



An Ecumenical Camp for Adults of All Ages

Held at:

Pantops Community Church
1525 Stony Point Road
Charlottesville, VA 22911
(434)-977-7381

To: Prospective Campers

From: Camp Young at Heart Planning Committee

Re: Registration for Camp Young at Heart 2024

Monday - Wednesday, August 26-28, 9:00 AM - 2:00 PM

It's time to register for our twenty-first annual Camp Young at Heart! Enclosed you will find a flyer concerning the classes, schedule, fees, etc. and a registration form. Additional registration forms can be found at www.broadus.org. Please select your three classes (one for each time period) and put them on your registration form. Please note that if you are signing up for "Seeing Triple" you only need to select one additional class. **Make your check payable to "Pantops Community Church" and designate "Camp Young at Heart."**

We have lined up a great list of classes and outstanding teachers, offering a wide variety of subjects, including many not previously offered. Registration fee is only \$25.00 for one person or \$40.00 for a couple. What a bargain! Additional expenses are covered by the sponsoring churches.

If you have never been to camp before, you will need to bring your own lunch Monday and Tuesday. Drinks and coffee are provided. Wednesday is our potluck lunch. We will provide fried chicken, and you provide the sides. Lunch is always a wonderful time of fellowship!

Camp Young at Heart will be held at Pantops Community Church, 1525 Stony Point Road. **For those of you have attended CYAH the last few years, please note that this is a change of venue.** The building is on three levels, and we will be using the middle and top floors. You are encouraged to park on one of those levels. An elevator is available. If walking is not a problem for you, you are welcome to park in the lower lot and enter on that level or walk up the driveway to the main entrance. We will be gathering in the sanctuary on the middle level to begin our day with singing and a devotional.

Please share this information with the other adults at your church, as well as your friends and neighbors. You are our best recruiters! Spread the word!

Registration Form

Please fill out this form and return it with your \$25 (individual) or \$40(couple) registration fee to

Pantops Community Church
1525 Stony Point Road
Charlottesville VA 22911

****Please make checks out to Pantops Community Church and put Camp Young At Heart or CYAH on the memo line.****

Camp Young at Heart

August 26-28, 2024

Name: _____

Address: _____

City: _____ ZIP: _____

Telephone: _____ Email _____

Church: _____

Class Choices

(if you are signing up for "Seeing Triple, please indicate whether you wish to use oils or acrylics)

Period 1 _____

Period 2 _____

Period 3 _____

Additional registration forms can be found at www.pantopsc.org

Following is a list of classes being offered. Choose one class from each period and attend those classes every day. Remember to choose only one additional class if you are registering for "Seeing Triple."

Class Period 1 (9:30-10:30 AM)

"Parables of Mayberry"

Teacher: Tom Gillette, Pantops Community Church

The Andy Griffith Show is one of the most loved television series of all time. In today's society, we can learn a lot from the citizens of Mayberry. Timeless morals and values are presented in a way that we can readily understand. Through video and Scripture, we'll be discussing how we can handle similar situations that we face. The episodes will be different than the ones used in previous years for this class.

"Silver Creations: Crafting with Leah and Susan"

Teachers: Leah Leffler and Susan Mathwin, Mechanicsville Baptist Church

Silver Creations is more than just a craft class—it's a wonderful opportunity to meet new friends, share stories, and create lasting memories.

Mon: Discover the art of silk scarf dyeing and create a unique, wearable masterpiece. We will guide you through the process of selecting colors and patterns, ensuring that each scarf is a reflection of your individual style and creativity.

Tue: Embrace the autumn season with our decorative pumpkin craft. Whether you prefer a traditional orange pumpkin or a more whimsical design, we will provide the tools and guidance to help you create a beautiful piece that will add charm to your home.

Wed: Get into the holiday spirit by painting a festive gift bucket, perfect for holding Christmas treats or presents.

"The History Around Us"

Teachers: Mon and Tue: Rick Britton, Virginia historian; Wed: Susie Farmer, Director of Education, Ivy Creek Foundation

Mon: "From Cuckoo to Charlottesville; Jack Jouett's Overnight Ride"

In the spring of 1781, during the Revolutionary War, Governor Thomas Jefferson and the entire state legislature fled to backwater Charlottesville to escape the enemy. When the British dispatched the much-feared Lieut. Col. Banastre Tarleton, with 250 horsemen, to break up the government, he had every reason to believe he would bag the lot of them. What he could not have imagined, however, was that along his route, 26-year-old Jack Jouett would spot his force, divine his intentions, and ride overnight to Charlottesville to spread the alarm.

Tue: "Thomas Jefferson & the Monacan Indian Burial Mound."

Thomas Jefferson was a true Renaissance man, a brilliant polymath with an eclectic and dizzying array of interests. Of these, he called science his "passion," and over the course of his busy lifetime, Jefferson made contributions to botany, paleontology, meteorology, entomology, ethnology,

and comparative anatomy. He was also an amateur archaeologist, and in 1783, spurred on by a document sent him by the French government, Thomas Jefferson excavated a Monacan Indian burial mound.

