



Kenya ~ Team 1930

Women's Ministry & Eyeglass

Team Description

"Impacting the World for Jesus Christ"

DATES: August 23 – September 2

LOCATION: Kisii, Kenya

ESTIMATED COST: \$3,400 – 4,000

COST INCLUDES:

- Airfare
- Ground Transportation
- Housing
- Meals
- Logistical, Spiritual & Cultural Training Materials
- Trained Team Leader
- In-country Arrangements and Costs
- Supplemental Health Insurance
- Crisis Management Plan
- Team Medical Bag with Nursing Protocols
- 24/7 On Call Doctor



MATERIALS NEEDED FOR PROJECT:

- Each eyeglass team is asked to collect 3,000 pairs of eyeglasses to help replenish the inventory of eyeglasses we process for each eyeglass team.
- Witness materials are needed. Directions to make the witness materials are available on our [website](#).

PROJECT DESCRIPTION:

WOMEN'S MINISTRY: Engage women and girls in Kenya through the distribution of feminine hygiene kits. Partner with dignity4girls as we teach health and hygiene to girls at the August girl's camp, where girls ages 6-14 are educated against the harmful practice of FGM (female genital mutilation). Meet dignity4girls partner, Robert Gutwa, of the Sacred Center for Orphans and Widows, and participate in a bible study with the deaconesses serving Kisii. Visit the Kenyan sewing program and encourage Gladys and Mary, key sewers who are making a difference in their village.

EYEGGLASS: Using a very simple testing system created specifically for MOST Ministries, this team will distribute eyeglasses to those in need. During the daily clinics, team members will test and fit patient's eyes with the appropriate corrective lenses. Depending on the number of team members, a team can serve 100-300 people daily.

All MOST Ministries' Eyeglass Clinic includes a witnessing station unless it is prohibited by the host country. At the witnessing station, the Gospel message and information about the home church is shared by the local missionaries, national pastors or the lay ministers. Team members are always welcome to work at the witness station or to share Christ's love with the patients as they come through the clinic.

HOST / CHURCH INFORMATION:

TENTATIVE WEEKLY SCHEDULE:

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					Depart US	Arrive Kenya Travel to Hotel
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Worship	Girls Camp	Clinic	Dignity4Girls	Clinic	Dignity4Girls	Tour
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Worship Depart Kenya	Arrive US					

ENTRY / EXIT REQUIREMENTS:

For entry into Kenya, passports must be valid for at least six (6) months beyond the team return date to the United States. If this requirement is not met you may be refused re-entry into the country. Please visit the [U.S. Department of State](#) website for additional information.

Ethiopian law requires travelers to have 1 fully blank passport page. The blank pages must be “visa” pages. A tourist visa is required to enter Ethiopia. You can apply for one at the airport upon arrival, but it is encouraged to obtain a pdf visa online at [eVisa](#). For more information regarding the eVisa, visit their website [here](#).

VACCINATIONS:

Before visiting COUNTRY, you may need to get the following vaccinations and medications for vaccine-preventable diseases and other diseases you might be at risk for at your destination:

Vaccination or Disease	Recommendations or Requirements for Vaccine-Preventable Diseases
Routine	Recommended if you are not up-to-date with routine shots such as, measles/mumps/rubella (MMR) vaccine, diphtheria/pertussis/tetanus (DPT) vaccine, poliovirus vaccine, etc.
Hepatitis A	Recommended for all unvaccinated people traveling to or working in countries with an intermediate or high level of hepatitis A virus infection where exposure might occur through food or water. Cases of travel-related hepatitis A can also occur in travelers to developing countries with "standard" tourist itineraries, accommodations, and food consumption behaviors.
Hepatitis B	Recommended for all unvaccinated persons traveling to or working in countries with intermediate to high levels of endemic HBV transmission, especially those who might be exposed to blood or body fluids, have sexual contact with the local population, or be exposed through medical treatment (e.g., for an accident).
Typhoid	Recommended for all unvaccinated people traveling to Kenya, especially if visiting smaller cities, villages, or rural areas and staying with friends or relatives where exposure might occur through food or water.
Cholera	Recommended for travelers in areas of active cholera transmission, which is assumed to be present in Kenya. Cholera is rare in travelers but can be severe. Avoiding unsafe food and water and washing your hands can also prevent cholera.
Meningitis	Recommended for travelers who visit the meningitis belt in Kenya during the dry season (Dec-June).
Polio	Recommended for travelers who are working in a health care facility, refugee camp, or humanitarian aid setting. This kind of work might put you in contact with someone with polio. <ul style="list-style-type: none"> If you were vaccinated against polio as a child but have never had a polio booster dose as an adult, you should get this booster dose. Adults need only one polio booster in their lives. If you were not completely vaccinated as a child or do not know your vaccination status, talk to your doctor about getting vaccinated.
Rabies	Rabies can be found in dogs, bats, and other mammals in Kenya, so it is recommended for the following groups:

