August 2018

Vol. 19 Issue 8

R IDGEVILLE **C** HRONICLE

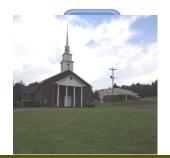




The mission of the Church of Jesus Christ is to lead unbelievers and to equip believers to an everlasting commitment to Jesus Christ. This mission will be accomplished through Biblical foundational preaching and teachings, promoting charity and Christian Fellowship to its members and community through love and unity.

Ridgeville Baptist Church P. O. Box 394 Inman, S. C. 29349 Phone: 864.578.0699 Fax: 864.578.0699 Website:

www.ridgevillebaptist.org



"The 23rd Psalm" Part 4

By Pastor Amos L. Durham

How does our Good Shepherd provide for us? David paints a picture of abundant life. First:

He makes me lie down in green pastures. He leads me beside still waters. (Psalms 23:2)

When sheep lie down, it is because they are safe and satisfied.

It is almost impossible for them to be made to lie down unless four requirements are met. (1) Owing to their nervousness, they refuse to lie down unless they are free of all fear. (2) Because of their social behavior within a flock, sheep will not lie down unless they are free from friction with of others of their kind. (3) If tormented by flies or fleas, sheep will not lie down. Only when free of these pests can they relax. Lastly, (4) sheep will not lie down as long as they feel in need of finding food. They must be free from hunger.

So, lying down implies that sheep are free from fear, friction, flies, and hunger. Their shepherd cares for them physically, medically, socially, and emotionally.

Finding green pastures where sheep can prosper like this is easier said than done. The land in Israel is a "dry, rocky set of rolling hills covered with sparse and tough grass." The only time the pastures are truly green like this is in the late winter and spring. When summer comes, the grass withers and the fields turn brown in the heat. So this is a picture of springtime. The still waters are wells and springs where the sheep can drink without being rushed or swept away by the strong current.

Our Good Shepherd cares for us like this. He provides for our physical needs, and He taught us to pray, "Give us this day our daily bread" (Matthew 6: 11). God knows what we need, and He has committed Himself to provide for us. Even more, He satisfies our souls and meets our deepest needs. Jesus said, "I came that they may have life and have it abundantly" (John 10: 10). He feeds us with the bread of Heaven. Jesus said, "I am the bread of life; whoever comes to me shall not hunger, and whoever believes in me shall never thirst" (John 6:35). Our Shepherd also said, Come to me, all who labor and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light. (Matthew 11:28-30)

To be continued...

August Birthdays

1 Jean Mills 11 Alvin Carson 18 Zetha Cannon 26 Darrell McIntyre 30 Latisha Blackley

3 Kennedy Foster 12 Amos Pitts 23 Rolanda Moore 27Ny'Asia Brown 31 Roger Mooney

7 Ashley Littlejohn 12 Brock Foster 24 Brandi Jackson 27 Wesley Jones

10 Reginald Frye 15 Chandra Jackson 25 Dequan Boyd 29 Ken Foster

Sterling & Pat Miller August 7 14 years



Brock & Jessica Foster August 29 3 years





Chris & Rolanda Moore August 19 12 years



Bobby & Vanessa Foster

August 23 33 years

Remember in Prayer List

Name Joanne Briggs Zetha Cannon

Address 875 Midnight Rd. Inman, SC 29349 616 Preston Landing Circle Lithia Springs, Ga. 30122 Phone 864.384.2777 678.324.8985

Roberta Clark Venora Copeland Lois Davis Clyde Foster Sr. Louise Foster	302 Cates Dr. Inman, SC 29349 Magnolia Manor 63 Blackstock Rd, Inman, SC 29349 White Oak Manor 295 E. Pearl St. Spartanburg, SC 29305 Wesley Court 916 Wesley Ct. Boiling Springs, SC 29316 222 Hunters Pointe Dr. Spartanburg, SC 29303	864.592.3027 864.472.9055 864.573.9107 864.814.2773
Mary F. Foster	5271 Hwy 11 Inman, SC 29349	864.592.1070
Mary Osby	630 Foster Grove Rd. Chesnee, SC 29323	864.599.5457
Mamie Smith Tabitha Wallace	410 Sibley St. Una, SC 29378 405 Slate Dr. Boiling Springs, SC 29316	864.490.1756

ENCOURAGE THEM THROUGH YOUR PRAYERS, CARDS, CALLS & VISITS When it is desired for the names to be removed from our prayer list, please contact Sis. Janice Durham.

Bible Word Search

July answer: Raise up O God, judge the earth. Psalm 82:8 Answers in next issue



MORE PUZZLES AT:

http://biblewordgames.com copyright 2017 All rights reserved

Medical News: What is Cholesterol?

- Cholesterol is a chemical compound that is naturally produced by the body and is structurally a combination of fat (lipid) and steroid.
- Cholesterol is a building block for cell membranes and for hormones like estrogen and testosterone.
- About 80% of the body's cholesterol is produced by the liver, while the rest comes from our diet.
- The main sources of dietary cholesterol are meat, poultry, fish, and dairy products. Organ meats, such as liver, are especially high in cholesterol content, while foods of plant origin contain no cholesterol.
- After a meal, dietary cholesterol is absorbed from the intestine and stored in the liver.
- The liver is able to regulate cholesterol levels in the bloodstream and can secrete cholesterol if it is needed by the body.

What are "normal" cholesterol blood levels?

There are no established "normal" blood levels for total and LDL cholesterol. In most other blood tests in medicine, normal ranges can be set by taking measurements from large number of healthy subjects. The normal range of LDL cholesterol among "healthy" adults (adults with no known coronary heart disease) in the United States may be too high. The atherosclerosis process may be quietly progressing in many healthy children and adults with average LDL cholesterol blood levels, putting them at risk of developing coronary heart disease in the future. *www.medicine.net*

August 2018

August 5 3:00 pm St. Luke Baptist Church, Buffalo, SC – Annual Church Anniversary Service - Pastor Durham, guest preacher -The Sanctuary Choir will render the music.

August 12 10:00 am RBC Annual Homecoming Service – Lunch will be served.

August 13-15 7:00 pm nightly RBC Annual Revival services – Rev. Stacey Mills, pastor of Mountain View Baptist Church, Greenville, SC will be the guest revivalist.

August 28 7:00 pm Island Creek Baptist Church, Cowpens, SC – Annual Revival Services – Pastor Durham, guest preacher – Sanctuary Choir will render the music.

Worship Services

9:15 a.m.	Sunday School/ Dea. M. Spencer
10:00 a.m.	Worship/Children's Church
7:00 p.m .	Mid-week service/Rev. Durham

Worship Assignments

August 5	Deacons' Ministry Holy Communion Sanctuary Choir Senior Ushers Children's Church
August 12	Sanctuary Choir Junior Ushers Children's Church
August 19	Praise Team Senior Ushers
August 26	All Male Choir Junior Ushers Children's Church