

# Trust and Obey

By RLD Editorial Team

for use as  
**STEP 1**



### Lesson 10

#### Focus:

Obey God and leave the results to Him.

#### ECHOES Focus:

That your students take a consistent stand for truth regardless of others' attitudes toward them

### Lesson 10

#### Bible Basis:

Jeremiah 1:1, 7, 17-19; 37:6-8, 13-15

### Lesson 10

#### Memory Verse:

"You must go to everyone I send you to and say whatever I command you. Do not be afraid of them, for I am with you and will rescue you," declares the Lord. —Jeremiah 1:7b-8

#### ECHOES Verse:

You will keep in perfect peace those whose minds are steadfast, because they trust in you. —Isaiah 26:3

**Students will watch tourists trust the integrity of a famous glass ledge in Thailand as they consider trusting God for the outcome of obedience.**

#### Materials:

- Internet access

**Do you have a fear of heights? If you do, you might not want to walk out on the glass sky deck of the Mahanakhon SkyWalk in Bangkok, Thailand. The engineering might be fully trustworthy, but people's natural fears can easily take over.**

Share this short video clip for your students"  
Mahanakhon SkyWalk Bangkok Thailand  
<https://www.youtube.com/shorts/oQrGub7p2uQ>

- **Would you be able to walk out on a ledge like this?** (Let students share their personal impressions.)
- **The engineers are certain the ledge is safe for people to walk on, but some visitors are still freaked out. Why?** (Sometimes our emotions override what we know to be true. We have a hard time trusting the structural integrity of something that seems impossible.)
- **If you had been involved in the design and construction of this bridge, would you be afraid to stand on it? Why would your reaction be different from the average tourist?** (When you are the designer, you know how it all works. When you're a spectator, you have to trust the engineers who built it.)

**God is the designer of all things—big and small. He controls the universe and knows how everything works together. We, on the other hand, have to trust Him without always knowing all the details. Our job is to trust and obey. This week’s lesson will introduce us to Jeremiah, a guy who faced some pretty scary unknowns as he shared the truth about God.**

(Continue on to Steps 2 and 3 in your teacher’s guide; your Step 4 appears below.)

# Trust and Obey

for use as  
**STEP 4** ▶

### Lesson 10

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Jeremiah 1:1, 7, 17-19; 37:6-8, 13-15

### Lesson 10

#### Memory Verse:

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—Jeremiah 1:7b-8

#### ECHOES Verse:

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#### Materials:

- Index cards (1 per student)
- Pens/pencils (1 per student)

In this step, you will be challenging your students to trust in God even when their information is limited. If your class is meeting online, invite students to bring supplies with them to class.

**Studying Jeremiah helps us understand the importance of obedience. Considering his story, how can we also grow in that area? Let's review some truths about God . . . and ourselves.**

Read off the following scenarios. Give students 90 seconds to consider their response on each scenario and then prompt students to share their answers.

- Some friends are resistant to the truth about Jesus Christ. You want to share the Gospel, but they don't want to hear it.
- You are trying to make a decision about your future (college, employment, participation in an activity, etc.) You are uncertain how to move forward.
- You are interested in starting a relationship with a girl/boy. They share similar Christian values, but you're not sure if you should become more serious.

Listen to your students' answers even if they might not be what you expect (sometimes listening is better than correcting.) When you're finished, discuss these questions together:

- **Even though the Old Testament seems so ancient and far away, how does studying history help us even today?** (Human nature is the same, whether ancient or modern. God can speak to us through the testimony and experience of past men and women.)
- **How is trusting God similar to crossing a glass-bottomed ledge?** (We have to trust in

the engineers' design, we can feel frightened, we take it one step at a time, etc. Students' answers will vary.)

Distribute supplies (or invite students to have them ready at home). Ask your students to write down one thing they believe God's asking them to do. Then have them write a letter to God either committing to obey and trusting Him with the outcome or sharing with Him why they're having difficulty doing that. Encourage them to keep this written dialogue going with God throughout the next week.

**It's difficult to trust and obey when we don't know the outcome! But we can always trust in the character of God. Let's close in prayer, asking for the courage to obey no matter what.**

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