

BOMBHELL



ROUND 5

8th MAY

Please Like us on Facebook or follow us on Instagram for photos and game day information.



Miranda Australian Football Club



miranda_bombers

If you have any photos you would like to submit for the Bombers social media or Bombshell, please email them to bombshell@mirandabombers.org

ROUND 6 - SUNDAY 15th MAY

TEAM	TIME	OPPONENT	LOCATION
Auskick	8.00 am	Penshurst Panthers	Lincoln Oval
U8 Auskick	8.00 am	Penshurst Panthers	Lincoln Oval
U9 Black	9.15 am	Ramsgate Rams Blue	Lincoln Oval
U9 Red	9.15 am	Penshurst Panthers Green	Lincoln Oval
U10 Black	10.30 am	Miranda Bombers Red	Lincoln Oval
U10 Red	10.30 am	Miranda Bombers Black	Lincoln Oval
U11	10.00 am	Cronulla Sharks Navy	Gwawley Oval
U13	12.00 pm	Westbrook / Hornsby	Lincoln Oval
U15	3.30 pm	Heathcote Hawks	Heathcote Oval
U17	2.00 pm	Ramsgate Rams	Lincoln Oval

PLEASE NOTE: The draw is subject to change. Your team manager will confirm your game details each week.

50 GAMES - CONGRATULATIONS!

Josh Hollands, U15's

Nickname?

Dutchy.

What position do you play?

Half forward flank

When did you start playing AFL?

Back in primary school when I was in year 6

Who is your favourite team & player?

Essendon Bombers, David Zaharakis

Favourite thing to do other than AFL?

Surfing

Favourite food?

Bombers Barbie Marinated Chicken Burger

Your best AFL memory so far?

Running through my banner yesterday

Best footy advice you've been given?

Go in hard and give 100%



Liam Boghar, U17's



When did you start playing AFL?

First played for one year in 2009 in U10's and returned in 2014 in U15's

Who is your favourite team & player?

Geelong, Patrick Dangerfield

Favourite thing to do other than AFL?

Music, guitar

Use three words to describe winning last year's grand final?

Amazing, fun & exhilarating!

Your best AFL memory so far?

Winning the 2015 premiership in U17's

Best footy advice you've been given?

Arc up and go!

Nick Manchester, U17's

When did you start playing AFL?

2012

Who is your favourite team & player?

Sydney Swans, Buddy Franklin

Favourite thing to do other than AFL?

Play X-Box & surf

Your best AFL memory so far?

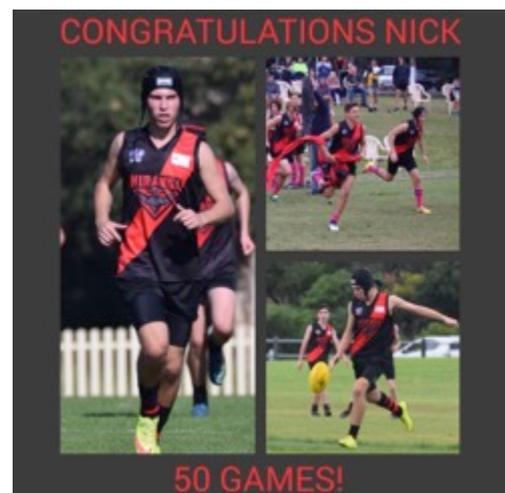
Running the whole field in front of everyone and scoring a cracker of a

Best footy advice you've been given?

If you get hit hard, go in harder

Best footy advice to give to your Bombers club mates?

Always push yourself



goal

Peter Karounis, U17's



When did you start playing AFL?

2007

Who is your favourite team & player?

Hawks

Favourite thing to do other than AFL?

Hang out with mates, watch sport, listen to music

Use three words to describe winning last year's grand final?

Amazing, relief, surreal!

Your best AFL memory so far?

