



# STICKHANDLING + SHOOTING CLINIC

**...Be a Playmaker + Goal-Scorer!**

**1.5 hours of Expert Instruction + Drills**

From: **Strong Hockey, Jim Armstrong + Staff**

We Will **Teach** the Proper Techniques of Stickhandling

We will Focus On:

- **Creative Moves With the Puck**
- **Deeking, Faking**
- **Shooting Quick, Hard, and Accurate**
- **Be the Most Important Skater on the Ice!**

**Where:** at the Rochester Ice Center, Thomas Creek

**When:** December 23<sup>rd</sup>

**Session #1: Ages 6 – 9, 1:00 - 2:25**

**Session #2: Ages 10 – 14, 2:25 - 3:50**

**\*\*Goalies are Needed and ½ price, Goalie Instructor on-ice**

**Total Cost:** \$32; for 2 from the same family \$60

- Suggest registering early as class size will be limited to 32 skaters.

- 4 Instructors on-ice with 25+ skaters

**To Register:** Please fill out this form and send a check for \$32, payable to: Strong Hockey, 1370 New Seabury Ln, Victor, 14564.

Questions: send to Jim Armstrong's e-mail, [jtarm@frontiernet.net](mailto:jtarm@frontiernet.net)

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Name of Skater: \_\_\_\_\_ Age: \_\_\_\_\_ RIC St

Parents Names: \_\_\_\_\_ Goalie? Circle Y or N

Address: \_\_\_\_\_ Town: \_\_\_\_\_ Zip: \_\_\_\_\_

Telephone: \_\_\_\_\_ E-mail: \_\_\_\_\_

For Additional Clinics – see: [www.StrongHockey.com](http://www.StrongHockey.com)