

The 1971-72 school year will be your baseball coaches association's fourth year. Our membership has continued to grow. This past year we had 269 members which is an increase over last year of 55 members. Thank you.

MEMBERSHIP RENEWAL TIME: Now is the time to renew your 1971-72 membership to the Iowa High School Baseball Coaches Association. Dues are still the same — \$5.00 for the Head Coach and \$3.00 for the Assistant Coach, College Coach, Fans, Umpires. We hope you will renew and help promote baseball at the High School level. Please send in your check today! A large membership is essential if the Association is to carry on the work that it has set out to do.

BENTON COMMUNITY SUMMER CHAMPS: Congratulations to Coach Harry Robbins and his Benton Community Team for winning the State Summer Tournament. Congratulations to all the teams that made it into the State series. Coach Robbins will be on our Clinic staff as a guest speaker in March.

CONFERENCE STANDINGS: If you belong to a baseball conference, put the results of your conference standings on a sheet of paper and send it in. I would like to compile the results of the Conferences throughout the state and send them out to the membership and news media. List your conference schools and record of each team. If you are independent, send in the final result of your school's record.

We have not heard from the following conferences:

Benton County, Central Iowa, Eastern Iowa Hawkeye, Metro Des Moines, Iowa River Valley, Mid Iowa, Midwest Summer Baseball, North Central, Sioux Valley, WaMac, Wapsie, South East Seven, North Iowa Cedar, Omaha-Council Bluffs Metro, Corner, Big Marsh, North Iowa Cedar League, Ta Ma Ja, Des Moines River, South Central, State Line, Quad City, Twin Lakes, Hawkeye 7, and Tri City Conferences.

MEMBERSHIP DRIVE: Our drive for new membership will come in October when the new I.H.S.A.A. Directory comes out. Get your assistant or a new member to join. You can have fans — Umpires — or anyone who is interested in High School Baseball to join. We need your help on this membership drive. The goal this year is 300 members.

CLINIC: Preparation for the 1972 clinic is underway. Committees are meeting and getting organized for another tremendous clinic. A new concept will be tried this year, hoping to improve the clinic. More about this will come out as the school year progresses. A questionnaire is enclosed. I would appreciate you taking your time to complete it. Please return to Harold Primrose, 3456 Dalewood Avenue S.E., Cedar Rapids, Iowa 52403.

BOARD MEETING: The next board meeting will take place October 16, 1971 in Iowa City at 10:00 a.m. in the Fieldhouse. Coach Duane Banks will be host. If you are planning to attend this board meeting, contact Coach Banks so he can have an accurate count.

MAP OF FIVE DISTRICTS: A map of the five districts and listing of your District Representatives are enclosed. Officers are listed at the bottom of the map. If you have something to be brought up at the board meeting in October, contact your district representative.

PETITION OUT OF YOUR DISTRICT: Any school whose baseball schedule is played in a district other than the one he is in may petition to be in the district in which his schedule is played. We have several schools that have asked to be changed. They are Williamsburg from Southeast to Northeast; Perry from Central District to Southwest District; Indianola from Southwest District to the Central District.

If you are in this type of situation where you feel your ball players were over looked because of this, be sure to contact your district representative or the Executive Secretary so we can act upon it during our board meeting in October.

TARP FOR STATE MEET SAVES MEET FOR 2,500 FANS: Thanks to Duane Banks and Bump Elliott for the use of the University of Iowa tarp. The Coaches Association is thankful for the loaning of the huge baseball tarp that covers the entire field.

It was put to excellent use three times during the tournament. Two games July 29 wouldn't have been played had it not been for the tarp that successfully kept the infield dry during the rain that lasted for more than an hour before game time. There were 2,500 fans in the stands waiting for the game to start.

The Coaches Association went on record in 1969 for the I.H.S.A.A. to purchase or rent a tarp for the state tournaments. A good example of a case for one was shown during our spring tournament and also summer tournament.

STATE TOURNAMENT: The state tournament drew over 11,000 fans for the four days. This would be a record attendance for the four day meet. I hope this is an indication of one of our association goals to improve interest in Iowa High School Baseball.