Going into the 2011 grand final with my team at the time, Drummoyne Power, as the complete underdogs. We had not beaten this team all season (played like 3-4 times – and we put so much effort into training and completely dominated the GF. This was my first AFL premiership and I will never forget this moment, plus winning last year's GF – dominated all year and winning together with good mates.

Best footy advice you've been given?

"No one ever remembers the Grand Finals they lost in, so make sure you leave nothing behind!" Coach prior to the 2011 GF win

UMPIRE PROFILE

Kyla Tracey, Southern Power U18's Girls

When did you start playing AFL?

2013

Who is your favourite team & player?

Sydney Swans, Isaac Heeney

What made you decide to become an umpire?

To understand more about the game and rules.

Biggest challenge umpiring?

Just having confidence and making the right calls.

Best thing about umpiring?

Getting to run around with the kids and also getting paid to do something I love.

Favourite thing to do when you're not playing footy?

Skipping and gymnastics.

Best footy advice you've been given?

Winning isn't everything but wanting to win is.



Kyla doing a ball up at the SCG

SAVE THE DATE

Bombers Families

Keep this date free for a fun-filled parent social event for the whole Club to celebrate together.

SATURDAY 30TH JULY 2016

Information to follow shortly with team managers
Colleen Hooker, Social Secretary 2016

THANKYOU!



A huge thankyou to the Bombers families and friends in raising funds to support the Breast Cancer Network Australia and the McGrath Foundation on the weekend. Thankyou for, not only cheering on the kids, but for being so generous in support of breast cancer awareness.

AUSKICK

AUSKICK vs. Heathcote Hawks, Lincoln Oval

We enjoyed a fantastic morning of Auskick footy against Heathcote for our first home game of season 2016.

The U5/6 have been working on running with the football and trying to find a teammate and they did this with success on the weekend. There were plenty of smiles from our youngest club members which was great to see.

Good skills and plenty of fun from our U7 group. Well done boys!

It was another great team performance from The Bombers U8 Auskickers against Heathcote on the weekend. At our previous training session we practiced finding a teammate with our handballs and kick passes and this paid dividends during the game. We scored multiple times from uninterrupted plays out of our backline, down the wing and into our forward line... these really were 'complete' phases of play and were quite impressive coming from an U8 team. Well done to all the kids for their continued great efforts to listen and improve.

Weekly Award Winners:

U5/6 – William McLeod, Abbie Stansell

U7 – James McLeod, Luke Crossett

U8 – Jamie Curran, Cameron Cowles

U9 BLACK

U9 BLACK vs. Ramsgate Rams, Tonbridge Oval

U9 Black travelled to Ramsgate for this weeks game. The boys were a little flat in the first quarter which I put down to the earlier start of 8am and the excitement of Mothers Day. The boys soon found their rhythm and got busy around the ball. We are starting to see improved positional play from our defensive backs with lots of intercept marks being taken. It was great to see the boys setting up better around stoppages and looking to hit out to players/ advantage. Good supply into the forward line (and some marks being made) allowed our forwards to put through some great snaps and running goals. Well done boys.

U9 RED

U9 RED vs. Hawthorn Hawks, Lincoln Oval

The mighty Miranda bombers Red U9 played against the Heathcote Hawks at home on Sunday. Great to finally have a home game, nice atmosphere at the ground for Mothers day.

The level of effort from a defensive point of view was really good again, the boys put on a good display for their mums. From an attacking point of view, happy to see the development of handball, looking for team mates when in trouble. I was really happy with some switching of play in passages and looking for team mates down field with our kicking rather than just blazing away. Good effort.

Please see comments below.

Oli O' Mahony – great game from Oli again, he puts in each week and gets the rewards for his effort.

Alex Watson – good game from Alex. His kicking and handball is improving each week at training and he will develop into a great player.

Sammy Urquhart – we saw him use his pace to win the ball for his team, some selfless handball – a true rover.

Ash Dicker – great effort from Ash again – great competitor, some good passages of play throughout the game, as always.

Max Fallon – great to see max winning the ball and getting some kicks which is what it is all about.

