# September 2018

Vol. 19 Issue 9





"The 23<sup>rd</sup> Psalm"- Part 5
By Pastor Amos L. Durham

David continues this picture of abundant life: "He restores my soul" (Psalm 23 v. 3). The sense of the word "restore" is to return or to bring back. As a Shepherd, Jesus brings his sheep back to God. This is another way of describing the ministry of the risen Christ in Psalm 22:27 where the same verb is used for those who return to the Lord.

All the ends of the earth shall remember and turn to the LORD, and all the families of the nations shall worship before you.

One of the most beautiful descriptions of Jesus' shepherding work to restore his people is found in the Gospel of Luke, where we read Jesus' Parable of the Lost Sheep.

What man of you, having a hundred sheep, if he has lost one of them, does not leave the ninety-nine in the open country, and go after the one that is lost, until he finds it? And when he has found it, he lays it on his shoulders, rejoicing. And when he comes home, he calls together his friends and his neighbors, saying to them, "Rejoice with me, for I have found my sheep that was lost." Just so, I tell you, there will be more joy in heaven over one sinner who repents than over ninety-nine righteous persons who need no repentance. (Luke 15:4-7)

Has the Good Shepherd found you? Can you say, "He restores my soul" (Psalm 23 v. 3)? You may know in your heart that you have wandered far away. The good news is that you are not alone; someone is looking for you. And when Jesus finds his sheep, He leads them. They hear his voice and follow Him. David says, "He leads me in paths of righteousness for his name's sake" (v. 3).

The paths Jesus chooses for us are right in every sense of the word: we are righteous as we follow Him, God is righteous as He keeps his Word to us, and the road He leads us on is the best, most direct route from here to our heavenly home. And in this way He is glorified. God's reputation grows as his sheep follow Him. Since water and grass can be hard to find in the land of Israel, shepherds had to be ready to lead their flocks on long journeys from one pasture to another. The sheep would not understand why they left a good place to climb up and down ravines as they walked through the wilderness. The sheep don't know where they are going, but the shepherd does. He has good pasture in mind: green grass and still water. Not a single step of this journey is wasted. He leads them by straight paths.

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The mission of the Church of Jesus Christ is to lead unbelievers and to equip believers to an everlasting commitment to Jesus Christ. This mission will be accomplished through Biblical foundational preaching and teachings, promoting charity and Christian Fellowship to its members and community through love and unity.

#### Ridgeville Baptist Church

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# "The 23rd Psalm - Part 5"

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And so it is with our lives. We can look back and say, "Why couldn't we have stayed where we were? Why are you leading me here? I don't like this rough ground. I'm thirsty, and there is no water." And still our Shepherd leads on. He knows where He is going. He leads us in straight paths. We need to trust Him

To be continued...

