

Commitment Statement

Open Arms Family Support Services is committed to help build strong families by implementing the "Wrap Around Care" process. This is an intensive, individualized care management process for youth with serious or complex needs. Wrap Around was initially developed in the 1980s as a means for maintaining youth with the most serious emotional and behavioral problems in their home and community. During the wraparound process, a team of individuals who are relevant to the well-being of the child or youth (e.g., family members, other natural supports, service providers, and agency representatives) collaboratively develop an individualized plan of care, implement this plan, and evaluate success over time.

Services that are often made available to support Wraparound implementation include:

- **Mobile Therapy Services (IIHS)**
- **Behavioral Specialist Consulting**
- **Therapeutic Staff Support**
- **Psychological Evaluations**
- **School-based Therapeutic Day Treatment**
- **Community-based Therapeutic Day Treatment (after school &**



ADMINISTRATIVE SUPPORT TEAM

CAO-Dawn Sykes, RN/ MHSA

Program Director-Ryshonna Stith, BGS/QMHP

Public Relations/Marketing Splst., Anjelique Nettleton

Human Resources Director-Michael Neblett

Executive Asst./Accts. Payable-Nancy Parham

LCSW On-Site available to provide clinical supervision



Open Arms Family Support Services, LLC

3105 W. Marshall St.
Suite 207
Richmond, VA 23230

Phone: (804) 353-0850
Fax: (804) 353-0852
E-mail: openarmsfss@yahoo.com

A Medicaid Provider Service



**Open Arms Family
Support Services, LLC.**

"Commitment to making a difference one family at a time..."

GROWTH



DEVELOPMENT



CHANGE



Tel: (804) 353-0850



Open Arms Family Support Services, LLC

“Commitment to making a difference, one Family at a time...”

SERVICE DESCRIPTION

- Assist families in achieving a stable, healthy home environment by reducing or eliminating problematic behaviors or emotional conditions
- Successfully prevent out-of-home placements
- Conduct comprehensive assessments that accurately identify problem areas and needs
- Utilize short-term, solution focused treatment strategies to strengthen healthy family functioning
- Enhance service effectiveness through an understanding of cultures and utilization of a cross-cultural approach
- Offer a variety of services that can comprehensively meet the individual needs of children and families
- Identify existing strengths, formal and informal supports, and resources within families and the community in order to bring about positive emotional and behavioral changes with service recipients
- Assist service recipients in building skills to enhance healthy family functioning
- Closely coordinate and collaborate with other case-involved service providers in order to best serve the interests of service recipients
- Empower service recipients to competently participate in treatment decision-making
- Utilize multidisciplinary approach to treatment

Strengths-Based Interventions

- Comprehensive Mental Health Evaluations
- Clinical Assessments
- Individual and Family Counseling (by LMHP as needed)
- Psycho-educational Services
- Family Relationship Building
- Parenting Skills
- Behavior Management
- Resilience Training
- Life Skills (Communication, Money Management, Time Management, Anger Management, Social Skills)
- 24-Hour on-call Crisis Response and Stabilization
- Relapse Prevention/Recovery Planning Training
- Personal Care Training (Nutrition, Diet, Exercise, Grooming)
- Conflict Resolution
- Supervised Visitation
- Coordinated Discharge Planning

Contracted Services

- Therapeutic Speech and Language Pathology Services
- Nutrition, Health and Fitness Programs

Overview of Services

- Intensive In-Home Services (IHS)
- Case Management
- Therapeutic Day Treatment (TDT)
- Cognitive Behavioral Approach to Treatment
- Strengths-Based Interventions
- Characteristics and needs of population served is always a consideration
- Bilingual Counselors (Spanish)