Linc Roberts – good effort by Linc – in the packs fighting for the ball for his team mates and working on getting handballs out.

Dylan Harvey – Dylan was sick during the week but showed what a great team player he is by coming down to watch his team mates.

Darcy P – some great patches of linking up with Joe M through the centre and switching of play, kicking to targets, an important player in the team

Joe Murray – good effort, showed some good footwork to get away from opponents, good kicking to team mates, and ran to get involved in contests which was great to see

Cam Mernagh – another great display from Cam, almost took a screamer down in the backline, saved lots of goals with his aggressive style of defence

Will McClean – won a great free kick when tackled high amongst 4 or 5 hawks. He showed what he is capable of when he turns his mind to it.

Luke Cain – won some possessions in the packs and also showed what he is a capable of when he turns his mind to it.

Cave McKnight – had the ball on a string - suffered leather poisoning from touching the ball that often. Good to see Cave looking for team mates up field when he won the ball.

Charlie Marks – Bradford – well done Charlie, player of the week – did everything asked of him- great effort fighting for the ball trying to get handballs out to his mates.

Flynn Durante – great to have Flynn back – slotted straight in to be an important ball winner for the team, very happy with his unselfish play, lots of handballs to team mates after he did the hard yards, great player in the making.

I look forward to seeing everyone same time, same place (9.15am start time at Lincoln Oval) next Sunday against Penshurst Green who will be a tough opponent.

Lets get to training this Friday, train hard, focus on our skills, and come out and play a great game next Sunday boys.

U10 BLACK

U10 Black vs. Cronulla White, Lincoln Oval

For our first home game this year Bombers Black U10s played Cronulla White at home. Our U10s teams played one after the other and were able to share some players to match up against Cronulla for 12 a side matches. Ethan, Kai, Jayden and Beau from Bombers Red joined us for our game. They slotted in well and were very handy additions to the team.

The boys produced a very good consistent effort from start to finish, the game plan was followed the vast majority of the time and the boys fought on through some physical adversity. The opposition struggled a little with their interpretation of the modified tackle rule and a few of our boys copped some heavy and at times late tackles. Ryan and Jack were on the receiving end of a couple of the worst examples but battled on bravely. The team overall were not intimidated out of the contest and didn't resort to cheap shots in retaliation which was pleasing to see.

Aaron was solid again around the ground and was particularly good getting back as a loose player in defence to mop up misdirected opposition kicks. Hunter was good in the contests, particularly in the air. Jack did alot of good work especially off half back where he cut off alot of attacking raids. Ryan competed well all day forcing the ball forward under pressure often and setting up a number of good goals. Matty capitilised on some of those entries with a few good goals. Alex and Callum played well in support. Jasper and Billy tried hard and continue to learn the game. Billy produced an important tap on to advantage in a contested situation that was good to see.

In the end, despite the opposition being very competitive in general play our discipline and persistence saw us outplay them in what would have been a comfortable win on the score board. Our lessons to learn out of this match are; moving the ball quicker by taking the first good option, including kicking to dangerous space in the forwards if players are closely marked, and improved leading patterns in the forward line (repeat leads, not one lead to a stationary position). A very good effort from the boys!

U10 RED

U10 Red vs. Cronulla Navy, Lincoln Oval

We had a tough assignment against Cronulla Navy for our first home game of the year. After kicking the first goal of the game they dominated from then on, and we struggled a bit against the bigger bodies. It was good to see the boys thinking about some of the things we work on at training, such as kickouts, but we need to focus more on marking opponents more closely. I can't fault the effort from any of the boys so far, even though we haven't notched a win yet we haven't been belted, and have been in winning positions in most games. All I can say is keep your heads up and keep working hard and results will come. Numbers continue to pose a problem, and we borrowed Ryan, Jack, Hunter and Matty from U10 Black – thanks Mark and boys. It was hard to find standout players in a fairly even effort, but Jayden was energetic all day and took home the weekly Coaches award. When he improves the defensive part of his game he will be a very good player. Cooper and Beau continued to play well, and are very handy in defence. Scott had a good first half, and Ethan contested well, both of them were unlucky not to finish amongst the goals. Kai was solid again, and is having another consistent year. Harrison and Keiran persisted all day, and did some good work in the centre, both boys have a safe pair of hands. Charlie was busy around the packs as usual, and gave off many handballs. We welcomed Oliver for his first game and he showed he will be an asset when he is more familiar with the boys, he has good skills and contests well.

