

Whole Man Ministries of NC AGREEMENT AND LIABILITY WAIVER (the "Agreement and Waiver") I know that volunteering "to work with the general public" "to do outreach" or "to participate in special events" are potentially hazardous activities. I should not volunteer and assist unless I am insured in case of injury. I agree to abide by all rules for my safety and relative to my ability to safely complete an assignment. I assume all risks associated with the Homes 4 Our Heroes 5K Run including but not limited to falls, contact with other participants and the effects of the weather including high heat and humidity all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my application, I for myself and anyone for whom I am entitled to act for, waive, release and will hold harmless Whole Man Ministries of NC the Homes for Our Heroes Project, the City of Winston-Salem and all other sponsors and all the agents employees officers directors and volunteers working for those entities from all claims and liabilities of any kind arising out of or related to my participation in this race. I understand that headphones and dogs are not allowed unless explicitly authorized in writing with required signatures. I understand that photos taken at the 5K may be used in future promotions. I exercise my right by choice to participate in "Homes for Our Heroes 5K in Winston-Salem" a project sponsored by 'Whole Man Ministries of NC' and 'Homes For Our Heroes' whereby other participants from the community will participate in various activities related to the 5K do hereby agree to release, indemnify and hold harmless Whole Man Ministries of NC its agents, officers and employees and volunteers from any and all claims, liabilities, demands, damages, actions or causes of action of any kind or character (including without limitation attorney's fees costs and expenses) that may arise in any manner by reason of death injury damage to my person or property or both as a result in my participation in "The Homes for Our Heroes 5K." I understand this authorization is in effect for one calendar year. A photocopy shall be considered as valid as the original. I have selected this and submit this application and agreement.