



Guatemala ~ Team 1908

Medical

Team Description

“Impacting the World for Jesus Christ”

DATES: August 2 - 10, 2019

LOCATION: Lake Amatitlan

In one of the poorest countries in Latin America, active volcanos and lush green forests hide suffering people. Families squeeze out a living combing through garbage dumps. Children risk disease or injury as they reclaim and sell items to feed their families. Many families are too poor to seek medical care. With over half the population living below the poverty line, the needs in Guatemala are overwhelming.

COST INCLUDES:

- Trained Team Leader who will accompany your team on the mission field.
- Team Translator
- Airfare
- Ground Transportation
- Housing
- Meals
- Logistical, Spiritual, and Cultural Training Materials
- In-Country Arrangements and Costs
- Supplemental Health Insurance
- Crisis Management Plan
- Team Medical Bag with Nursing Protocols
- 24/7 On-Call Doctor



VOLUNTEER COORDINATOR: Dr. Elry

TENTATIVE WEEKLY SCHEDULE:

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Depart USA Arrive and drive to location	Project	Project	Project
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Worship ½ day project?	Project	Project	Project	Project	Project	Culture
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Worship Culture	Culture	Return home				

ENTRY / EXIT REQUIREMENTS:

Americans traveling in Guatemala are encouraged to register with the U.S. Embassy through the State Department’s travel registration website to obtain updated information on travel and security within Guatemala. MOST Ministries registers all teams with the US Embassy in each country we serve.

A valid U.S. passport is required for all U.S. citizens, regardless of age, to enter Guatemala and to depart Guatemala for return to the U.S. While in Guatemala, U.S. citizens should carry their passports, or a photocopy of their passports, with them at all times.

Please Note: Passports must be valid for at least six (6) months beyond the team return date to the United States. If this requirement is not met you may be refused re-entry into the country. Please visit the [U.S. Department of State website](http://www.state.gov) for additional information.

EMBASSY INFORMATION:

Address: Avenida Reforma 7-01, Zona 10, Guatemala City, Guatemala
 Emergency Phone Number during normal business hours: (502) 2326-4501
 Emergency Phone Number For after-hour emergencies: (501) 2331-2354
 See http://guatemala.usembassy.gov/acs_contact_information.html for additional information.

VACCINATIONS:

Before visiting Guatemala, you may need to get the following vaccinations and medications for vaccine-preventable diseases and other diseases you might be at risk for at your destination:

Vaccination or Disease	Recommendations or Requirements for Vaccine-Preventable Diseases
Routine	Recommended if you are not up-to-date with routine shots such as, measles/mumps/rubella (MMR) vaccine, diphtheria/pertussis/tetanus (DPT) vaccine, poliovirus vaccine, etc.
Hepatitis A or Immune Globulin (IG)	Recommended for all unvaccinated people traveling to or working in countries with an intermediate or high level of hepatitis A virus infection where exposure might occur through food or water. Cases of travel-related hepatitis A can also occur in travelers to developing countries with "standard" tourist itineraries, accommodations, and food consumption behaviors.
Vaccination or Disease	Recommendations or Requirements for Vaccine-Preventable Diseases
Hepatitis B	Recommended for all unvaccinated persons traveling to or working in countries with intermediate to high levels of endemic HBV transmission, especially those who might be exposed to blood or body fluids, have sexual contact with the local population, or be exposed through medical treatment (e.g., for an accident).
Typhoid	Recommended for all unvaccinated people traveling to or working in Mexico and Central America, especially if visiting smaller cities, villages, or rural areas and staying with friends or relatives where exposure might occur through food or water.
Rabies	Recommended for travelers spending a lot of time outdoors, especially in rural areas, involved in activities such as bicycling, camping, or hiking. Also recommended for travelers with significant occupational risks (such as veterinarians), for long-term travelers and expatriates living in areas with a significant risk of exposure, and for travelers involved in any activities that might bring them into direct contact with bats, carnivores, and other mammals. Children are considered at higher risk because they tend to play with animals, may receive more severe bites, or may not report bites.

DRUGS TO PREVENT MALARIA: (<http://www.cdc.gov/travel/destinations/guatemala.aspx>)

If you will be visiting a malaria risk area in Guatemala, [chloroquine](#) is the recommended antimalarial drug. Malaria Risk Areas in Guatemala: Rural areas only at altitudes below 1,500 m (<4,921 ft). No risk in Guatemala City, Antigua or Lake Atitlán.

This is based on current information from CDC (Center of Disease Control & Prevention). Always consult with your doctor regarding vaccinations, as MOST Ministries cannot be held liable for any recommendations made.