We have the local derby this weekend, looking forward to it. Go Bombers!

U11

U11 vs. Cronulla Titan, Lincoln Oval Cronulla Titan 7.5.47 defeated Miranda 4.1.25

Goals

Ethan (2), Lachie, Noah G (1 each)

After a patchy performance against Penshurst last week the U11s faced another big challenge taking on the top team Cronulla Titan. It was good, though, to be back at our home ground for the first time this season.

To threaten Cronulla it was always going to take a committed four quarter effort across the field. Captains for the day were James and Lachie and having won the toss we kicked down the hill in the first quarter. What we got from the first bounce was a very competitive Bomber effort. Oscar playing in the ruck was dominating the hit outs, using some set plays that we had worked on at training. Ethan was working well with Oscar to give us a good advantage at the clearances but we not getting full benefit for this work. Kye playing in the centre was everywhere in the quarter, running hard both ways with his defensive work a highlight. Theo as well was strong in the middle and Lachie was leading by example chasing hard. The first part of the quarter was an arm wrestle and our backline lead by Noah G and Blake was looking very solid. Ben and Aidan were as competitive as ever when the ball hit the ground. Liam was reading the play well at half back and providing a good contest in the air. Up forward Sam was presenting strongly at half forward and providing a great contest when the ball hit the ground, supported by James, as well leading by example with strong tackling, Evan, Noah H and Riley also providing good pressure to lock the ball in our forward line. Unfortunately later in the quarter Cronulla caught us on the break and went into quarter time a few goals up.

The second quarter was hard fought as well, we started with another great clearance by Theo that was well marked by James at half forward. Locking the ball in our hard work was eventually rewarded with a goal to Ethan who was providing his normal strong contested ball effort. Down back Blake produced the play of the day when he was caught out with 3 Cronulla opponents but managed to smother a kick that would have been a certain goal, then win the footy back on his own, this was a team inspiring effort. Unfortunately again we conceded a few goals in the quarter despite some great defensive work by Ben. Evan was providing a great contest up forward

and pushing up the ground. At halftime despite what was a very even contest we went into the break 3 goals down.

The challenge was put to the boys that the third quarter was their quarter and they had to capitalise on the pressure we were applying across the field. The boys responded magnificently and completely dominated the quarter playing our best footy for the year. A few positional changes worked well for us; Ethan moved into the forward line for a "rest" after competing tirelessly in the middle in the first half, Noah G moved into the middle with Theo going into the backline and Riley moved into the centre. Across the field the whole team lifted. Kye continued to compete ferociously in the centre to drive us forward. His combination with Ethan was particularly damaging with Kye delivering the ball well and Ethan providing a strong marking target. This included one of the best pack marks you could see in u11s to Ethan in the goal square which he duly converted for his second major of the day. Ethan's contested ball work and second and third efforts were an inspiration to his teammates in an outstanding quarter of football. Our centre line was dominating with Oscar still prevalent in the ruck and Lachie driving the ball forward. Lachie was rewarded with a well taken goal that was a result of great forward pressure by Sam and Noah H. Evan and Jonah were also providing plenty of forward pressure. Noah G also added a goal with a great finish from about 25m out. James and Riley were working really hard to lock the ball in our forward line and if it got past our centre line the backline was resolute. Theo, Ben, Aidan and Liam were playing in front and continually cutting off attacks. Blake remained a rock in the last line despite facing taller opponents and being outnumbered he continued to win contests.

