

## DAILY SCHEDULE FOR MONDAYS, TUESDAYS & THURSDAYS

5:30AM	Morning Wake-Up Call
6:00 AM	Breakfast
6:30 AM	Dorm Cleaning
7:00 AM	Morning Devotion
7:35 AM	Morning Chores
8:15 AM	Room Inspection
8:30AM	Morning Classes
9:30AM	Class Break
10:30AM	End of Morning Class
10:45AM	Work Assignments
11:30AM	Lunch
12:25PM	End of Lunch/Return to Work Assignments
3:15PM	Yard Sale (MFH)
3:45PM	Work Assignments End
3:55PM	Showers
4:25PM	Showers End
4:30PM	Dinner
5:30PM	Dinner End/Free Time
6:00PM	Overcomers Meeting (Tuesdays Only)
7:00PM	Overcomers Meeting Ends (Tuesdays)
7:30PM	Chapel Service
9:00PM	Dorm Lights Out/Quiet Time
10:00PM	Bedtime

## DAILY SCHEDULE FOR WEDNESDAYS

5:30AM	Morning Wake-Up Call
6:00 AM	Breakfast
6:30 AM	Dorm Cleaning
7:00 AM	Morning Devotion
7:35 AM	Morning Chores
8:15 AM	Room Inspection
8:30AM	Morning Classes
9:30AM	Class Break
10:30AM	End of Morning Class
10:45AM	Work Assignments (No Lunch - Fasting)
11:30AM	Prayer & Communion
12:25PM	Prayer & Communion End
2:15PM	Yard Sale (MFH)
2:45PM	Work Assignments End
2:55PM	Showers
3:25PM	Showers End
3:30PM	Dinner
4:30PM	Dinner End/Free Time
6:25PM	WFH Leave for Church Service
6:45PM	MFH Leave for Church Service
9:00PM	Church Service Ends
9:30PM	Canteen
10:00PM	Bedtime

## DAILY SCHEDULE FOR FRIDAYS

5:30AM	Morning Wake-Up Call
6:00 AM	Breakfast
6:30 AM	Dorm Cleaning
7:00 AM	Morning Devotion
7:35 AM	Morning Chores
8:15 AM	Room Inspection
8:30AM	Morning Classes
9:30AM	Class Break
10:30AM	End of Morning Class
10:45AM	Work Assignments
11:30AM	Lunch
12:25PM	End of Lunch/Return to Work Assignments
2:15PM	Yard Sale (MFH)
2:45PM	Work Assignments End
2:55PM	Showers
3:25PM	Showers End
3:30PM	Dinner
4:25PM	Dinner End/Free Time
6:25PM	WFH Leave for Church Service
6:45PM	MFH Leave for Church Service
9:00PM	Church Service Ends
9:30PM	Canteen
10:00PM	Bedtime

## DAILY SCHEDULE FOR SATURDAYS

5:30AM	Morning Wake-Up Call
6:00 AM	Breakfast
7:00 AM	Morning Devotion
7:35 AM	Morning Chores
8:00 AM	General Dorm Cleaning
9:00AM	GED Class/Work Assignments
11:45AM	GED Class/Work Assignments End
12:00PM	Physical Training
1:00PM	Lunch
1:55PM	Lunch Ends
2:25PM	Weekly Phone Calls
2:30PM	Free Time
4:15PM	Yard Sale (MFH)
4:55PM	Showers
5:25PM	Showers End
5:30PM	Dinner
6:25PM	Dinner End
7:30PM	Chapel Service
9:00PM	Dorm Lights Out/Quiet Time
10:00PM	Bedtime

## DAILY SCHEDULE FOR SUNDAYS

6:00AM	WFH Showers (Optional)
7:00AM	Morning Wake-Up Call
7:00AM	Women's Breakfast
7:30AM	Men's Breakfast
7:55AM	Men's Showers
8:40AM	Leave for Believer's Class (WFH)
8:45AM	Leave for Believer's Class (MFH)
9:00A,	Believer's Class Begins
9:45AM	Believer's Class Ends/Leave for Church
10:00AM	Church Service Begins
1:00PM	Lunch & Family Visitation
1:45PM	Lunch Ends/Free Time
4:30PM	Family Visitation Ends
6:00PM	Chapel Service
7:15PM	Snack Time
9:00PM	Dorm Lights Out/Quiet Time
10:00PM	Bedtime