



iCare Volunteer Training
Fall, 2011



Step 1:

Receive an *iCare* opportunity.

iCare Opportunity

Date: October 20, 2011

Care Receiver: Christian Christianson

Area: Lost Creek

Need: Meals, errands, encouragement

Care Summary: Christian was recently diagnosed with cancer and has been undergoing chemotherapy. She is unable to work or drive. She lives alone. She is requesting help with meals, errands and general companionship. She is recently divorced and has no other family in the area.

Care Need Timeframe: Beginning October 20

Food allergies: Gluten free. <http://allrecipes.com/recipes/healthy-cooking/gluten-free/Main.aspx>

Care Calendar Link:

<http://www.carecalendar.org/v2/calendar.php?PHPSESSID=bf8f1cdaeb8b50f36b270d713b02e7e5>

Password: 46409

Security Code: 5612

Care Coordinator: Paul Apostleoni, pauly@email.com. Cell: 512-111-1616.

Special requests: Please call before bringing food.



- Step 2: **Respond** as you are led by signing up using the Care Calendar.



- Go to <http://www.carecalendar.org>
 - This will bring up the Care Calendar website that will show 3 gold boxes. Click on the box that says “Log on to a Calendar.”
 - You will need the following information to log on.
- Care Calendar ID and security code. These will be provided to you by the iCare Coordinator in the iCare Opportunity email.
- Survey options for providing care and sign up.
 - Indicate on the care calendar sign up what food item you will be providing or task you will do. Please also include your primary contact information. For example, “Peter Haas, Chicken Casserole. 745-3006.”
- If there are specific instructions, such as a gate code or a request to call before delivering food, please take note and follow through appropriately and timely.



Create a new personal CareCalendar

Get Started

Send a GREETING CARD

Click to visit the Gift Shop

Logon to a calendar

Calendar ID:

Security Code:

Logon

What is CareCalendar?

CareCalendar is a web based system to organize meals and other help for families during a time of illness or life changing event, such as the birth of a baby or death of a family member.

CareCalendar can also be used for long term situations, including homebound and caregiver respite care needs.

What are others saying about CareCalendar?

Technology is making it easier for churches and other groups to meet the needs of families dealing with illness or the birth of a child.
- WORLD Magazine

I was diagnosed with Breast

SUPPORTED BY YOU

Your donation is needed to keep CareCalendar up and running.

[Donate](#)
[WISHLIST](#)

RECIPIENT

Christian Christian
 7127 Bee Caves Rd.
 Austin, WI 78746
 512-327-1116
[\[More Details... \]](#)

LATEST NEWS

No updates yet.

ARTICLES

- [Meal tips](#)

[Show Calendar](#)
[News & Updates](#)
[Contact Coordinator](#)
[Maps & Directions](#)
[Send a Gift](#)
[Contact Christian Christian](#)

October 2010 [November](#)

Click on an entry for more details.

○ NEEDED ● FILLED ■ INFO

Sun	Mon	Tue	Wed	Thu	Fri	Sat
26	27	28	29	30	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20 ○ Meal ○ Errand	21 ○ Meal	22 ○ Meal	23 ○ Meal
24 ○ Meal ○ Errand	25 ○ Meal ○ Errand	26 ○ Meal	27 ○ Meal ○ Errand	28 ○ Meal	29 ○ Meal	30 ○ Meal
31 ○ Meal ○ Errand						

[More needs next](#)



Step 3:Provide care. Become tangible love with a joyful spirit in the name of Christ.



The visit

It takes courage to visit a home of a fellow church member, especially if you do not know them. It takes courage to care for one another. God will give you the strength. You do not need to try and fix their situation. You do not need to try and be an expert. Your loving action and gesture of grace is enough. Your presence and the gift of a meal IS the ministry.

Plan on keeping your visit brief. 5 – 10 minutes is appropriate and normal. If the care receiver invites you into their home to visit, use your discernment. It is normal to feel awkward or even nervous. Ask God to help you be a loving presence and have the words to say.

Mostly, just listen. Ask open ended questions such as, “What is it like for you today?” or “How is your recovering going?”

Since you will not be the only person providing care, don’t feel like you have to become an expert on their situation. Your role is caring through a meal or errand. Yet, enjoy the process of nurturing your relationship with them. Sometimes this can be challenging, because “people are people.”

Remind them that the church wishes to be a caring community. You might ask them if there are any needs they have that the church could appropriately provide. You might qualify that by saying, “such as running an errand...” You might also invite them to call their iCare Coordinator to share their needs.

If you do learn new information about their situation or care request, please inform the iCare Coordinator or congregational care office promptly.



Step 4: **Inform** *iCare* Coordinator of any pertinent information you might learn during your delivery of care.