	<ul style="list-style-type: none"> • Travelers involved in outdoor and other activities (such as camping, hiking, biking, adventure travel, and caving) that put them at risk for animal bites • People who will be working with or around animals (such as veterinarians, wildlife professionals, and researchers) • People who are taking long trips or moving to Ethiopia • Children, because they tend to play with animals, might not report bites, and are more likely to have animal bites on their head and neck
Yellow Fever	For information on recommendations and requirements, see yellow fever recommendations and requirements for Kenya . Your doctor can help you decide if this vaccine is right for you based on your travel plans.

AREAS OF KENYA WITH MALARIA:

Areas with malaria: Present in all areas (including game parks) at altitudes <2,500 m (8,202 ft) including the city of Nairobi.

Estimated relative risk of malaria for US travelers: Moderate.

Drug resistance: Chloroquine.

Malaria species: P. falciparum >85%, P. vivax 5%–10%, P. ovale rare.

Recommended chemoprophylaxis: Atovaquone-proguanil, doxycycline, or mefloquine.

[\(Kenya CDC Link\)](#)

MOST MINISTRIES SHORT TERM TRAVEL INSURANCE:

MH Ross Trip Armor Travel Protection Plan and ACE American Insurance Company (Foreign Liability)

MH Ross Trip Armor Travel Protection Plan provides individuals heading to the mission field protection and assistance in these areas:

Medical Coverages & Services

- Medical expenses ~ accident and sickness
- Accidental death and dismemberment
- Medical emergency family reunion (bedside visit)
- Hospital admission deposit advance
- Foreign medical referral service
- Medical consultation and monitoring service
- Prescription drug replacement service
- Medical assistance:
 - Multi-lingual assistance
 - Emergency medical evacuation
 - Medically necessary repatriation
- Return of mortal remains

Security Assistance Services

- Contingency political evacuation planning
- Political evacuation
- Security crisis center

See http://www.mostministries.org/team_insurance for additional information.

Travel Assistance Services

- Benefits verification and claims assistance
- Embassy and consular information
- Emergency cash advance
- Emergency family travel arrangement assistance
- Emergency message transmission
- Foreign legal access
- Return of rental vehicle
- Return of traveling companion or dependents
- Translation and interpretation

Liability Coverages-ACE American Insurance

- Foreign liability insurance
- Employer’s liability insurance

LOGISTICS:

Electricity	240 volts & 50 hertz
Plugs	Plug type G (https://www.power-plugs-sockets.com/kenya/)
Currency	Kenyan Shilling (Currency Converter)
Lodging	TBD
Meals	TBD

SEASONAL WEATHER AVERAGES FOR KISII:

Month	High	Low	Rain
January	87	63	1
February	89	64	.7
March	87	65	2.7
April	85	65	3.8
May	83	64	2.8
June	83	63	1.4
July	84	62	.7
August	85	63	1.3
September	86	63	1.4
October	87	64	1.7
November	86	64	2.4
December	86	64	1.8

[\(Weather\)](#)

FAST FACTS:

Population	50,852,000
Ethnic Groups	110
Religion	Christianity (78%); Islam (11.5%); Ethnic Religions (9.1)
Area	224,960 sq. miles
Capital City	Nairobi

If you are interested in learning more about Kenya’s religious statistics, please visit [Joshua Project](#).

CONTACT / APPLICATION INFORMATION:

MOST Ministries believes that the work of foreign missions must be a direct response to the requests and needs of the mission field. Through strategic planning, areas of need are identified and a plan of action is set in place to enable team members to utilize their gifts and talents in meeting those needs. If you are interested in utilizing your gifts in touching the lives of people in Kenya, please contact Kaleigh Bone at (734) 994-7909 ext. 3 or kaleighb@mostministries.org.

MOST MINISTRIES

655 Phoenix Drive, Ann Arbor, MI 48108

Phone: (734) 994-7909

Website: <http://www.mostministries.org>

Facebook: [MOST Ministries](#)