

Resisting temptation



Total Control® is a revolutionary herbal supplement designed to transform the weight loss process.* This advanced ephedra-free and Citrus Aurantium free formula works at the cellular level to help build energy, boost metabolism and promote weight-loss, giving you the support you need to finally achieve and maintain your ideal weight.*

- Total Control® contains several potent herbal ingredients that help you to overcome the challenges associated with shedding pounds and inches.*
- **Metabolic Boost.** *Green tea* has a natural thermogenic and energy-boosting effect.* The unique, clinically-tested form of *Green tea* used in Total Control® contains powerful EGCG catechins, which have been shown to inhibit the body's fat-storing process.*
- **Natural appetite control.** *Yerba maté* is especially helpful for weight loss because of its thermogenic and appetite-suppressing properties.* In combination with green tea, rich in catechins and polyphenols, it increases energy expenditure and fat oxidation in humans.
- **Fat burning.** Total Control® ingredients help increase the body's resting metabolic rate and promote fat-burning. Additionally, it has active ingredients that help generate energy to break down fat cells.*



Fast Facts

- ◆ Helps your body burn fat
- ◆ Boosts energy without causing irritability and restlessness
- ◆ Helps increase your body's resting metabolic rate
- ◆ Power up your weight loss program!

Did You Know?

Used in cooking in cuisines around the world, ginger is known for its calming effect on the digestive system. Because of its reputation for soothing an upset stomach, ginger ale has been served on airplanes since the days of the first commercial flights.

See specific product brochures or program guides for more detailed information.