



Young Players Skating Clinic

For ages: 5 - 12

... All Levels Welcome!

1.5 hours of Skating Instruction

From: **Strong Hockey, Jim Armstrong and Staff**

1 Instructor on-ice for every 6 skaters

We will Focus On:

- **How to Stop and Start**
- **Turning – Improving Balance**
- **Coordinating all of my body in the same direction**
 - **Longer Strides**
 - **Forwards + Backwards**
 - **Carrying the Puck**

Strong Hockey Background: We have been teaching young skaters Skills Improvement for the past 20 years. Visit us at: www.StrongHockey.com

For: Young skaters that want to learn

Where: at the Lakeshore Ice Arena

When: March 22nd, a Sunday, 12:45 – 2:15

Questions? e-mail Jim: jtarm@frontiernet.net

Total Cost: \$25, for 2 from the same family \$45

To Register: Please fill out this form and send a check for \$25 made payable to Strong Hockey, 1370 New Seabury Ln, Victor, 14564.

Name of Skater: _____ Age: _____ LS YS

Telephone: _____ E-mail: _____

Parents Names: _____

Address: _____

For additional camps and clinics see: www.StrongHockey.com