Our 3 goals to no score for the quarter left us trailing by 3 points at 3 quarter time. Unfortunately the boys, despite no lack of commitment, couldn't get the job done in the last quarter with the effort to that point taking a toll and a few costly free kicks proved to be the difference. The boys fought it out to the final siren though and didn't drop their heads.

No win this week but a performance that we can all be proud of as parents and we played some of our best footy for the year with all 16 players giving their all with a great 4 quarter effort on the day. Our award winners for the day were Lachie and Oscar, both playing only their 5th game of footy. Lachie was everywhere in the game, tackling, running hard to present, winning contested footy and kicking a goal. Oscar dominated in the ruck and took a number of contested marks around the ground including a nice one handed effort in the last quarter.

Thanks again to all helpers on the day Andrew B and Harry for running, Paul as goal umpire and Virginie our medical officer. Also many thanks to the broader Miranda team for putting in a great effort for our first home game and the Mothers Day celebration.

U13

**U13 vs Manly Bombers, Lincoln Oval
Miranda 16.13.109 defeated Manly 0.0.0**

Goals

Duffield (5), Reichel, Cole, Parker, McKelleher (2 each), Rafin, Wilbers, DeRieve (1 each)

Our first week back in the Shya (I know...it's Shire) for footy after getting a geography lesson over the past 4 weeks was great. Whilst the clubhouse redevelopment is still coming along, the field looked great (thanks to the committee!), the BBQ smelt delicious and the Mothers Day / McGrath foundation celebrations were well underway.

The initiative for the U13's, U15's and U17's to wear the pink McGrath foundation socks was brilliant and certainly well embraced. The boys, coaching group and all of the support team looked very cool in pink (if I do say so myself) and have to say that they were super comfortable, and as they stayed on all day I was beginning to think that if there was any sign of DVT from the flight back from Singapore that it was well and truly covered.

Our defensive group came off very refreshed (based on the scoreboard) and could have easily played another game straight after... Luke, Peter, Jack, Ben, Hutch, Cain and Brady decided to set up deck chairs to watch the spectacle unfold and admire the team's new found confidence.

The midfield group worked very well together providing some great delivery into the forward line, encouraging them to lead into space (training seems to be working!) and putting constant pressure on the ball carrier. Harry P, Seb, Jasper (who rucked well), Harry S and Luke (gave us great drive forward with some very clean possessions), Elijah and Charlie created options both defensively and offensively.

The forward group were excellent and it was pleasing to see how they used the open space presented to us on a much larger field than the first few games. There was some great leading, marks, ground ball control and coupled with that great defence to lock the ball in. Harry G fought hard, Rory spent some time in the ruck as well as forward, Corey was charging up the ground again searching for the ball, Liam as mentioned above continues to improve, and Rhys, Jacob and Daniel showed that they are natural forwards with their marking and some nice set shots for goal.

Next week the boys play against Westbrook / Hornsby at home at 12pm so please aim to be there on time and ready to go to keep this momentum rolling!

See you then...Dean

U15

**U15 vs. Western Greyhounds, Lincoln Oval
Miranda 15.17.107 defeated Western Greyhounds 0.1.1**

Goals

**Josh Moors (4), Josh Brennan, Luke Kendrick, Tom Bramley (2 each),
Tim Manchester, Zac Fraser, Marko Bobosevic, Franky Crossie, Guy Lowy (1 each)**

Round 5 saw the mighty Under 15 Bombers up against Western Greyhounds at home. Coming off a very good game against the league leader the focus for the team as to continue that effort and keep the focus on playing good, hard footy. The scoreboard showed that the team won the game comprehensively and the most pleasing aspect was that once the team got on top of their opposition the challenge I gave them was to play out the game with our same effort and commitment through four quarters and I am pleased to say that the team did just that. There was good team work all game and the boys played some good footy.

The game saw it mark a milestone game for Dutchy. He achieved 50 games for the Bombers and played a great game and gathered many possessions and his attack on the ball and in defence was very good. Dutchy is a popular member of the team and a very good footy player with all the skills and his endeavour and effort this season has been first class. The team was determined to mark Dutchy's milestone game with a win.

