



STICKHANDLING + SHOOTING CLINIC

...Be a Playmaker + Goal-Scorer!

1.5 hours of Expert Instruction + Drills

From: **Strong Hockey, Jim Armstrong + Staff**

We Will **Teach** the Proper Techniques of Stickhandling

We will Focus On:

- **Creative Moves With the Puck**
 - **Deeking, Faking**
- **Shooting Quick, Hard, and Accurate**
- **Be the Most Important Skater on the Ice!**

Where: at the Rochester Ice Center

When: December 27th, a Tuesday

Ages 6 – 9, 12:45 - 2:10

Ages 10 – 14, 2:10 - 3:35

****Goalies are Needed and ½ price, Goalie Instructor on-ice**

Total Cost: \$34; for 2 from the same family \$64

- Suggest registering early as class size will be limited to 34 skaters.

- 4 Instructors on-ice with 25+ skaters, will add proportionally

To Register:

Send Jim an e-mail to pre-register at: jtarm19@gmail.com; then pay thru

Venmo at: Jim-Armstrong-46

or

Fill out this form and send a check for \$34 made payable to: Strong Hockey, 1370 New Seabury Ln, Victor, 14564.

Name of Skater: _____ Age: _____ RIC St + Sh

Parents Names: _____ Goalie? Circle Y or N

Telephone: _____ E-mail: _____