

TO REGISTER

- Please:**
- 1) Fill out registration below and return.
 - 2) Enclose a check for \$285 (new camper) or \$265 (returnee) payable to Strong Hockey Camp.

Send to: Jim Armstrong,
Strong Hockey Camp
1370 New Seabury Lane
Victor, NY 14564

QUESTIONS: e-mail Jim at: JTARM@Frontiernet.net

We suggest that you REGISTER EARLY as each group will have a maximum of 32 skaters and 4 goalies only. As always, we will fill up. First come, first served.

For more info: www.stronghockey.com

Please enroll my skater for The Strong Summer Hockey Camp. Please Check

- | | |
|--|---|
| <input type="checkbox"/> Group 1, Ages 6-8 | <input type="checkbox"/> Fairport 7/22 - 7/27 |
| <input type="checkbox"/> Group 2, Ages 9-10 | <input type="checkbox"/> Webster 8/5 - 8/10 |
| <input type="checkbox"/> Group 3, Ages 11-14 | <input type="checkbox"/> Both |

Name of Skater _____

Address _____

DOB _____

Parent(s) Name _____

Goalie: Y N (circle one)

Phone _____

E-mail _____

Person to contact during camp days in case of emergency.
(Include telephone number.)

PRESORTED
STANDARD
U.S. POSTAGE
PAID
Rochester, N.Y.
Permit NO. 1000

Strong Hockey

Jim Armstrong
1370 New Seabury Ln.
Victor, NY 14564



**ROCHESTER ICE CENTER
& WEBSTER
Strong Summer
Hockey Camps!**

**OUR
19TH
YEAR!**



STRONG HOCKEY 2018 SUMMER HOCKEY CAMPS

Skate Faster... Shoot Harder... Improve Your Game!

One Full Week:

**Rochester Ice Center: July 22 - 27
Webster: August 5 - 10**

- 6 Hours Daily -

3 HOURS ON-ICE PER DAY

16 HOURS OF TOTAL ICE TIME

1+1/2 hrs. of POWER SKATING in a.m.

1+1/2 hrs. of PUCK SKILLS/TEAM PLAY in p.m.

FOR AGES: 6 - 8, Group 1
 9 - 10, Group 2
 11 - 14, Group 3

- **INSTRUCTORS THAT CARE**
- **GREAT VALUE... GREAT PRICE!**
- **SPECIAL GOALIE INSTRUCTOR**

www.stronghockey.com

“Your skater will receive expert instruction in a fun environment. We care about your skater’s skills development and strive to achieve improvement. We really enjoy working with kids!”

INSTRUCTED BY: JIM ARMSTRONG

Strong Hockey Instructor – Camps and clinics on-going for 19 years

High School Coach – Canandaigua
– Webster
– 25 years total

College Coach – Lake Superior State
– RIT, National Champions
– Cortland State University

Playing Experience - U.S.A. National Team
- Clarkson University

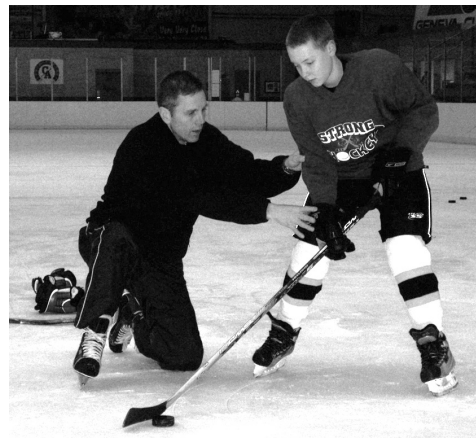
OUR INSTRUCTORS

Our instructors have been with us for many years. Most importantly they care about the kids and have fun with them. All were excellent players, and are now are great role models for your skater!

Dave Broussard, Kyle McGrath, Clark Mauchly, Ian LaCroix, Alec DeYoung

Goalie Instructor: Mike Cimino – He is excellent!

During the afternoon session on Friday, we will play a full-ice game. We encourage parents to attend this game.



OUR PLEDGE TO YOU:

- Developing Skills – **Skate Faster... Shoot Harder... Improve Your Game!**
- Learning and having FUN!
- Jim will be on-ice for all sessions.
- 1 on 1 Instruction – our Camp will have 4 Instructors on-ice at all times and 8 total.
- Goalie Instructor on-ice for each session.
- Off-ice activities each day include: Soccer, Video, Lunch.

Total Cost of each camp \$285

Camp Returnee Rate \$265

2 camps total \$480

Family rate for each camp

Enrolling 2: \$480 Enrolling 3: \$640

“Thanks for all the great work you do at camp. It is obvious at first glance that your staff is organized and hands-on. The kids are getting great instruction and having fun playing hockey!”

— Jacques

AGENDA IS AS FOLLOWS:

Our goalie instructor will be on-ice for each session.

AGES 6 - 8 Group 1

Sunday July 22 and August 5

1:00 - 1:30 p.m. Registration, meet instructors
1:45 p.m. Meeting between parents and Jim Armstrong
2:00 - 3:00 p.m. 1st on-ice session

Monday - Friday, July 23-27 and August 6-10

8:00 - 9:30 a.m. 1st on-ice session
9:45 - 11:00 a.m. Outside activity, soccer, etc.
11:00 - 12:10 p.m. Lunch, break
12:30 - 2:00 p.m. 2nd on-ice session
2:15 p.m. Finished for the day

AGES 9 - 10 Group 2

Sunday July 22 and August 5

2:00 - 2:30 p.m. Registration, meet instructors
2:45 p.m. Meeting between parents and Jim Armstrong
3:00 - 4:00 p.m. 1st on-ice session

Monday - Friday, July 23-27 and August 6-10

9:30 - 11:00 a.m. 1st on-ice session
11:15 - 12:30 p.m. Outside activity, soccer, etc.
12:30 - 1:40 p.m. Lunch, break
2:00 - 3:30 p.m. 2nd on-ice session
3:45 p.m. Finished for the day

AGES 11 - 14 Group 3

Will also focus on all game situations, including aggressiveness, checking, offensive & defensive plays.

Sunday July 22 and August 5

3:00 - 3:30 p.m. Registration, meet instructors
3:45 p.m. Meeting between parents and Jim Armstrong
4:00 - 5:00 p.m. 1st on-ice session

Monday - Friday, July 23-27 and August 6-10

11:00 - 12:30 p.m. 1st on-ice session
12:45 - 2:00 p.m. Outside activity, soccer, etc.
2:00 - 3:10 p.m. Lunch, break
3:30 - 5:00 p.m. 2nd on-ice session
5:15 p.m. Finished for the day

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