

## THE SEAGULL

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Office Hours - 8:30am to 4:00pm - Monday to Thursday  
 9:00am to 3.30pm - Friday

### *New Canteen menu Attached!!*

July	11 <sup>th</sup> – 14 <sup>th</sup> Hockey Clinics 18 <sup>th</sup> – 25 <sup>th</sup> Book Fair 18 <sup>th</sup> Grade 3 / 4 Play Auditions 22 <sup>nd</sup> - Alpha Show 29 <sup>th</sup> - School Athletics Day	Please see the full term calendar inside this newsletter for information regarding events and excursions.	
<u>TERM 1 – Thursday Jan 28<sup>th</sup> to Fri March 25<sup>th</sup></u>	<u>TERM 2 – Monday 11<sup>th</sup> April to Friday 24<sup>th</sup> June</u>	<u>TERM 3 - Monday July 11<sup>th</sup> to Friday September 16<sup>th</sup></u>	<u>TERM 4 - Monday October 3<sup>th</sup> to Tuesday December 20<sup>th</sup></u>
<u>BLUE HOUSE</u>	<u>RED HOUSE</u>	<u>GOLD HOUSE</u>	<u>GREEN HOUSE</u>

### *Dear Families,*

**School production auditions** - This week we have held auditions for our grade 3 and 4 production. We have been overwhelmed by the number of children wanting to be involved. This is a musical and it has a lot of surprises. The big performances are on.....

**Book Fair 2016** kicked off this week and lots of students, parents and grandparents have been through to look at and buy books. As well as promoting literacy this is a terrific way to raise money for the school library. A special thank you to Samantha and Judy for their hard work organising this event.

**Athletics** - All grade are busy preparing for athletics during PE classes. There are eight events in total and it is a fantastic day to come along and support your child. Our school athletics day is July 29<sup>th</sup> - the program of events is attached to the newsletter.



### *Kitchen Garden*

James and Maddy enjoyed cooking this week.

We have received a grant from a local group which will see allow us to further enrich the program next year.

Luke and Kerry have a working bee 9am – 12noon Aug 13<sup>th</sup> – so if you can spare an hour or two come along and help out.



# Basketball Results

**Do we have the best supporters or what? Thankyou to the older brothers, parents and grandparents who come along and cheers on the teams every week. Fantastc effort and the teams are all goingso well.**

**Under 10 Prawns** – What a game! In an absolute thriller the Prawns came home strongly and took out a very close game. In the end they won by 2 points.

**Under 12 Boys Sharks** – These guys are playing very well in a very competitive under 12 boys league. In the end we were just too big, strong and fast and ran away with a comfortable win.

**Under 12 girls Dolphins / Under 12 girls Seagulls** – it was the big clash. The two Paynesville girls teams played each other and what a game. It is always close but this time the difference was the shooting of Jaime Fordham who was on fire after a week off last week. Jaime shot so well they had to replace the nets after the game due to all the swishes Jaime was putting in. The Dolphins finished four point victors in a great game.

## Program of Events and Excursions this Term

Week	Dates	Events
3	July 25 <sup>th</sup> – 29 <sup>th</sup>	Mon – 100 Days of School celebration for the prep class Wed – School Council Meeting Friday – School Athletics / Junior 9am – 11am / Middle and Senior all day.
4	August 1 <sup>st</sup> – 5 <sup>th</sup>	Tues – NSW University English Exam & Junior School Excursion to Eastern Beach in Lakes. Wed – District Athletics in Bairnsdale Thurs – SRC Event – Jeans for Genes
5	August 8 <sup>th</sup> – 12 <sup>th</sup>	Chinese Sister School here for the week. Fri – Bairnsdale Secondary College talk to grade 5 and 6 students. Saturday – Aug 13 <sup>th</sup> : Garden working Bee 9 – 12noon – all welcome
6	August 15 <sup>th</sup> – 19 <sup>th</sup>	Mon- NAPLAN Online testing trial. Tues – Pubertal Health Parent information session with Anne Cross & NSW University Maths Exam Wed – School Council Meeting Thurs – Parent / Teacher Interviews and Pubertal Health grades 5 and 6
7	August 22 <sup>nd</sup> – 26 <sup>th</sup>	Mon – Book Character Parade Tues – Basic First Aid Training (all grades) & Kinder Visit to PPS. Wed – kinder visit tp PPS. Thurs -Grades 5 and 6 pubertal health
8	August 29 <sup>th</sup> - September 2 <sup>nd</sup>	Tues – Father’s Day stall for grade 6 only -& Pubertal Health grades 5 and 6. Wed – Grade 6 camp at Cape Conran until Friday. Fri – Father’s Day Stall
9	September 5 <sup>th</sup> – 9 <sup>th</sup>	
10	September 12 <sup>th</sup> – 16 <sup>th</sup>	Tues – Jump and Climb excursion for junior school. Wed – School Play performance: Daytime. Thurs – School Play performance: Evening

