

Oak Tree Herbal Clinic

## Shy Blue Orchid

Positive Qualities Break through Dynamism Inspired Free to express

Problem Target Oppressed Powerless Unresolved Obstructed

## To Break Through

To become free to move forward. The focus of spiritual energies that will consistently break up negative oppressive forces in the environment. The essence to give a sense of protection and dynamism where powerlessness has previously prevailed. A deep internally inspiring and extremely subtle flower essence which is of great benefit to those dedicated to the Path of Light.

## Mind – Common Uses

For those who are trying to establish new ideas.

For those who feel they have become powerless to change a situation.

For those feeling unable to express themselves freely within their life, there seems to be an invisible force stopping them.

For situations where pressing issues need to be resolved that the problems still subconsciously affect us and make it hard to really relax. The other is we become less consciously aware of the problem so a solution becomes more elusive.

This healing is like a protective cocoon, like a mother's womb wherein one can recover and find strength and peace. It stimulates a calm acceptance of the problem. It allows one to get on with life without being effected by the issue and when life offers a part or total solution to the problem, ones awareness and focus is there to perceive its worth and utilize it. The break through is then sure to come about.

## Healing Pathway to the Soul

At times when we are making progress and working positively in Life it seems that an opposing wind tries to stop us. To break up old structures and build new ones is a great task needing a high degree of consistency focus and vigour. Patience is also of enormous value, and the awareness of knowing that there are benevolent forces that come to our aid when the time is right, and that when all these aspects are in hand and the break through to a new day is assured.