Wed: History of Ivy Creek Natural Area and Historic River View Farm

This talk will look at the history of the family that started River View Farm, the Carr/Greer/Hawkins family. We will explore their work in the community and the achievements that they accomplished despite the overwhelming odds.

"Me and My iPhone Camera"

Teacher: Jim Carpenter, Master Photographer, Gitchee's Studio

Do you want to make better use of your Apple iPhone camera? Do you want to learn how to compose a shot? Photography is a great hobby that you can enjoy at any age. Take advantage of this opportunity to learn from a master. Bring your phone with you.

Class Period 2 (10:45 AM-12:00 PM)

"The Gospel According to Dr. Seuss"

Teacher: Rev. Matt Roberts, Pastor, Pantops Community Church

Join us as we explore gospel themes that appear in the beloved children's stories from Dr. Seuss. Each day we will look at a Seuss story or two alongside a story or theme from scripture in an attempt to open our eyes to spiritual themes as they pop up in the world around us. So bring your Bible and your creative mind for this whimsical Bible study!

"Seeing Triple" (Class Periods 2 and 3)

Teacher: Virginia Thompson, local artist

A triptych is a single artwork composed of three separate panels. This class will focus on learning the history from medieval altars to contemporary interpretations of triptychs, followed by a three day art making workshop using your choice of paint (acrylic or oil) to create your own. You will leave with a completed artwork suitable for hanging as a single piece or as a series of three. A large still life will be set up in the room if you wish to work from that, however you may bring your own subject matter, including landscape photographs. This workshop is appropriate for anyone interested in creating art; no experience is necessary.

We always have lots of fun in a collaborative and supportive environment! All materials provided. Class size is limited.

"Looking Up"

Teacher: Kevin Fitzgerald, Charlottesville Astronomical Society

Mon: "Understanding the Night Sky" is an introduction to observing celestial objects and constellations with the naked eye. It will be presented by first demonstrating the changing night sky, then using "Stellarium", a powerful free app that can be downloaded to your laptop or cell phone.

Tue: "What are the odds of finding intelligent life in the universe?" This presentation will discuss the vastness of the cosmos, then use various estimates to calculate the odds of intelligent life based on easy to understand scientific factors. The session does not require a science background, just a love of big numbers.

Wed: "We are Literally Stardust" is an easy explanation about the chemistry of the earth and stars, and will provide proof-points that the atoms in our body are literally from exploding supernovas. The presentation does not require a science background, just an open mind.

"God's Beautiful World"

Teacher: Nancy Newman, naturalist

Monday: "Who cooks for you?" Can it be a beautiful large winged predator? Come find out about this favorite Virginia owl and its friends.

Tuesday: Do you know your watershed address? We'll enjoy learning about our own Rivanna River and what lives in and nearby.

Wednesday: We never know what living and non living wonders and treasures of *God's* natural world we'll meet!

Class Period 3
(1:00-2:00 PM)

"When It's All Been Said and Done - What God has in store for us at the end of life and beyond."

Teacher: Rev. Chip Giessler, Senior Pastor, Aldersgate United Methodist Church

The Bible talks about faith, hope, and love as "these three remain." How much do we know about and living in "Hope?" We will look together at the grounds and substance of the Hope that God wants us to live in.

"Seeing Triple" (continued from Class Period 2)

Teacher: Virginia Thompson, local artist

"Tai Chi"

Teacher: Megan Sharp, Charlottesville Tai Chi Center

Tai chi is an ancient Chinese tradition that, today, is practiced as a graceful form of exercise. It involves a series of movements performed in a slow, focused manner and accompanied by deep breathing. Tai chi is low impact and puts minimal stress on muscles and joints, making it generally safe for all ages and fitness levels. In fact, because tai chi is a low impact exercise, it may be especially suitable if you're an older adult who otherwise may not exercise. Find out how Tai Chi can help you lower your blood pressure, reduce stress, and improve balance.

"Smart Finances"

Teacher: Cassandra Riggin, UVA Community Credit Union

Monday: Avoiding Phone and Internet Scams - Did you know that three out of four adults aged 50 - 80 have reported a scam attempt online or by phone, text, email in the last two years? Learn the steps you should take to protect yourself and your loved ones from the most common (and successful) phone and internet scams, and what you should do if you have been victimized.

Tuesday: Protect Against Medicare Fraud and Medical Identity Theft - Medical identity theft is when someone uses your information to obtain medical care. This type of fraud can not only impact your finances, but it could affect your medical care. Join us and learn how you can prevent, detect, report it, and stop fraud in its tracks!

Wednesday: Preparing for the Unexpected - Disasters and emergencies can strike at any time, but having a plan in place can help. Join us and learn how to prepare your finances and essential documents against unexpected events.