

FAQ's ~ Treasures Bible Study (THL)

Is THL Bible Study appropriate for a small group?

THL is written in a format that works well for small and large groups. It is very adaptable and will work great for whatever size group you have.

Does THL Bible Study take a lot of preparation for the Bible Study leader?

THL Bible study will take more preparation in the beginning as you will need to prepare yourself through prayer and study. But Annette has done a great job mapping out your journey through the bible study to give you all the tools that you need to make your study a great success. She gives you wonderful step by step instructions to help you each week. As you work through the study, your group will hopefully begin to catch the vision and excitement of how much God loves us and cares about our health. That was one of my favorite parts of the study. As our study progressed, I couldn't wait each week to be able to come and hear the testimonies from our group at how God was doing such amazing things in their journey to better health.

How can I motivate people to come to the THL bible study?

First of all, pray. Then pray some more. DHL will also be praying for you as you begin your study. Then just be creative. A big key is the food. Most people love coming to things where food is involved. THL bible study allows everyone to sample food that goes along with that week's lesson. It can also be a great place to share new recipes and try things that you may not have tried before.

If you are doing the study at your church, make fun little videos to show during the announcements. Make fun food samples to have at your sign-up table. Start a Facebook page. You can post reminders, words of encouragement, etc.

What if I am not an experienced cook, can I still lead a THL Bible study?

Yes! Each week there is a snack recommendation to go along with the lesson. The recipes are found in the THL cookbook and are very easy to follow and prepare. As you get further into the study, you can let others in your group volunteer to prepare and bring the snack for that week.

I would really like to lead a THL bible study but I am not very good a public speaker.

That is one of the great things about the THL bible study is the wonderfully made videos. Leave the teaching to Annette. She has done an excellent job with the videos and there are hand outs for each lesson that are found in the leader's book.

Do I have to be an RN, Dietician or medical professional to lead this study?

No, this study is designed for anyone with or without prior medical knowledge to lead it. This is more about understanding God's design than it is about medical terminology.