



**GREATER NORTHWEST  
SOCCER ASSOCIATION**

**Coaches/Parents Guide**

**Equipment for Soccer:**

Provided:  
Jersey, Shorts, Socks

Not Provided:  
Shin Guards, Shoes,  
Ball, Water Bottle

**Ball Sizes:**

U4-U8: Size 3  
U9-U12: Size 4  
U13+: Size 5

**Practice Fields:**

Cannon  
FairPlay  
Independence Park East  
Justin  
Lakeview  
Harmony Park

**Game Fields:**

Harmony Park  
Roanoke Soccer Complex  
Justin

**Contacts:**

Schedule: [GNWSA.com](http://GNWSA.com) - check it weekly

Equipment Questions: Coach first,  
then Commissioner

Coaching Concerns: Commissioner first,  
then Director of Coaching

Referee Concerns: Commissioner first,  
then Director of Referees

Field Concerns: Coach first, then Commissioner

Board: [GNWSA.com](http://GNWSA.com) Board page

### Expectations of Coach:

Attend Coaches Meetings and Coaches Training Sessions.

Lead Practice: 1 time per week (U4-U6), 1-2 times per week (U7+)

Communicate Schedule: 10 games per season, primarily on Saturdays with some Sundays and weeknights.

Teach Techniques and Skills: GNWSA to offer training to each coach

Be punctual

Develop Players. Develop the Team. Not just one or two All-Stars.

Ask for Help from Commissioner. Director of Coaches and Board - we are here to help.

Support our referees as they learn.

Respond to Surveys.

### Expectations of Parents:

Attend Parents Meetings.

Communicate with Coach if you will or will not be at practices and games.

Bring child in appropriate uniform (shin guards, socks, shoes, ball and water bottle) to each practice and game.

Be punctual

Practice with your child at home (that is where the development really takes off).

Ask questions.

Respond to Surveys.

Be enthusiastic but not negative to coaches and referees. These are all volunteers who spend countless hours each season.

Winning is not important. Player and Team Development is.

The reality is that most age divisions by U11-U12 are one team. Support the kids as they will eventually all be on the same team.

### Expectations of GNWSA:

Provide field space to practice.

Provide training for coaches.

Provide referees and field space for games.

Provide equipment for team: cones, balls, pinnies, goalie jerseys.

Communicate changes in schedule.

Ask questions of parents.

Provide tournament options for U7+ teams during off-season.