





KidsPlay-West Seneca Community Ed. Winter & Spring 2024 NFL Flag Football & Soccer

KIDSPLAY U11 INDOOR NFL FLAG FOOTBALL LEAGUE (AGES 7-11)

Are you ready for some football? Whether your child is a football star or has never played football before, Indoor NFL Flag will develop their football knowledge and skills. In each weekly session, players will receive fundamental football skills and speed training coordinated by KidsPlay coaches. Experienced players will continue to build on their current base of skills and new players will receive a fun and informative introduction to football. Each session will have football specific skill training, speed and agility work followed by modified flag football drills and a 45 min game vs. another KidsPlay team..

A reversible NFL team-oriented football jersey and flag belt is included in the fee.

Winter 2024 Indoor NFL Flag Football Schedule

Players meet on a rotating schedule on Mondays at 5:30 and 6:45pm -- (Course # KID-005)

Fee: \$111.00 -- 6 week season starts February 12th

Location: East Middle Gym

KIDSPLAY MONDAY NIGHT U11 OUTDOOR NFL FLAG LEAGUE (AGES 7-11)

NFL Flag is an excellent alternative to full-contact, full equipment, "6 nights a week" youth football leagues. The game is non-contact football with primary emphasis placed on the development of passing, receiving, running and coverage skills. Games are played 5 on 5 with modified rules to heighten skill development and assure equal playing time for all players. NFL FLAG is not a highly competitive program. The game is strictly "no contact" with primary emphasis placed on skill development, learning and having fun playing football. Players meet for 90 minutes each week - a 40 minute training session followed by a 50 minute game against another KidsPlay team. KidsPlay coaches coordinate all practices and games with 4-8 parent coaches providing assistance during training sessions.

A reversible NFL team-oriented football jersey and flag belt is included in the fee.

Spring 2024 Outdoor NFL Flag Schedule (Ages 7-11):

Players meet on Mondays 6:00 – 7:15 PM (Course #KID-008)

Fee: \$111 — 6 week season starts April 29th

Location: West Elementary Field (Next to Tennis Courts)

KIDSPLAY SOCCER LEVEL I (AGES 4, 5 and 6)

Soccer is an ideal sport for young players. The game is easy to learn, contains constant activity, and provides plenty of opportunity for players to run and learn skills. KidsPlay hosts small-sided games and scrimmages allowing for plenty of touches on the ball. Even at introductory levels, our coaches are adamant about teaching basic support and teamwork. The philosophy of Level 1 Soccer stresses skill development and learning in a fun and friendly atmosphere. Half of each class is devoted to fun instructional training/games with the remaining half devoted to scrimmage. Two KidsPlay coaches teach a maximum of 18-20 players in each class.

Winter 2024 Indoor Soccer Level I Schedule (Ages 4,5 and 6):

Thursday 5:30 to 6:30PM @ Allendale El. Gym (Course #KID-003)

Fee: \$78.00 * 6 week season starts February 1st

Spring 2024 Outdoor Soccer Level I Schedule (Ages 4,5 and 6):

Thursday 5:30 to 6:30PM @ Clinton El Field (Course #KID-006)

Fee: \$78.00 * 6 week season starts April 18th

U8 DEVELOPMENTAL SOCCER LEAGUE (AGES 6-8)

Designed for both veteran and inexperienced players, the U8 Developmental program hosts weekly training/game sessions led by veteran KidsPlay coaches. All training and games are designed to be fun and challenging for any young player with a strong interest in improving their skills and understanding of how team soccer works.

Players meet once each week for a 30-45 minute training session followed immediately by a 5 v. 5 game that lasts 35-45 minutes. KidsPlay does not rely on volunteer coaches. All game and practice sessions are coordinated by at least 2 KidsPlay coaches. Primary instructional focus is on the development of dribbling, passing, and receiving skills as well as defensive/attacking tactics.

U8 Indoor Soccer Schedule

Players meet on Thursdays 6:30-7:45pm -- (Course #KID-004)

Fee: \$88.00 -- 6 week season starts February 1st

Location: Allendale El. Gym

U8 Outdoor Soccer Schedule

Players meet on Thursdays 6:30-7:45pm -- (Course #KID-007)

Fee: \$88.00 -- 6 week season starts April 18th

Location: Clinton El. Field

WINTER-SPRING 2024 REGISTRATION

WEST SENECA COMMUNITY EDUCATION ONLINE REGISTRATION WILL BEGIN **TUESDAY**, **JANUARY 2ND** AT THIS LINK:

www.wscschools.org/commed