# School Athletics Program: July 29<sup>th</sup>

TIME APPROX	SPRINT	DISCUS	TRIPLE JUMP	HURDLES	SHOT PUT	DISTANCE RUN	LONG JUMP	High Jump
9.30am	10B	9G	9B	10G	11G	11B	12G	12B
10.00am	12B	10B	9G	9B	10G	11G	11B	12G
10.30am	12G	12B	10B	9G	9B	10G	11G	11B
11.00am	Recess	Recess	Recess	Recess	Recess	Recess	Recess	Recess
11.30am	11B	12G	12B	10B	9G	9B	10G	11G
12.00	11G	11B	12G	12B	10B	9G	9B	10G
12:30	10G	11G	11B	12G	12B	10B	9G	9B
1.00pm	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
2.00pm	9B	10G	11G	11B	12G	12B	10B	9G
2.30pm	9G	9B	10G	11G	11B	12G	12B	10B
3:00pm		RELAYS	if	time	permits	TBO	On the	day

Parents and friends are invited to come along and support the children as they do their best at each athletic event. Junior athletics will be held from 9am – 11am.



Top left: Jaime proudly displays her cooking.

Top right: Sophie, Logan and Grace are enjoying the cooking process.

Bottom left: Jessie, Gus and Dylan show what team work in the kitchen is all about.

Thanks to Jailen for my apple roll! Delicious.

# School Menu - Winter 2016

## DAILY ITEMS

*Toasted Focaccia*

Cheese/ Cheese & Tomato	\$ 3.50
Ham and Cheese	\$ 4.00
Roasted Vegetable	\$ 4.00
BBQ Chicken	\$ 4.00

*Salad Rolls*

Cheese/Cheese & Tomato	\$ 3.50
Ham and Cheese	\$ 4.00
Chicken	\$ 4.00
Tuna	\$ 4.00

*Super Salad Packs*

Greek Salad w/ feta/olives	\$ 5.00
Garden Salad w/ cheese	\$ 4.00
& w/ Ham/ Tuna / Chicken	\$ 5.00

*Occasional Snacks*

Hash Brown (max 3)**	\$1.00
Low g.i. Party Pie**	\$1.00
Mini low g.i. Sausage Roll**	\$1.50
Chicken Breast Nugget **	80c
Steamed Dim Sim **	75c

*Extras*

Sauce portion**	20c
Bag if not provided	20c

Gluten Free,  
Vegetarian, Vegan,  
Halal & Kosher options  
are available on  
request.

Order enquiries  
**0448 789 994**

## SPECIAL MEAL DAYS

(ONLY available on specified day)

### Monday \$ 5 Specials

Sweet 'n' Sour Chicken w/ fried rice
Coconut Chicken Curry w/ boiled rice
Vegetable Curry w/ boiled rice
Noodles w/ asian vegetables

### Tuesday - Hot Dogs

Hot Dog w/ sce \$2.50
Hot Dog w/sce & cheese \$ 3.00
Hot Dog w/sce, cheese & bacon \$ 3.50

### Wednesday \$ 5 Pita Pizzas

Cheese & Tomato
Ham and Pineapple
BBQ Chicken Pita
Meat Lasagne / Veget able Lasagne

### Thursday \$ 5

Cheeseburger Deluxe
Vegetarian Cheeseburger Deluxe
Chicken Schnitzel Burger

### Friday Favourites

Meat Pie \$ 3.50
Sausage Roll \$ 3.50
Vegie Pastie \$ 3.50

NB. THE ABOVE ITEMS ARE ONLY AVAILABLE ON  
THE DAY LISTED  
INCORRECT ORDERS WILL BE FILLED WITH DAILY  
ITEMS OF EQUAL VALUE.

### MORE INFO:

[www.facebook.com/SchoolCanteen](http://www.facebook.com/SchoolCanteen)

## DAILY ITEMS

*Filled Spuds*

Baked Potato w/	
Cheese only	\$ 4.00
Cheese and Bacon	\$ 4.50
Baked Beans	\$ 4.00

*Fruit*

Two Fruit mini cup	\$ 2
Fresh Fruit Salad	\$ 4
Individual Whole Fruit	
Apple/Banana/Orange	\$ 1.50

*Occasional Sweet Stuff*

Yo-Yo Biscuit	\$ 1**
Choc-Chip Cookie	\$ 1**
Strawberry Yoghurt	\$ 1.50

*Drinks*

OJ or AJ **	\$ 1.50
Bottled Water	\$ 1
Vegetable Soup	\$ 2
Flavoured Milk**	\$ 1.50

NB: Please place order in the  
canteen box with correct money  
before 9.30am.  
Please don't use staples.

Late orders may be substituted.

Dietary Requirements will be  
accommodated where possible,  
but the decision to purchase  
and/or consume rests with the  
individual.

\*\* denotes items which should only  
be ordered occasionally

Menu Effective 18/7/16