



First Response Family Forums

**Is substance use becoming an issue in your family?
Is it impacting on mental health?
Are you concerned about your family and want to know what to do?
Not sure if there is an issue but would like some information?**

First Response Family Forums invites the opportunity to:

- ✓ Talk briefly about your family issue
- ✓ Get some facts about alcohol and other drugs
- ✓ Information on the dual impact of substance use and mental health
- ✓ Tips on navigating the system
- ✓ Information and referral options
- ✓ Confidential and supportive environment

The forum is free of charge.

Your August - November forums are:

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| Thursday 12th August 6.00-8.00pm Mulgrave Neighbourhood House 36 Mackie Rd, Mulgrave | Tuesday 21st September 1.00-3.00pm EACH 46 Warrandyte Rd, Ringwood Meeting Room Building B | Thursday 21st October 1.00-3.00pm Mulgrave Neighbourhood House 36 Mackie Rd, Mulgrave |
| Wednesday 10th November 2.00-4.00pm EDAS – IECHS 953 Whitehorse Rd, Box Hill | Monday 29th November 6.00-8.00pm EACH 46 Warrandyte Rd, Ringwood Meeting Room Building B | |

For more details and bookings please contact:

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