

AGGRESSIVENESS CLINIC

...Let's Get After It!..

1.5 hours of Expert Instruction + Drills

From: **Strong Hockey, Jim Armstrong + Staff**

*We Will **Teach** your skater how to be **Aggressive** all over the ice

We will Focus On Becoming Aggressive:

- **In the Corners**
- **Going After Loose Pucks**
- **Along the Boards**
- **In Front of the Net**
- **Using Body Position to Gain Control**

Where: at the Thomas Creek Arena

When: November 10th, Veterans Day, a Friday

Session #1: Ages 6 – 9, 1:00 - 2:25 p.m.

Session #2: Ages 10 – 14, 2:25 - 3:50 p.m.

Total Cost: \$29, for 2 from the same family \$52

- Suggest registering early as class size will be limited to 32 skaters.

- 4 Instructors on-ice with 28+ skaters

To Register: Please fill out this form and send a check for \$29 made payable to: Strong Hockey, 1370 New Seabury Ln, Victor, 14564.

Questions: send to Jim Armstrong's e-mail, jtarm@frontiernet.net

Name of Skater: _____ Age: _____ TC Ag

Parents Names: _____

Address: _____ Town: _____ Zip: _____

Telephone: _____ E-mail: _____

For Additional Clinics – see: www.StrongHockey.com

We look forward to working with you! Strong Hockey LLC