

Sophomore Checklist

FALL

- _____ Study and make good grades all year. Keep up your grade point average (GPA) to allow you the most options for colleges/technical colleges or the work force.
- _____ Become familiar with terms and abbreviations that you will be exposed to during high school to ensure you understand them. Examples are ACT, PSAT, skilled or professional pathways, CFWV, FAFSA, etc.
- _____ Take the ACT PLAN exam and do your best. This test will help you better understand your academic strengths and weaknesses and explore possible career interests.
- _____ Participate in a tour of the school's major pathways and facilities arranged by the guidance office and CTE staff. Think about the areas that interest you and discuss with parents/family.
- _____ Register for an account at cfwv.com to research colleges and careers, create resumes, and complete interest inventories.
- _____ Explore your options and start learning about training programs, colleges, and the military. Talk to friends and family about college and/or work options after high school.
- _____ Join and participate in a club or organization (including sports) sponsored by your school or community. It's great experience and looks good on college and job applications.
- _____ Review your ACT PLAN results with a school counselor to understand how to read the results data. Share your results with someone at home.
- _____ Make an appointment with the counselor to complete your 5 Year Plan. This plan will include planning courses required for graduation, selecting a major, and tentatively planning for college/training beyond high school.

SPRING

- _____ Continue to keep your grades up. Good grades ensure the most opportunities during high school and beyond!
- _____ Download a WV Driver Licensing Handbook (<http://www.dmv.org/wv-west-virginia/driver-handbook.php>). With parent/family input, consider obtaining a driver's license. Having a driver's license will provide legal identification

and open options for work and college/training after high school. If your parents do not approve of a driver's license, revisit this discussion next year.

- _____ Check with your school counselor about summer programs and/or camps in sports, arts, and academics.
- _____ Consider applying for summer jobs and/or volunteering in the community. Work experience can be beneficial when applying for college or future jobs. Write a resume, if you plan to look for summer employment.
- _____ Review your 11th grade schedule to ensure it reflects the courses you outlined in your 5 Year Plan. Discuss any changes/concerns you may have and ask about possible new course offerings.

Your half way there!