







# **MEET OUR TEAM**

- Julie Brown Administrator & Physical Education Teacher
- Josh Hill Advisory Council Member
- Patrick Brown, MD School Physician
- Teresa Swank School Nurse (volunteer)
- Teresa Johnson School Lunch Coordinator
- Mary Skiles Dietician (volunteer)
- Beth Merrigan Parent



View Wellness Policy: https://www.st-agnes-school.com



Contact Us:

office@st-agnes-school.com

## **WELLNESS METRICS:**

AREA 1- NUTRITION EDUCATION	83%
AREA 2-STANDARDS FOR USDA CHILD NUTRITION PROGRAMS AND SCHOOL MEALS	89%
AREA 3- STANDARDS FOR COMPETITIVE AND OTHER FOODS AND BEVERAGES	67%
AREA 4- PHYSICAL EDUCATION AND PHYSICAL ACTIVITY	92%
AREA 5- WELLNESS PROMOTION AND MARKETING	83%
AREA 6-IMPLEMENTATION, EVALUATION AND COMMUNICATION	88%

# TRIENNIAL WELLNESS ASSESSMENT RESULTS 2023

#### **POLICY COMPLIANCE:**

St. Agnes School utilized the WellSat Assessment as a tool to measure the strength and comprehensiveness of our Wellness Policy.

The following areas are reviewed:

1) Nutrition Education; 2) Standards for USDA Child Nutrition Programs and School Meals; 3) Nutrition Standards for Competitive and Other Foods and Beverages; 4) Physical Education and Physical Activity; 5) Wellness Promotion and Marketing; and 6) Implementation, Evaluation and Communication.

Results can be viewed on St. Agnes School website.

# **WELLNESS POLICY GOALS FOR 2024/25**

- Develop and Adapt Snack/Celebration policy for St. Agnes School to improve overall compliance with Smart Snack Guidelines.
- Incorporate Health and Wellness Education into Science Curriculum at all grade levels.
- Utilize community assets such as Panhandle Public Health to provide Professional Development and Wellness Opportunities for St. Agnes Staff annually.

## **KEY ACHIEVEMENTS 2023/24:**

- Aligned the local Wellness Policy goals with Federal Requirements.
- Completed the Triennial Assessment and shared results.
- Provided Social and Emotional Wellness Activities and Learning Opportunities for all students in all grade levels.