TOURNAMENT WINNERS: We have word that the Pekin Panthers were the winners of their tournament. They plan on having another tournament again next year. Fort Madison Sophomores won the Third Annual Gray up Invitational Tournament at Burlington by Defeating twice Champion Burlington. Saydel Invitational held July 2-3-4 was won by Saydel. Second place went to Nevada; third place to Adel, and fourth place to South East Polk. Coach Lou Yacinich of Saydel said because of the great interest the tournament will be held next year.

JOHN SAIN'S THEORY ON THROWING AT CONCRETE: Veteran pitching coach Johnny Sain, at one time a standout hurler with the Boston Braves, has come up with an idea to help a pitcher to get his arm in condition. Sain had Chicago White Sox pitchers throw at a three-foot square block of concrete during spring training this year. The block is placed on a two by four frame so that it can be moved to various angles.

Several objectives can be accomplished by proper use of the concrete block, Sain claims. He said its primary use would be to help condition a pitcher's arm, a method that can be done at home before a team heads to spring training.

Sain points out that a pitcher can do his training without the help of a catcher with the block. He also feels that throwing at a concrete block is more valuable than for a pitcher to work in a "pepper game."

The idea is for the pitcher to throw hard enough at the block so that the baseball will bounce back to him. Sain points out that in a pepper game a pitcher usually lobs the ball to the batter.

Sain said that by having to put more zip into the pitch, the pitcher can strengthen his arm muscles quicker.

The pitching coach also feels the block is helpful to a hurler working on his control. Sain feels a pitcher will concentrate more with the concrete method because it would be embarrassing for the hurler to miss the block and thus have to retrieve the ball himself.

Sain feels that a concrete block in a backyard would also be helpful to prospective high school pitchers.

He points out that infielders could practice scooping up grounders and improve throwing accuracy on their own with the use of a concrete block.

Sain has used the concrete block method for many years and during his career as a pitching coach with the New York Yankees, Detroit and Minnesota, he never failed to develop a 20-game winner.

FUTURE CLINIC SUGGESTIONS:

1. What type of exhibits are most helpful to you?
 - a/
 - b/
 - c/

2. List topics you would like to have discussed:
 - a/
 - b/
 - c/
 - d/

3. Please list speakers that you would like to hear; ones you feel would make a valuable contribution to our Iowa High School Baseball program.
 - a/

4. List suggestions that you would like to see in the newsletter.
 - a/
 - b/
 - c/

5. What were the Highlights of newsletter and Clinic?
 - a/
 - b/
 - c/

6. What are the weak points of the newsletter and Clinic?
 - a/
 - b/

7. How would you improve future Clinics and newsletters?
 - a/
 - b/

8. Our membership is increasing and is vital to a growing organization. Please state ways we might encourage more baseball coaches throughout the state to join the best Association in Iowa.

Please return the questionnaire to: Harold Primrose, Executive Secretary, 3456 Dalewood Avenue S.E., Cedar Rapids, Iowa 52403.

**IOWA HIGH SCHOOL BASEBALL COACHES ASSOCIATION
EVALUATION OF CLINIC AND ORGANIZATION**

A. In order to help improve future clinics and the organization, please rate this past year's program on the points listed:

CLINIC

GOOD FAIR POOR

1. Location of Clinic
2. Selection of Topics
3. Quality of Speakers
4. Time Schedule
5. Date of Clinic
6. Time of Clinic
7. Exhibits

