



# Let's Skate

## Early Season Skating Clinic

...Get Quicker + Faster!..

Ages 6 - 12

**2 hours** of Expert Instruction + Drills

We will divide them up according to ages

From: **Strong Hockey, Jim Armstrong and Staff**

\*We Will **Teach** your skater how to skate quicker and faster

We will Focus On:

- **Crossovers + Turning**
- **Quickness + Speed**
- **Agility**
- **Forwards and Backwards**
- **With Pucks Too**

**Where:** at Thomas Creek Arena

**When:** October 9<sup>th</sup>, Columbus Day

**Ages:** 6 - 12

**Times:** 1:00 – 3:00

**Total Cost:** \$35, for 2 from the same family - \$65

- 4 Instructors on-ice with 25+ skaters, a limit of 32 skaters

**To Register:** Please fill out this form and send a check for \$35, made payable to Strong Hockey, 1370 New Seabury Ln, Victor, 14564.

Questions send to Jim Armstrong's e-mail, [jtarm@frontiernet.net](mailto:jtarm@frontiernet.net)

-----  
Name of Skater: \_\_\_\_\_ Age: \_\_\_\_\_ Let's Skate, TC

Parents Names: \_\_\_\_\_

Address: \_\_\_\_\_ Town: \_\_\_\_\_ Zip: \_\_\_\_\_

Telephone: \_\_\_\_\_ E-mail: \_\_\_\_\_

For Additional Clinics + Summer Camps– see: [www.StrongHockey.com](http://www.StrongHockey.com)