MOST MINISTRIES SHORT TERM TRAVEL INSURANCE:

MH Ross Trip Armor Travel Protection Plan and ACE American Insurance Company (Foreign Liability)

MH Ross Trip Armor Travel Protection Plan provides individuals heading to the mission field protection and assistance in these areas:

Medical Coverages & Services

- Medical expenses ~ accident and sickness
- Accidental death and dismemberment
- Medical emergency family reunion (bedside visit)
- Hospital admission deposit advance
- Foreign medical referral service

- Medical consultation and monitoring service
- Prescription drug replacement service
- Medical assistance:
 - Multi-lingual assistance
 - Emergency medical evacuation
 - Medically necessary repatriation
- Return of mortal remains

Security Assistance Services

- Contingency political evacuation planning
- Political evacuation
- Security crisis center

Travel Assistance Services

- Benefits verification and claims assistance
- Embassy and consular information
- Emergency cash advance
- Emergency family travel arrangement assistance
- Emergency message transmission
- Foreign legal access
- Return of rental vehicle
- Return of traveling companion or dependents
- Translation and interpretation

Liability Coverages-ACE American Insurance

- Foreign liability insurance
- Employer’s liability insurance

See http://www.mostministries.org/team_insurance for additional information.

LOGISTICS:

Electricity	Electricity in Guatemala is 120 Volts, alternating at 60 cycles per second. If you travel to Guatemala with a device that does not accept 120 Volts at 60 Hertz, you will need a voltage converter. Click here for more information.
Currency	https://www.oanda.com/currency/converter/
Lodging	The team will stay in a clean, modest on site guesthouse.
Meals	Lunches will be cooked by the women of the local church. Breakfast and dinner will be prepared by the workers at the guesthouse.

CLIMATE:

During the months of November through February, the average daytime temperature is around 65 degrees, with the thermometer rising as March and April arrive. Once the rainy season comes in from May through October, the skies remain somewhat clear mainly during the morning with showers moving in during the afternoon and evening. Light rain gear is advisable during these months.

A light jacket is comfortable during the evening when temperatures drop a bit, and sweaters are ideal during the months of December and January.

WEATHER HISTORY ~ LAKE AMATITLAN

Month	High	Low
January	71	53
February	73	54
March	76	56
April	77	58
May	78	61
June	75	60
July	74	60
August	74	61
September	74	60
October	72	59
November	73	57
December	71	55

CULTURE:

Guatemala's culture is a unique product of Native American ways and a strong Spanish colonial heritage. About half of Guatemala's population is mestizo (known in Guatemala as ladino), people of mixed European and indigenous ancestry. Ladino culture is dominant in urban areas, and is heavily influenced by European and North American trends. But unlike many Latin American countries, Guatemala still has a large indigenous population, the Maya, which has retained a distinct identity. Deeply rooted in the rural highlands of Guatemala, many indigenous people speak a Mayan language, follow traditional religious and village customs, and continue a rich tradition in textiles and other crafts. The two cultures have made Guatemala a complex society that is deeply divided between rich and poor.

(http://www.countriesquest.com/central_america/guatemala.htm)

If you are interested in learning about Guatemala's religious statistics, please visit [Joshua Project](#).

CULTURAL INFORMATION WEBSITES:

The Lonely Planet	http://www.lonelyplanet.com/guatemala	General Country Information
CIA World Factbook	https://www.cia.gov/library/publications/the-world-factbook/geos/gt.html	Country Information
Every Culture	http://www.everyculture.com/Ge-It/Guatemala.html	Travel Warnings

SIGHTSEEING:

Team members can choose from various options in the Antigua area. These include volcano climbing, touring a coffee plantation, chartered fishing trips, and area helicopter tours.

FAST FACTS:

Languages	Spanish and Amerindian languages 40% (23 officially recognized Amerindian languages, including Quiche, Cakchiquel, Kekchi, Mam, Garifuna, and Xinca)
Religions	Roman Catholic, Pentecostal, Mayan-Catholic fusion
Population	14,099,032
Ethnic Groups	Mestizo (mixed Amerindian-Spanish - in local Spanish called Ladino) and European 59.4%, K'iche 9.1%, Kaqchikel 8.4%, Mam 7.9%, Q'eqchi 6.3%, other Mayan 8.6%, indigenous non-Mayan 0.2%, other 0.1%

CONTACT / APPLICATION INFORMATION:

MOST Ministries believes that the work of foreign missions must be a direct response to the requests and needs of the mission field. Through strategic planning, areas of need are identified and a plan of action is set in place to enable team members to utilize their gifts and talents in meeting those needs. If you are interested in utilizing your gifts in touching the lives of others in Guatemala, please contact Sarah DePriest at (734) 994-7909 ext. 3 or sdepriest@mostministries.org.

MOST MINISTRIES

655 Phoenix Drive, Ann Arbor, MI 48108

Phone: (734) 994-7909

Website: <http://www.mostministries.org>

Facebook: [MOST Ministries](#)