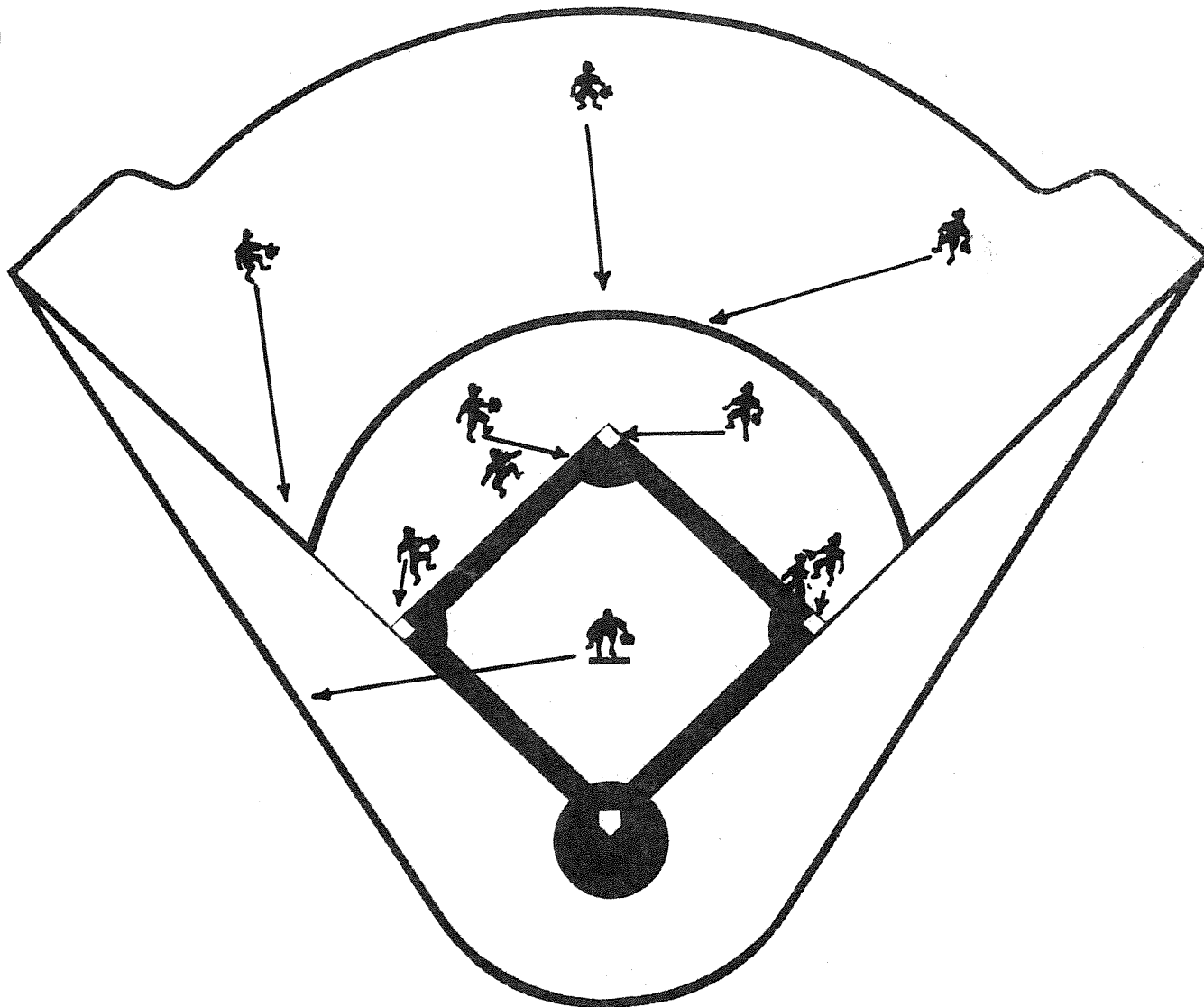
NEWSLETTER

GOOD FAIR POOR CONTINUE DROP

1. Information
2. Diagrams
3. Special Articles
4. New Ideas
5. Promotions
6. All District Teams
7. Hall of Fame
8. District Coach of Year
9. State Coach of Year
10. Style of Print
11. Salary Comparisons
12. Umpire Fees
13. Conference Standings
14. Team Records
15. Coachs' Years of Experience
16. Outstanding Prospects
17. Tournament Sites
18. Communications
19. Others

THE RUN-DOWN PLAY

SITUATION #2



Men on 1st and 2nd.
Man on 2nd is picked off.

Pitcher:
Back up 3rd base.

Catcher:
Cover Home plate.

1st Baseman:
Cover 1st base.

2nd Baseman:
Cover 2nd base, with the
possibility of being run-
down man and tagger.

Shortstop:
Cover 2nd base and be the
tag man.

3rd Baseman:
Cover 3rd base and be the
run-down man.

