



First Response Family Forums

**Is substance use becoming an issue in your family?
Is it impacting on mental health?
Are you concerned about your family and want to
know what to do?**

First Response Family Forums invites the opportunity to:

- ✓ Talk briefly about your family issue
- ✓ Get some facts about alcohol and other drugs
- ✓ Information on the dual impact of substance use and mental health
- ✓ Tips on navigating the system
- ✓ Information and referral options
- ✓ Confidential and supportive environment

A Light Supper is provided and the forum is free of charge.

Your **March/April/May** forums are:

Wednesday 3rd March 6.00-8.00pm	Wednesday 10th March 6.00-8.00pm	Wednesday 17th March 6.00-8.00pm
Wednesday 31st March 6.00-8.00pm	Wednesday 14th April 6.00-8.00pm	Wednesday 21st April 6.00-8.00pm
Wednesday 5th May 6.00-8.00pm	Wednesday 12th May 6.00-8.00pm	Wednesday 19th May 6.00-8.00pm
MonashLink 7 Dunscombe Ave, Glen Waverley Meeting Room	Boorondara Community Health 378 Burwood Rd, Hawthorn Meeting Room 1 (enter at rear)	EACH 46 Warrandyte Rd, Ringwood Meeting Room Building B

For more details please contact:

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