Tim Manchester was best in ground and Tim's play has been great this year. He has been able to deliver a high level of effort and his one percenters have been valuable to the team. Tim played forward, ruck and in the backs throughout the game and was able to deliver a good quality of footy throughout the game.

We missed our captain, Tim Everitt, who had a quad injury and we hope he is back for our next game. Jake Bennie lead the team on the day and did a great job from the back line for the majority of the game, repelling multiple attacks by Western Greyhounds and finished the last quarter strong in the midfield.

Luke Kendrick played very well again and continued his good form from previous rounds. Luke's okay has been very good and effort levels and overhead marking has been a highlight.

Josh Brennan played a great game from the midfield and his attack on the ball was excellent and his defence also matched his effort in attack. Brenno has very good skills and he is really finding his feet in the team being new to the club this year.

Guy Lowy and Franky Crossle played good games also. Guy was very strong in the ruck and in the forward line he was a good target all game. He gathered a lot of possessions and did a great job. Franky was good through the midfield all game and made himself a good target and also gathered a lot of possessions and used the ball very well.

Tom Bramley had his best game for the season so far. He kicked two quality goals for the team and his endeavour around the forward line was very good. Keep up that effort Tom.

Moorsy did very well to kick 4 goals and was dangerous every time the ball came into the forward line. His speed is a real weapon and he uses it well. He just needs to stop bouncing the ball!

The whole team played very well and the effort, commitment and belief was there for all four quarters. The team needs to maintain that for every round for the remainder of the season.

Many thanks go to Phil Hollands for goal umpiring, Neil Bennie for boundary umpiring, Jason Box for being ground manager, Jeremy Moors for time keeping, Emily Selcraig for medical officer duties, Will Harrison for running water and Brendan Scarra for running instructions to the team. Colleen Hooker did a tremendous job as Team Manager and got the team and the coach through the day!

My thanks go to all the parents and supporters of the team for being great supporters and for all the ground duties for our home game, it is very much appreciated. Please keep up the good support of the team.

Go the Bombers! Chris Harrison

U17

**U17 vs. Western Suburbs, Lincoln Oval
Miranda 10.9.69 defeated Wests 3.5.23**

Goals

Ryan, Julian, Riley (2 each), Nick, Luke, Harry, Henry, Matt (1 each)

Our First home game of the season, it was great to be back at Waratah with a new footy for home coming and three significant milestones to celebrate. Nick, Peter and Liam all with 50 games under their belts for the bombers meant the team ran out through a banner and had an edge to themselves for the win. The game didn't go all our way, Wests put up a strong showing especially in the first half but our run and deft skills in the second half put distance on the score board between the teams resulting in a solid win. This takes us to the top of the ladder with our rivals on top Glebe going down in their game so well done to everyone concerned to find ourselves the front runners of the comp.

Again we were undermanned for the game numbers wise with only 16 available to play. Many thanks to our 15's Luke and Tim backing up after their game to play for the 17's. Both put in a great show in the forward line with Luke kicking a very smart goal through playing on after a hotly contested mark and Tim taking a great grab deep forward through his clever leading. We needed these guys to stand in as after the first couple of minutes we lost our forward line. Going in with a four man set up to start the game Tyler went down in a marking contest resulting in a game ending injury to his hand and Henry and Nick had a tough to watch head clash. Both came off second best with Nicks teeth going right through his lip and Henry with a gash in his eye brow. Our first Aid was busy, there was worry that Nick may have broken his jaw however he got the all clear Sunday night and Henrys

patch up on his eye was like a surgeon had gone to work. Henry was able to finish the game getting on the goal scorers list and performing roles deep back. One positive from the head clash and Henry's patch up came when he was able to go back deep forward. Luke came off after his extraordinary goal and he brought his opponent to the bench. Henry went on and Luke's opponent had real fear in his eyes as he looked carefully at his new opponent. Henry was battle scarred and I think his opponent was a bit wary of someone with the courage to go back into the fray.