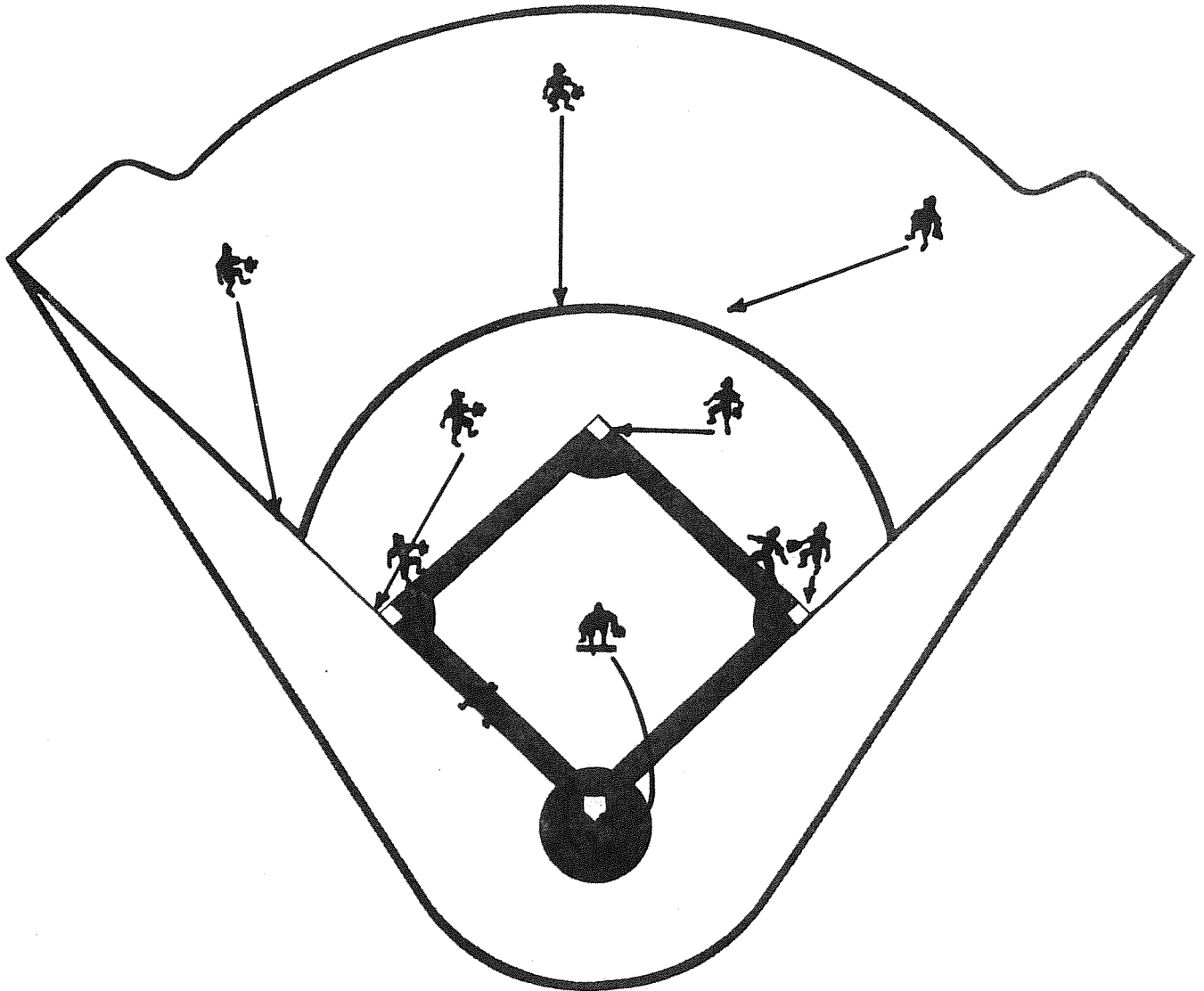
Right Fielder:
Back up 2nd base.

Center Fielder:
Back up 2nd base.

Left Fielder:
Move into area behind
3rd to back up.

THE RUN-DOWN PLAY

SITUATION #3



Men on 1st and 3rd.
Man on 3rd is picked off.

Pitcher:
Cover Home plate and back up catcher.

Catcher:
Cover Home plate and be the run-down man.

1st Baseman:
Cover 1st base to keep runner there from advancing.

2nd Baseman:
Cover 2nd base to keep runner on 1st from advancing.

Shortstop:
Back up 3rd baseman.

3rd Baseman:
Cover 3rd base and be the tag man.

Right Fielder:
Move in to help back up 2nd base.

Center Fielder:
Move in to back up 2nd base.

Left Fielder:
Move in behind 3rd to help back up.