



Young Players Skating Clinic

For ages: 5 - 13

... All Levels Welcome!

1.5 hours of Skating Instruction
From: Strong Hockey, Jim Armstrong and Staff
1 Instructor on-ice for every 6 skaters

We will Focus On:

- **How to Stop and Start**
- **Turning – Improving Balance**
- **Coordinating your body in the same direction**
 - **Longer Strides**
- **Forwards + Backwards**
- **Carrying the Puck**

Strong Hockey Background: We have been teaching young skater's skills improvement for the past 25 years. Visit us at: www.StrongHockey.com

For: Young skaters that want to learn and have fun!

Where: at the Webster Arena

When: March 19th, a Saturday, 12:00 - 1:30

Questions? e-mail Jim: jtarm19@gmail.com

Total Cost: \$25, for 2 from the same family \$45

To Register: Please fill out this form and send a check for \$25 made payable to Strong Hockey, 1370 New Seabury Ln, Victor, 14564, or pay through Venmo at Jim's address: Jim-Armstrong-46

Name of Skater: _____ Age: _____ Web YS

Telephone: _____ E-mail: _____

Parents Names: _____

For additional Camps and Clinics see: www.StrongHockey.com