I feel I need to address the courage of not only these three players but the whole team and our parents and friends. We all know AFL is a tough contested sport and we train to learn the ways to protect players however accidents do happen. Sometimes I am sure like me we all ask ourselves why boys / young men want to put themselves in harms way but it seems they want to or need to test themselves, footy I guess is that test for them. I feel its better than some of the things young blokes get up to that can result in harm. As their coach and a parent I can only hope they are learning how play and test themselves as safely as they can in the circumstances of a physically contested sport. At the quarter time break all the team asked how the boys were and I could see worry in the eyes. Together they steeled themselves for a tough second quarter and resolved to not let the injuries or the thought of injury get in the way of the tasks at hand. From the outside this may seem a tough ask but it reiterates what a tough game AFL is. It is why they rev themselves up at the beginning of games and after breaks and why as a team we celebrate games so enthusiastically.

With the final siren still ringing in our ears we watched on as the team flew into a rambunctious version of the song. Liam, Peter and Kyle all received the water treatment, Nick will have to get his next week along with Jack who will be playing his 150th for the club. After the celebrations I made mention of a few players however everyone again played outstanding footy in my mind.

Joel worked tirelessly at Ruck Rover the whole game, too many disposals and touches to mention but he got my four votes as best on ground after such a solid all day performance.

Riley owned the first quarter kicking two goals early to get us going and in the lead. The reality was that Riley was playing centre but we have seen his game go to a new level this year and his play is leading our whole team on.

Liam was perfection as our rover, countless clearances from the stoppages and dangerous forward when resting. I am not sure but I think he connects a string between himself and the ball at the first bounce. Great to have him fit and in the centres for a whole game.

Ben was asked to play CHB today. His first three games on the wing have had him in my voting for B&F and again he made it this week. Asked to contest and make his opponent accountable he did that and more as he racked up possessions across half back delivering forward expertly.

Jack showed today he can play anywhere, starting on the wing, we had to move him forward after the injuries and he kicked a goal. He had a run in the centres and sured up our defence in the last quarter. His tackle in the last quarter an absolute gem resulting in bringing down one of Wests biggest players and stopping a run that looked like turning into a goal. I hope someone votes him in just for the tackle alone.

Mentioned after the game was Ryan's big day out. He enforced, tackled, fended, marked and rucked with precision. I think he's the biggest player in the comp and with his size he doesn't lack heart. Great to have a ruck man so keen. Also a special mention to his round the corner Stevie J type snap for a major in the third quarter. For those that don't know (Rhino) Stevie J played for Geelong and now for GWS. He is a legend in AFL and I have heard from our opponents benches that our starting ruck man is getting some of that status in our own comp. With his ability to take contested marks and make opponents fly from tackles and bumps he is a hard match up.

Even though his game ending injury happened in the first quarter Nick was impressive and on his bike early. Given a role on half forward he kicked a goal and relieved Riley who he kicked straight to from the bounce resulting in Rileys second for the term. It was a great start to celebrate his 50th and I have promised him to sit deep forward next game so hopefully we see a bag.

We had a new player trial today. Kyle joined the Bombers and performed extraordinarily as a back pocket and half back flanker. He showed a never give up attitude at ground level, took a stylish one grab highest point mark and kicked two 50 plus metre drop punts straight to our centres chests. We all hope to see more games from such a talented debutant.

Julian played an outstanding game. Given roles deep back, relieving ruck and deep forward Julian impressed with his contesting, leading and goals. As our only other real tall today Julian had to go where he was asked and to his credit he showed again why he is such a valuable team player.

Lachlan deserved a mention after the game as in my mind he played his best game to date. He went back on the wing with Ben going to CHB and had countless possessions. Gut running he was dangerous all round the ground and showed footy smarts to read the play. Most impressive though is his courage at contests, he is a coaches dream as he goes hard with eyes for the ball. His play today showed how much he has learn't and is thinking about his game.

