FAQ for Participants for the Treasures Bible Study

Is there a discount if our church wants to do this study?

Yes, by calling our office a church or large group can get a 30-40% discount on orders starting at 20 books. The 20 books can be a combination of any of the 3 books.

What will I learn?

This study covers it all – from food and nutrition to understanding how your body was designed by god and how His foods deliver the best health, plus the other aspects of healthy living including forgiveness, stress, exercise, and scripture memory. Each one of these areas will be covered and will bring your health in alignment with God's design.

Will I have to change what I eat?

Change happens as we learn what is best for us. If you are already eating GOOD foods God designed then this will be confirmation of those choices. If you are eating mostly processed foods then you will be delighted to discover other foods that will make your body excited with energy.

Does God have a plan for modern day health in His Word?

Yes, His Word is true today as it was yesterday and even back 2000 years ago. Our foods have changed but His blessing is still the same. As we seek to know Him the foods He designed will bring healing.

I have been suffering with this health issue(s) for many years, how could what I learn in this study help me now?

Our body was designed to heal – even today. It does not matter how long a disease or issue has been happening, God's foods and His Word can make you feel better. Did you know our stomach lining is renewed every 3 days, our brain has new cells every 30 days, and there isn't a cell in your body more than 7 years old. So yes – God is still in the business of healing and His foods are the perfect start.

Do I need all three books to do this study? *Treasures of Healthy Living Bible Study, Treasures of Health Nutrition Manual* and the *Healthy Treasures Cookbook*

Yes – this study is built on all three. The Bible study is the most important and can stand alone but you are going to feel like something is missing if you don't have the other books to go along with the study.