### 3 Min. Cecilia McIntyre

6 L. J. Lyles Jr.

7 Elnora Anderson

9 Tyrone Toland

13 James Miller

20 Cidney Foster

22 Dawn Burgess

30 Mary Clark

### **September Birthdays**

4 Charlene Brown

6 James Twitty

7 Leon Burgess

10 Chase Dietz

15 R. Charles Jeter

20 Cathy Pilgrim

26 Mary Osby

5 Rev. Stanley Johnson

6 Alexandria Wallace

7 Samantha Spencer

12 Latrell Cates

19 Roberta Clark

20 Angie Spencer

28 Joanne Briggs

#### September Anniversaries



John & Malinda Briggs September 14 33 years



Bryon & Tamara Scurry September 15 6 years



Jerry & Cecelia Mcintyre September 16 46 years



Jassie & Deborah Bell September 17 18 years

Charles & Mamie Smith September 26 43 years



Adolphus & Katisha Hardy September 30 24 years

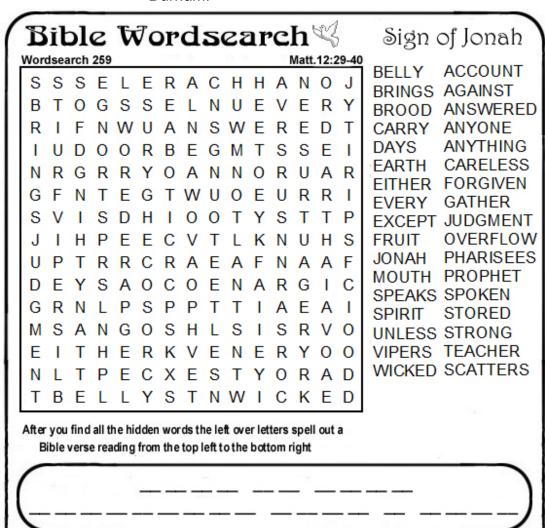
Remember in Prayer List

Name	Address	Phone
Joanne Briggs	875 Midnight Rd. Inman, SC 29349	864.384.2777
Zetha Cannon	616 Preston Landing Circle Lithia Springs, Ga. 30122	678.324.8985
Roberta Clark	302 Cates Dr. Inman, SC 29349	864.592.3027
Venora Copeland	Magnolia Manor 63 Blackstock Rd, Inman, SC 29349	864.472.9055
Lois Davis	White Oak Manor 295 E. Pearl St. Spartanburg, SC 29305	864.573.9107
Clyde Foster Sr.	Wesley Court 916 Wesley Ct. Boiling Springs, SC 29316	864.814.2773
Louise Foster	222 Hunters Pointe Dr. Spartanburg, SC 29303	
Mary F. Foster	5271 Hwy 11 Inman, SC 29349	864.502.1070
Mary Osby	630 Foster Grove Rd. Chesnee, SC 29323	864.599.5457
Mamie Smith	410 Sibley St. Una, SC 29378	
Tabitha Wallace	405 Slate Dr. Boiling Springs, SC 29316	864.490.1756

**ENCOURAGE THEM THROUGH YOUR PRAYERS, CARDS, CALLS & VISITS** 

When it is desired for the names to be removed from our prayer list, please contact Sis. Janice Durham.

### Word Search



Answers from August Word

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**Search:** Deliver us and forgive our sins. Psalms 79:9 NIV

# Medical News: What is Sleep?

### What is sleep?

Physiologically, sleep is a complex process of restoration and renewal for the body. Scientists still do not have a definitive explanation for why humans have a need for sleep. We do know that sleep is not a passive process or "switching off" of body functions; sleep is believed to be important in many physiologic processes including the processing of experiences and the consolidation of memories. It is also clear that sleep is essential, not only for humans but for almost all animals.

The importance of sleep is underscored by the symptoms experienced by those suffering from sleep problems. People suffering from sleep disorders do not get adequate or restorative sleep, and sleep deprivation is associated with a number of both physical and emotional disturbances.

#### What causes the body to sleep?

Sleep is influenced by the circadian rhythms (regular body changes in mental and physical characteristics that occur in the course of about 24 hours). These are controlled by brain neurons that respond to light, temperature and hormones and other signals and comprise the body's biological clock. This clock helps regulate the "normal" awake and sleep cycles. Disruption of these cycles can make people sleepy, or somnolent, at times people want to be awake. For example, travelers experience "jet lag" when they cross time zones. When a New Yorker arrives in Paris at midnight Paris time, his or her body continues to operate (their biological clock) on New York time. It may take several days to reset a person's biologic clock, depending on how much it has been altered by the time change. Different organ systems in the body recover at different rates.

There is evidence that some aspects of sleep are under genetic influence; a gene termed DEC2 is being investigated as causing people that possess it to require only about 6 hours of sleep. Researchers have only begun to examine the genetics involved in sleep. <a href="https://www.medicinenet.com">www.medicinenet.com</a>

# September 2018

September 9 10:00 am Pastor's Aide "Forty Pieces of Silver" Rally – All members are asked to bring forty coins: quarters, dimes, or nickels. For those that prefer, the green folding money is also accepted.

September 15 Brotherhood Fishing Trip – Menu is BBQ chicken on the grill, baked beans, and creamed corn.

September 16 3:00 pm Monks Grove Baptist Church 118<sup>th</sup> Church Anniversary and Mortgage Burning Service – Pastor Durham, guest preacher – The Sanctuary Choir will render the music. The Senior Ushers will serve. The choir and ushers are asked to wear black. Dinner will be served prior to the service.

# **Worship Services**

9:15 a.m. Sunday School/ Dea. M. Spencer

10:00 a.m. Worship/Children's Church

7:00 p.m. Mid-week service/Rev. S. Johnson

## **Worship Assignments**

September 2 Deacons' Ministry

Holy Communion
Sanctuary Choir
Senior Ushers

Children's Church

September 9 Sanctuary Choir

Junior Ushers Children's Church

September 16 Praise Team

Senior Ushers

September 23 All Male Choir

Junior Ushers Children's Church

September 30 Children's Choir

Senior Ushers