

## **2019 NAPLES, FL VIBRATION THERAPY CLASS ITINERARY**

**(Bring this paper with you in the car; you might need it along the way)**

**LOCATION:** Courtyard by Marriott 3250 Tamiami Trail North Naples, FL 34103

**HOTEL PHONE:** 239-434-8700 (For directions and reservations).

**DATE / TIME:** June 30, 2019, a Sunday. 7:30AM – 8PM w/breaks and 30-min. lunch.

**SEMINAR DIRECTOR'S Cell: (Diana): 561-846-9717 E-mail: ceu@somtherapy.com**

### **WHAT TO BRING:**

1. MASSAGE TABLES (**Leave in car. Pair-up later & one LMT brings in table**).
2. ACCESSORIES: Linens to cover table/partner. Solid pillows/supports (no fluff) – used to support heavy, large person when side-lying and supine. **Each Person brings in 4 LARGE /THICK bath towels and a hand towel to work with.**
3. Workbooks and pens provided. **NO laptops, tablets, or cell phones in class.**
4. **BYO-SNACKS & LUNCH** – to be eaten outside of classroom (lobby, etc.).
5. Bring a sweater in the event the air conditioning becomes too cool.
6. WHAT TO WEAR: **Uniform top, medical preferred. Respectable, professional attire.** For bodywork time, loose-fitting cloths for freedom to move and easily apply therapy - important to have loose waistband. Bring bathing suit if you wish. LADIES: please wear or bring a sports bra or bathing suit top.
7. Always appreciated by those with ALLERGIES -- avoid using and wearing scented products: lotions, perfumes, and scented deodorants.

**Seminar begins at 7:30 AM. PLEASE DO NOT ARRIVE PRIOR TO 7:30AM. This allows us to set up without interruption. ARRIVE ON TIME AND DO NOT LEAVE EARLY TO AVOID FORFEITING A PORTION OF CE CREDITS.**

General Overview of Day: Within reason, our plans are to have an interactive PowerPoint lecture and some short videos on the broad effects of vibration, hands-on demonstrations, attendees partnering to perform vibration application with hands and vibration machines.