



Honduras ~ Team 1912

Eyeglasses

Team Description

“Impacting the World for Jesus Christ”

DATE August 9 - 17, 2019

LOCATION: La Pas, Honduras

ESTIMATED COST: \$2,300-2,500 with estimated airfare

COST INCLUDES:

- Airfare
- Ground Transportation
- Housing
- Meals
- Logistical, Spiritual & Cultural Training Materials
- Trained Team Leader
- In-country Arrangements and Costs
- Supplemental Health Insurance
- Crisis Management Plan
- Team Medical Bag with Nursing Protocols
- 24/7 On Call Doctor



MATERIALS NEEDED FOR EYEGLASS PROJECT:

- Each eyeglass team is asked to collect 3,000 pairs of eyeglasses to help replenish the inventory of eyeglasses we process for their team.
- Witness materials and eyeglass cases are needed. Directions to make the witness materials are available on our [website](#).



PROJECT DESCRIPTION-EYEGLASS:

Using a very simple testing system created specifically for MOST Ministries, this team will test vision and distribute eyeglasses to those in need. During the daily clinics, team members will test patients' eyes and then fit them with the appropriate corrective lenses. Depending on the number of team members, a team can serve 100-300 people daily.

Eyeglass training is provided by the team leader and is completed in three to four hours during one of the team meetings. When the team arrives on the mission field, a final hands-on training is provided.

In order to minister to the spiritual needs of patients, each eyeglass clinic includes a witnessing station unless it is prohibited by the host country. At the witnessing station, the Gospel message and information about the home church is shared by the local missionaries, national pastors or lay ministers. Team members are always welcome to work at the witness station or to share Christ's love with the patients as they come through the clinic.

HOST CHURCH:

Pastor Junior Martinez is a missionary pastor from Nicaragua, establishing a brand new church plant in La Paz, Honduras. In September 2018, many groups were invited to participate in the first Honduras FORO: LCC, the Lutheran Church of Nicaragua, Guatemala, as well as the LCMS. Plans were made to begin supporting this new Lutheran church body with a variety of support, including short term mission teams.

TENTATIVE WEEKLY SCHEDULE:

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						Depart US Arrive
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Worship	Project	Project	Project	Project	Tour Day	Return home

ENTRY / EXIT REQUIREMENTS:

Americans traveling in Honduras are encouraged to register with the U.S. Embassy through the State Department’s travel registration website to obtain updated information on travel and security within Honduras. MOST Ministries registers all teams with the US Embassy in each country we serve.

A valid U.S. passport is required for all U.S. citizens, regardless of age, to enter Honduras and to depart Honduras for return to the U.S. While in Honduras, U.S. citizens should carry their passports, or a photocopy of their passports, with them at all times.

Please Note: Passports must be valid for at least six (6) months beyond the team return date to the United States. If this requirement is not met you may be refused re-entry into the country. Please visit the [U.S. Department of State website](https://www.state.gov) for additional information.

Special Requirements for Minors: Under Honduran law, children under age 21 who are traveling unaccompanied or with only one parent must have written, notarized permission to travel from the non-traveling parent(s).

EMBASSY INFORMATION:

U.S. Embassy Tegucigalpa
 Avenida La Paz
 Tegucigalpa M.D.C.
 Honduras
 Phone: (504) 2236-9320
 Fax Number: (504) 2236-9037
 See <https://hn.usembassy.gov/> for additional information.

VACCINATIONS:

Before visiting Honduras, you may need to get the following vaccinations and medications for vaccine-preventable diseases and other diseases you might be at risk for at your destination:

<https://wwwnc.cdc.gov/travel/destinations/traveler/none/honduras>

Vaccination or Disease	Recommendations or Requirements for Vaccine-Preventable Diseases
Routine	Recommended if you are not up-to-date with routine shots such as, measles/mumps/rubella (MMR) vaccine, diphtheria/pertussis/tetanus (DPT) vaccine, poliovirus vaccine, etc.
Hepatitis A or Immune Globulin (IG)	Recommended for all unvaccinated people traveling to or working in countries with an intermediate or high level of hepatitis A virus infection where exposure might occur through food or water. Cases of travel-related hepatitis A can also occur in travelers to developing countries with "standard" tourist itineraries, accommodations, and food consumption behaviors.
Hepatitis B	Recommended for all unvaccinated persons traveling to or working in countries with intermediate to high levels of endemic HBV transmission, especially those who might be exposed to blood or body fluids, have sexual contact with the local population, or be exposed through medical treatment (e.g., for an accident).
Typhoid	Recommended for all unvaccinated people traveling to or working in Mexico and Central America, especially if visiting smaller cities, villages, or rural areas and staying with friends

	or relatives where exposure might occur through food or water.
Rabies	Recommended for travelers spending a lot of time outdoors, especially in rural areas, involved in activities such as bicycling, camping, or hiking. Also recommended for travelers with significant occupational risks (such as veterinarians), for long-term travelers and expatriates living in areas with a significant risk of exposure, and for travelers involved in any activities that might bring them into direct contact with bats, carnivores, and other mammals. Children are considered at higher risk because they tend to play with animals, may receive more severe bites, or may not report bites.

