



Yoga Pointe, Inc
200hour Yoga Teacher Training
Program Application
February 2022 – June 2022



Registered Yoga School

200 hour program approved by Yoga Alliance
Visit www.yogaalliance.org

Yoga Pointe, Inc 2539 South Florida Ave Lakeland, FL 33803

www.yogapointe.com

Contact Jana at Jwhi99@aol.com

Health Information

Describe your present state of health: _____

Physical limitations: _____

 Serious illness, injury or major surgery within the last two years: _____

 Under medical or mental health treatment or supervision for: _____

Please check and clarify any of the following conditions that apply to you:

Allergies: _____
 Arthritis: _____
 Asthma: _____
 Chronic sinus condition: _____
 Diabetes: _____
 Endocrine conditions: _____
 Epilepsy: _____
 Glaucoma: _____
 Hernia: _____
 Hypoglycemia: _____
 Heart conditions: _____

High blood pressure: _____
 Low blood pressure: _____
 Intestinal conditions: _____
 Osteoporosis: _____
 Mental Illness: _____
 Recent injuries: _____
 Recent surgery: _____
 Spinal conditions: _____
 Ulcers: _____
 Pregnant (due date): _____

Please describe any other physical or mental conditions that would be helpful for your instructor to be aware of.

In case of emergency, please contact:

Name: _____ Relationship: _____ Telephone: _____
Physician: _____ Telephone: _____
Therapist: _____ Telephone: _____

I certify that the above information is true and complete to the best of my knowledge and that I will not hold Yoga Pointe, Inc. or my instructor liable for any mishaps arising from my participation in the yoga teacher training program.

Signature _____ Date _____

*This health information will be held private and confidential by Yoga Pointe, Inc and is for informational purposes only.

Please sign this agreement and return with your registration form.

Cancellation Policy

Because of application process and preparation required for each student in teacher training programs, deposits are non-refundable. If you cancel your deposit will be applied to your account for future use of classes and workshops. If you drop out of the program after the start date, there will be no refund of any tuition paid. You may, however, apply your tuition balance to a future program, workshops, or classes. Unused teacher training tuition is non-transferrable and expires at the conclusion of the teacher training program for which you were originally enrolled.

Attendance Policy

PLEASE MAKE SURE YOU HAVE READ AND FULLY UNDERSTAND THE ATTENDANCE POLICY.

Full attendance in the program is required for Yoga Alliance certification. Missing any weekend will significantly impact the training and learning process. If an emergency occurs and there is missed time, hours can be made up, however a discounted private rate of \$50 per hour will apply. You will be required to pay the private hourly rate to make up the content and contact hours. If you miss a weekend due to a non-emergency, we will encourage you to drop out of the program and re-enroll in another future program or you will graduate with a certificate reflecting the number of hours you completed. We cannot offer make up sessions for 'non-emergency' absences. Remember that Yoga Alliance will not certify you until you have completed the full requirements of each program.

Code of Ethics and Agreement

The following is an integration of the code of ethics from Yoga Alliance and Yoga Pointe, Inc:

Yoga Alliance code of conduct is a declaration of acceptable ethical and professional behavior by which all registrants agree to conduct the teaching and business of yoga. It is not intended to supersede the ethics of any school or tradition but is intended to be a basis for yoga principles. As a RYT®, E-RYT or representative of a RYS®, I agree to uphold the following ethical principles:

- Conduct myself in a professional and conscientious manner.
- Acknowledge the limitations of my skills and scope of practice and where appropriate, refer students to seek alternative instruction, advice, treatment or direction.
- Create and maintain a safe, clean and comfortable environment for the practice of yoga.
- Encourage diversity by respecting all students regardless of age, physical limitations, race, creed, gender, ethnicity, religion or sexual orientation.
- Respect the rights, dignity and privacy of all students.
- Avoid words and actions that constitute sexual harassment.
- Adhere to the traditional yoga principles as written in the Yamas and Niyamas.
- Follow all local government and national laws that pertain to my yoga teaching and business.

Yoga Pointe, Inc code of ethics/conduct:

- It is our responsibility to uphold and foster a safe and sacred environment in which to allow the transformation work of mind, body, and spirit. It is essential that anyone teaching yoga have a high degree of personal integrity and maintain clear boundaries in the role of serving the students.
- As yoga professionals/teachers, we must remain aware of this power dynamic and never exploit the vulnerability of a student for personal gain or gratification.
- I understand that the purpose of the ethics and this agreement is to protect the environment of sanctuary for the students and to support the clarity, consciousness and self-responsibility of individuals. I agree that my purpose as a yoga teacher is to serve the students' personal exploration. I agree that I will avoid any activity or influence that is in conflict with the best interests of the students or is solely for my own personal gain or gratification.

I have read and understand the terms and conditions as outlined in this document, and agree to be bound by these conditions.

I understand that I must meet the above criteria to in order receive certification. I agree to honor this code of ethics and conduct.

I have reviewed the program philosophy, requirements, and weekend dates of training on www.yogapointe.com website and am fully informed of this information.

Name _____
PLEASE PRINT

Signature _____ Date _____

200 hour Program Cost - The total tuition for the 2022 cycle of the 200 hour program is \$2550.00. A \$300 deposit will hold your space in the program. **The application deadline is January 28, 2022.**

- Discount for early payment in full:
 - Save \$200 (making tuition \$2350) with an Early Registration discount if paid in full by January 28th.
- Two payments plan:
 - Half of the balance (\$1275, or \$1125 if deposit paid separately) will be due by January 28, four weeks prior to the start of the program.
 - The remaining half (\$1275, or \$1125 if deposit paid separately) will be due on February 11, two weeks prior to the start of the program.

