



## Helping Children through Parental Separation and Divorce

**A Seminar for Separated/Divorced Parents, School and Parish Personnel**

Presented by  
Lynn Kapusinski, President and Founder  
The Faith Journeys Foundation, Inc.

Sponsored By  
Our Lady of Perpetual Help Roman Catholic Church

**Tuesday, January 19, 2010: 7:00 pm - 8:30 pm**

This free seminar will provide an “inside look” at the world of children whose parents have separated or divorced. Whether the break-up is recent or years old, children need ongoing support to work through this family change. *Please Join Us!* for some information, ideas, and coping strategies to help them adjust and grow stronger. **Childcare will be provided!**

- Common Reactions of Elementary and Middle School Children to Parental Separation/Divorce
- Their Needs in Working through this Loss
- Effective Interventions
- Indicators Suggesting a Need for Professional Help
- Saturday, February 20 Day Retreat for Grades 3-8 at Our Lady of Perpetual Help Church

**Location:** Gym/Multi-Purpose Room of Parish Center at Our Lady of Perpetual Help Church  
4795 Ilchester Road, Ellicott City, MD  
**Childcare will be provided!**

**For more information:** If you have any questions, feel free to contact Judy Gruel at (410) 747-0131 or [JGruel@archbalt.org](mailto:JGruel@archbalt.org) . You may also contact the presenter, Lynn Kapusinski, at (410) 744-0305 or [FJourneys@aol.com](mailto:FJourneys@aol.com)