining Kenmore Soccer



We are always looking to grow and include more players from our community. Have a friend that might want to play travel soccer with Kenmore Soccer? Know someone that might benefit from our Under 9 developmental program?

New players can sign up anytime under the "Join Kenmore Soccer" link at [www.kenmoresoccer.com](http://www.kenmoresoccer.com) and then join in at our training sessions. Make that referral—it helps kids and our community.

Trivia Answer - from page 3

Harry Redknapp, the manager for the Tottenham Hotspurs.



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in Kenmore



serving the area's best pizza,  
and supporting our  
youth soccer teams

Submissions Anyone ??????????????

We want this to be your newsletter. We also want you to be a part of the Club web site. So, we are looking for your ongoing input—articles, pictures, match highlights, team and player recognition, etc. Each team should consider having a designee that can channel information to the Club for inclusion in the newsletter or web site.

Send your submissions to us at [voght@msn.com](mailto:voght@msn.com). Pictures are welcome, but should be in a jpg or gif format.

# Word Search

M B L A C K B R D S E V E R T S R O B W E L  
 F A T L L I V E R S O U T H A M P T O N L S  
 U R E A E L E I C E S T E R C I T Y L R I S  
 L S D N Y T I C R E T S E H C N A M T N V O  
 H E L E B I R M I N G H A M C I T Y O E E U  
 T N S T C L S O U T H A M P B O L N W R T  
 S D V F L I H I H T U O M S T R O P W C P H  
 F R T A F S N A F T R O I T O N F C A A T A  
 U H E T E O M U R S S N E W C A S E N S E M  
 L G E V E U A U R L C H E L S B I R D T V P  
 H J O A O N N R U E T A E S L E H C E L E H  
 W O L V E R H A M P T O N W A N D E R E R S  
 U R B A A A N A I N E S N B L A M C E U T E  
 M B B L R L L R M D V E E A E C A H R N D E  
 A S L S O I F U H E E H H T T N E S I N B  
 N E R I C O V U D D O P O R C H C L D T L O  
 C L M V N P E L O L K T E S L N L S O E L L  
 H T M R R R H I A S C S N I D A F I D I T  
 E D N C A E P E V E R T A P V N E M T N V O  
 S I G T S V O F U L H A M L U L I V E I E N  
 T M H S T I B O L T O N W A B R B I R M C W  
 L E A O L L E E D E T I N U S D E E L T A

**Find these English teams in the Word Search puzzle above**

- Arsenal
- Aston Villa
- Birmingham City
- Blackburn Rovers
- Bolton Wanderers
- Charlton Athletic
- Chelsea
- Everton
- Fulham
- Leeds United
- Leicester City
- Liverpool
- Manchester City
- Manchester United
- Middlesbrough
- Newcastle United
- Portsmouth
- Southampton
- Tottenham Hotspur
- Wolverhampton Wanderers

## Kenmore Soccer Club Goals

- To be the best club in our community
- To recruit and retain the finest youth soccer coaches in Western New York
- To continually evaluate and revise our coaching curriculum to insure that all of our players are participating in practice sessions that are challenging, interesting, and fun
- To encourage our players to develop healthy and responsible goals of their own

The Kenmore Soccer Club belongs to all of us, and we encourage you to bring your contributions and expertise to the club. If you have any suggestions or concerns, please speak to your child's coach or contact us directly at your convenience.

## Fund Raising

The Kenmore Soccer Club is registered with the New York State Attorney General to conduct fund-raising, as is required by law, but each activity needs to be approved by our Board of Directors.

If your team wants to conduct any fund-raising, just e-mail us at [voght@msn.com](mailto:voght@msn.com) with the details of what you propose, and the eventual use of the funds raised. We will get back to you promptly.

## Contacting Us

Web Site — [www.kenmoresoccer.com](http://www.kenmoresoccer.com)

E-Mail — [voght@msn.com](mailto:voght@msn.com)

Telephone — 716-837-1627

Mail — 57 Greenleaf Avenue, Tonawanda, New York 14150

*Our thanks to M.J. Peterson for helping sponsor our teams*