MALARIA: (<https://wwwnc.cdc.gov/travel/yellowbook/2018/infectious-diseases-related-to-travel/yellow-fever-malaria-information-by-country/honduras#seldyfm879>) None in Tegucigalpa.

This is based on current information from CDC (Center of Disease Control & Prevention). Always consult with your doctor regarding vaccinations, as MOST Ministries cannot be held liable for any recommendations made.

MOST MINISTRIES SHORT TERM TRAVEL INSURANCE:

MH Ross Trip Armor Travel Protection Plan and ACE American Insurance Company (Foreign Liability)

MH Ross Trip Armor Travel Protection Plan provides individuals heading to the mission field protection and assistance in these areas:

Medical Coverages & Services

- Medical expenses ~ accident and sickness
- Accidental death and dismemberment
- Medical emergency family reunion (bedside visit)
- Hospital admission deposit advance
- Foreign medical referral service
- Medical consultation and monitoring service
- Prescription drug replacement service
- Medical assistance:
 - Multi-lingual assistance
 - Emergency medical evacuation
 - Medically necessary repatriation
- Return of mortal remains

- Security crisis center

Travel Assistance Services

- Benefits verification and claims assistance
- Embassy and consular information
- Emergency cash advance
- Emergency family travel arrangement assistance
- Emergency message transmission
- Foreign legal access
- Return of rental vehicle
- Return of traveling companion or dependents
- Translation and interpretation

Security Assistance Services

- Contingency political evacuation planning
- Political evacuation

Liability Coverages-ACE American Insurance

- Foreign liability insurance
- Employer’s liability insurance

See http://www.mostministries.org/team_insurance for additional information.

LOGISTICS:

Electricity	Electricity in Honduras is 120 Volts, alternating at 60 cycles per second. If you travel to Honduras with a device that does not accept 120 Volts at 60 Hertz, you will need a voltage converter. Click here for more information.
Currency	https://www.oanda.com/currency/converter/
Lodging	The team will stay in a clean, modest hotel.
Meals	Lunches will be cooked by the women of the local church. Breakfast and dinner will be prepared by the church women or restaurants.

CLIMATE:

On average, the temperatures are always high. Most rainfall (rainy season) is seen in May, June, September and October. Tegucigalpa has dry periods in January, February, March and December. On average, the warmest month is May.

CULTURE:

Hondurans love their music. The music that is popular throughout Latin America is popular in Honduras. The sounds of salsa and cumbia are often in homes, bars, and on the streets. The northern coast and the Bay Islands have that typical

Caribbean vibe with calypso and reggae the order of the day. In the hinterlands where the ranches are, the locals listen to Mexican ranchero music. The Garifuna also have their own music, punta, which is “the sound” of Honduras.

Sports in Honduras means only one thing. Soccer. Honduras has been a major player in the North American game. Its men’s national side reaches the World Cup on a regular basis and punches above its weight once it gets there. Every town and village in the country has a soccer pitch.

If you are interested in learning about Honduras’s religious statistics, please visit [Joshua Project](#).

CULTURAL INFORMATION WEBSITES:

The Lonely Planet	https://www.lonelyplanet.com/honduras
CIA World Factbook	https://www.cia.gov/library/publications/the-world-factbook/geos/ho.html
Every Culture	https://www.everyculture.com/Ge-It/Honduras.html

SIGHTSEEING:

TBD

FAST FACTS:

Languages	Spanish (official), Amerindian dialects
Religions	Roman Catholic 46%, Protestant 41%, atheist 1%, other 2%, none 9% (2014 est.)
Population	9,038,741
Ethnic Groups	mestizo (mixed Amerindian and European) 90%, Amerindian 7%, black 2%, white 1%

CONTACT / APPLICATION INFORMATION:

MOST Ministries believes that the work of foreign missions must be a direct response to the requests and needs of the mission field. Through strategic planning, areas of need are identified and a plan of action is set in place to enable team members to utilize their gifts and talents in meeting those needs. If you are interested in utilizing your gifts in touching the lives of others in Honduras, please contact Sarah DePriest at (734) 994-7909 ext. 3 or sdepriest@mostministries.org.

MOST MINISTRIES

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