



Clifton Park Baptist Church

## NEWS RELEASE

**For Immediate Release**

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### **Healthy Living...A Healthier You**

Clifton Park Baptist Church Hosts Annual Health Fair

Community residents will benefit from free health screenings, along with awareness and prevention information on various health topics at the Clifton Park Baptist Church (CPBC) Annual Community Health Fair on Saturday, May 14, 2011 from 10:00 am to 3:00 pm. The theme, “**Healthy Living...A Healthier You**”, will provide residents of this multi-cultural community the opportunity to take charge of their health.

The community can take part in the American Red Cross Blood Drive, as well as attend a workshop session on cancer prevention presented by the American Cancer Society at 1:30 pm. Exhibitors such as Kaiser Permanente, Family Dental Center, AARP, The Fit Solution, Howard University Center for Sickle Cell Disease, the American Heart Association and a host of other organizations will be on hand to share information on topics such as diabetes, cholesterol management, cancer prevention and child safety. They will also conduct body fat analysis, blood screenings, HIV testing, hearing/vision testing and more. For children, there will be face painting, games, balloon characters, and interaction with the Silver Spring Volunteer Fire Department, Station 16.

“In this area, knowledge of and access to health care is limited,” said Felicia Charlouis, chair of the CPBC Health Ministry. “This is a predominantly Hispanic and African-American community, and we want to give these residents access to some of the health care resources that they otherwise do not have. The more you know, the better you can take care of yourself and your family.”

CPBC holds monthly blood pressure screenings on the fourth Sunday of every month. This screening is available to all residents in the community and is free. For more information on the CPBC Annual Community Health and Wellness Fair, please contact Felicia Charlouis at [HRS@cpbc.net](mailto:HRS@cpbc.net) or call (301)728-8516.

Clifton Park Baptist Church has been serving the Silver Spring community since 1950. Under the current leadership of Pastor Essentino A. Lewis, Jr., the church serves almost 500 members and is involved in diverse outreach programs for the community. For more information about CPBC, visit [www.cpbc.org](http://www.cpbc.org)

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