Without our forward set up we drew on an old forward head. Harry was put in the half forward/ deep forward role and went to town setting up multiple team goals and a classy one of his own. Another dream player to coach even if a bit of a hot head sometimes Harry can play anywhere and showed it again today. Deep back to start, then moved forward and relieving as our rover. Superstar game.

With Kyle able to perform the back pocket role we were able to see Peter take up his usual back flanker position and how well he slotted back in. Countless interception marks and precision kicks forward, but also his uncanny way of keeping his feet at ground level contests gave us an edge across half back. All players should watch how he does this as he has so many possessions just because he stays upright and running. In the Aussie tradition of giving someone a nick name opposite to their trait Peter now has calls from the bench of " keep your feet Pete". Bit like "go for Goal Joel", ha ha. just kidding Joeleo.

It's been a long break for Alex and AFL with him coming back this season to the bombers. He has a great way of contesting especially one on one so we had him in the backs today and he contested to bring the ball to ground and helped up forward in the game as well. His enthusiasm at breaks and before and after the games is contagious for the whole team. Great to have such vibe from a player new to the team.

Also back after a long break was David. After knee surgery David is on the mend and was able to run water along with Dom who injured himself during the week. Great to see Big Dave up and running and Dom was his enthusiastic self on the bench betting that if we lost he was going to eat the runner shirt he was wearing. No need for the tomato sauce though as he revved the boys up in the breaks.

Much thanks to our First Aid station, Susannah and friends were very busy. Also Chris in goals, Jeremy time keeping, John ground manager, Michael boundary plus all the helpers on BBQ and canteen.

Go Bombers
Cam

SOUTHERN POWER YOUTH GIRLS U18's

Sponsored by:



The SPYG and their awesome Mothers and Grandmothers on Mothers Day 2016

Southern Power Youth Girls U18 (2.4.16) lost to East Sydney Blue (12.10.82)

The Southern Power Youth Girls rocked up for their first Sutherland Shire game of 2016 on a grey Mothers Day at Barden Ridge Oval. A couple of late withdrawals meant that the girls were going to be in for a hard afternoon at the office against a much larger and older East Sydney Squad.

The Power Girls produced great tackling pressure and kept up with the senior Eastern Sydney girls for the opening minutes. While the coaches were trying to count how many were on each side with the ball deep in the Eastern Sydney's 50, Boof (or Caitlin as she is known on her birth certificate) came out of nowhere for her first touch to force a turnover and produce a sure goal saver.

Kiara pulled on the teal in her first game for SPYG and used her speed and agility all day to run riot over her larger opponents. Working well with rotations in the mids with the clean hands and experience from Emily E, the girls were competitive on ball and provided great endurance for the whole game with help from Olivia and Sam in the ruck to keep the Power engine running for the whole game.

Annie's left boot was a huge boost in her first game of the season, and Ellen created endless tackling pressure the whole game even after being trodden on by one of the East Sydney players.

The third quarter produced some lovely running play by Emily E and Mayer, who in only her 2nd game for SPYG got in a couple of bounces along the sidelines. I have since heard this story being told by her team mates and while I know there was at least 2, I'm not sure if the '4 or 5 bounces' being told around the sheds is completely accurate. However the handball, shepherds and run and carry from these 2 created some exciting play and movement down into the attacking 50.

A great use of her body and getting low over the ball, Sasha produced the bump of the day inside her 50 to remove her much larger opponent off the ball, giving it to Kyla to slot it between the posts for her second major for the day.

Molly played extremely well in transitioning the ball from defence to attack. Molly's strength and fearlessness against the bigger opposition saw her create opportunities all day and deliver the ball out of their 50. Mia S was reliable in both the half back and half forward line, helping to attempt to open the game up by leading wide and into space.

The girls continue to improve each quarter, playing well above their age and kilo for kilo, keep up with their opposition. After working hard at training on moving the ball in pairs up and down the line, and by opening up their peripheral vision, the girls will definitely be competitive against the Thunder this Sunday afternoon 2.55pm at Canebridge.

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