

## Sundays at 10:15 a.m.

### THE GIFTS OF LITURGY IN LENT

#### Feb. 21 THE EXHORTATION

Each Lent we begin with this liturgical summoning that dates from the time of Thomas Cranmer. Why is it still relevant for us over 4 centuries later?

#### Feb. 28 STATIONS OF THE CROSS

We hang these images in the Sanctuary each Lent and we walk the Stations every Friday at 7:00 p.m. What is the history of this ritual and how do we relate to those past pilgrims?

#### Mar. 7 THE GREAT LITANY

Each Lent we replace the prayers for one Sunday with this penitential liturgy that for many epitomizes the intent of the Season. What does this tradition offer us?

**5:00 p.m. Sung Evening Prayer**

#### Mar. 14 THE DECALOGUE

The Jewish tradition understands the Law to be a gift and not a list of restrictions and punishments. What can we learn as we recite these commandments?

#### Mar. 21 THE GREAT VIGIL OF EASTER

This ancient liturgy was restored to the rites of the Church with the 1979 prayer book. What is its history and why do we gather before daybreak to celebrate this service?

#### Mar. 28 PALM SUNDAY



#### Apr. 4 EASTER



## Tuesday Evenings in Lent

### REGION III LENTEN SERIES

Consider making this part of your Lenten discipline. The series will begin in Lent and run **on Tuesday evenings**. Nursery care is provided.

Simple Supper at 6:30 p.m.

Adult Program at 7:30 p.m.

Compline at 8:30 p.m.

#### Feb. 23 The Physics of Prayer At St. George's

The Very Rev. Ian Markham  
Dean, Virginia Theological Seminary

#### Mar. 2 The Power of Love At St. Michael's

The Rt. Rev. David Jones,  
Bishop Suffragan of The Diocese of Virginia

#### Mar. 9 Soul Searching At Trinity

Dr. Elizabeth (Lisa) Kimball  
Virginia Theological Seminary

#### Mar. 16 The Mystery of the Trinity At St. Peter's

Margaret (Peggy) Parker  
Virginia Theological Seminary & Parishioner

#### Mar. 23 The Mind of the Spirit At St. Mary's

The Rev. Dr. Walter Eversley  
St. Michael & All Angels, Baltimore

#### Mar. 30 The Life to Come At St. John's

The Rev. Martin Smith  
St. Colomba's, Washington, D.C.

## Wednesdays in Lent

**Holy Eucharist at 6:30 a.m.**

### St. Mary's Men's Group

Dates: Feb. 24, Mar. 3, 10, 17, 24

Time: 7:00 – 8:00 a.m.

Participants are encouraged to attend the 6:30 a.m. morning Eucharist; and then, gather for study and conversation. For more info contact Chris Eimas at [Chris.Eimas@yahoo.com](mailto:Chris.Eimas@yahoo.com).

The Rev. Timothy J. Malone

## Wednesdays in Lent

### Lenten Study Group

Dates: Feb. 24, Mar. 3, 10, 17, 24

Time: 7:00 - 7:45 a.m.

Gather after the 6:30 a.m. Eucharist for a Lenten study centered on the book "The Challenge of Easter,"

The Rev. Andrew T.P. Merrow

## Thursdays in Lent

**Healing & Holy Eucharist at 11:00 a.m.**

## Fridays in Lent

### Study of Paul's Letter to the Philippians

Dates: Feb. 19, 26, March 5, 12, 19, 26

Time: 9:30-10:45 a.m.

Participants are encouraged to attend the 11:00 a.m. Eucharist following this study led by The Rev. Dick Busch.

### Stations of the Cross in the Nave

Dates: February 19, 26, March 5, 12, 19, 26

Time: 7:00 p.m.

A half-hour service of meditations and prayers using visual images of Jesus' Passion.

## Saturdays in Lent

### Lenten Quiet Morning with Holy Eucharist

Date: March 6 – in the Chapel

Time: 9:00 a.m. – 12 noon

### Silent Retreat at Richmond Hill - Richmond, VA

Date: March 12 – March 13

Time: Departs 5 p.m. & Returns 5 p.m. next day

There are limited spaces for this retreat. Contact Mary Beth Emerson if you are interested.

### Repair & Clean Up Day - Contact Jane Shafran

Date: March 13

Time: 9:00 a.m. – 12 noon

## SCHEDULE FOR HOLY WEEK

### PALM SUNDAY, March 28

Eucharist: 7:30, 9:00\*, 11:15\* a.m., 5:00 p.m.

Dramatic reading of the Passion by Youth Group members for Children's Chapel: 9:00 & 11:15 a.m.

Sung Compline 9:00 p.m.

### Monday, March 29

Holy Eucharist 6:30 a.m.

Tenebrae 8:00 p.m.

### Tuesday, March 30

Holy Eucharist 6:30 a.m.

Holy Eucharist 12 noon

Tenebrae 8:00 p.m.

### Wednesday, March 31

Holy Eucharist 6:30 a.m.

Tenebrae 8:00 p.m.

### MAUNDY THURSDAY, April 1

Holy Eucharist 11:00 a.m.

Children's Liturgy 5:45 p.m.

Holy Eucharist\* 7:30 p.m.

Vigil 9:00 p.m. – 6:30 a.m.

### GOOD FRIDAY, April 2

Proper Liturgy 6:30 a.m.

The 3 Holy Hours\* 12 noon – 3:00 p.m.

Children's Liturgy 5:45 p.m.

Proper Liturgy 7:30 p.m.

### HOLY SATURDAY, April 3

Proper Liturgy 9:30 a.m.

Communion Prep Class 10:00 a.m.

### EASTER SUNDAY, April 4

Easter Vigil 5:30 a.m.

Holy Eucharist\* 9:00 & 11:15 a.m.

\*Child care provided.

## Suggested Lenten Disciplines

Join millions worldwide this Lent in praying the Daily Office online. It is a way to incorporate Morning or Evening Prayer into your daily life. You will find that regular use will, in no small measure, shape your day. Try:

[www.dailyoffice.org](http://www.dailyoffice.org)

or

[www.missionstclare.com](http://www.missionstclare.com)

There are multiple links to prayer blogs, sites to help you in prayer and meditation, sites for other Prayer Book translations and more. Although at first it may feel like you and computer, it becomes quickly evident that you're praying in concert with millions.

You may also wish to pray with the regional 20s & 30s blog at:

[www.triviumarlington.blogspot.com](http://www.triviumarlington.blogspot.com)

This blog includes reflections on the gospels for Sundays and Feast Days.

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## ST. MARY'S EPISCOPAL CHURCH

February – April, 2010

# LENTEN OFFERINGS



This brochure outlines the Sunday Adult Forums classes, events and services that are available during Lent. Give prayerful consideration to participating in at least one of the offerings as a Lenten discipline. Remember, Lent is a season in which we can take on a discipline as well as relinquish something. The normal weekday service schedule will continue throughout the Lenten season.

Confession is available by appointment with a member of the clergy.