

# Positively Po

# THE SEAGUL

Paynesville Primary School • www.paynesville-ps.vic.edu.au • paynes<mark>vi</mark>lle.ps@edumail.vic.gov.au • ph: 03 5156 6334 School No: 2343 Est. 1881 • 31-47 Ashley Street (PO Box 38) Paynesville Vic 3880 • mob: 0458 566 371 • fax: 03 5156 7999

ISSUE - 30 28th October 2016

Office Hours - 8:30am to 4:00pm - Monday to Thursday 9:00am to 3.30pm - Friday

### Term Calendar

# "Take every opportunity to learn" (Peter Craig)

Friday Oct 28<sup>th</sup> – Sun Oct 30<sup>th</sup>

Tues Nov 1<sup>st</sup>

Wed Nov 2<sup>nd</sup> – Fri Nov 4<sup>th</sup>

Sun Nov  $6^{th}$  – Sun Nov  $13^{th}$ 

Tues Nov 15<sup>th</sup> & Wed Nov 16<sup>th</sup>

Fri Nov 18<sup>th</sup>

Tues Nov 22<sup>nd</sup>

Thurs Nov 24<sup>th</sup>

Fri Nov 25<sup>th</sup>

Mon Nov 28<sup>th</sup>

Tues Nov 29th

Wed Dec 7<sup>th</sup>

Wed Nov 30<sup>th</sup> – Fri Dec 2<sup>nd</sup>

Mon Dec 5<sup>th</sup>

Thurs Dec 8<sup>th</sup>

Mon Dec 12th

Thurs Dec 15<sup>th</sup>

Thurs Dec 15<sup>th</sup>

Fri Dec 16<sup>th</sup>

**Paynesville Art Show** 

Melbourne Cup Day - No School

Grade 6 Melbourne Camp

Grade 5 and 6 New Zealand Camp

Royal Flying Doctors Visit

Pallet Cart Derby @ Swifts Creek School

Grade 5 & 6 Sunset Cove Walk

Junior School Excursion to- Chinese Restaurant

School Market Day

Pupil Free Day – Staff First Aid Training

Christmas Show "The Grinch"

Grade 6 Excursio to Rick Cove Collection

Grade 5 Rail Trail Camp

Grade 6 Graduation Assembly

Grade 6 Graduation Dinner

Prep Graduation Assembly and Xmas Concert

Student Reports go home

Junior School Excursion to the Cinema

Last Day for Students

# Paynesville Art Show this weekend in the community centre - come along

and see our students' work and there is also a lot of high quality community art on display and on sale.



Claudice, Elizabeth and Jessica have been busy this week helping to get the Art Show ready.

# The Preps are being Mindful

It is normal for a child at prep age to be egocentric and to focus on themselves. Young children are often very focused on meeting their own needs without a lot of consideration for others. As a child grows they develop a greater awareness of others and and of how their own behaviour can impact on other people.

The prep program includes a weekly Mindfulness session with local counsellor and parent Julie Watkinson who works with Kate and the staff to help preps to become Mindful of themselves and others. Sometimes as parents we can feel embarrassed if our child is not conforming to social behaviours and is having trouble learning how to interact with others. Juiles answer is that this is ok. Some children take a while to read and others take a while to ride a bike – some will take longer to learn social skills. The trick is for parents and teachers to take the opportunities that present themselves to help children learn how to interact postiviely with others. We can help children learn to be mindful of themselves and others by modelling the behaviours that we want them to display. If you would like to learn more about Mindfulness then please contact Kate or Julie.



Julie and Kate demonstrated how we can regulate our breathing to make ourselves feel calmer.

#### Grade 1 and 2 Science News

This week for science we were making sail boats. The reason we were making sail boats was we want to see how far it can go. Our purpose was to change the sail. Some of the ideas were:

Will a triangle make it go further? Will a rectangle sail make it go further?

There are so many other ideas but let's get to the exciting part. The class raced their boats and the people who made it into the grand final were: Jasmine, Sam, Ava, Tayla and Trai.

#### The winner was Ava. Congratulations

This was written by Isabelle Hudson & Jasmine Renshaw.

### Paynesville Primary School takes out State Science Awards



On Monday five Paynesville Primary School students travelled to La Trobe University in Melbourne to receive Science Bursarys.

Melody Tomkins won the state Senior Primary Experimental Research section and was awarded a A Bursary. Jaime Fordham was awarded a B Bursary for her research on the absorption rates of nappies. Tom Roberts, Brodie Radford and Sara Melrose all won B Bursarys in the Junior experimental research section.

Congratulations to all of these students.

If you are on grades 1, 2, 5, 6 next year you will be able to enter the 2017 state science talent search – the topic is Future Earth.

As it happens there is a Sustainability Festival on over at Raymond Island this weekend which will provide plenty of ideas for next years competition. See the advertisement in this newsletter for more details.

# Paynesville Primary School Shines at the Lakes Entrance Kanga 8 Tournament.



Grade 4 and 5 girls cricket team: Sage, Georgie, Chloe, Kayla, Ellie, Claudice, Jessie, Tali and Jessica – Coach Jorden Collins.



Grade 4 and 5 Boys Cricket Team: Nathan, Logan, Lochie, Zayn, Nicholas, Brodie and Harper – Coach Luke Munn.



Grade 5 and 6 Boys Cricket Team: Oskar, Beau, Jack Mac, Spencer, Jack T, Kohan, Noah and Luke – Coach Jack Werrett



Grade 5 and 6 Girls Cricket Team: Melody, Ayla, Jaime, Elizabeth, Callie, Rahnee, Jaz and Lara – Coach Kerry Walters.

# Sustainabililty Festival

activities, information, stalls, products, food, fun and celebration



On Raymond Island





## The Abbey

1-25 First Parade, Raymond Island Ferry free to pedestrians Boardwalk to The Abbey FREE ENTRY.. a day for the whole family

# Saturday 29 October 2016 10am-3.00pm

Further information Phone (03) 51566580

Email: info@theabbey.org.au